

The K-Team Newsletter

Hello Kindergarten Families,

October 3, 2025

- **Parent Teacher Conferences** are in 2 weeks. Be on the lookout for a sign up schedule from your child's teacher coming soon.
- **No School Monday, October 13** for Indigenous People's Day.
- **Move-a-palooza FUNraiser** is on Friday, October 17. Our kindergarten time is 9:25-9:50. All are welcome to come watch! Please consider making a donation to the PTO [here](#). By default, an optional 15% tip is added. Be sure to remove it. It does not go to the PTO; it goes to the fundraising service.
- **No School Friday, October 24** for Parent Teacher Conferences
- **Recess Remix:** Longfellow is looking to soft launch a program called Recess Remix for students who benefit from a calmer alternative to lunch recess. At first, participation will be quite limited. If you think your child would benefit from this option, please let your teacher know!
- **From Nurse Maddie:** Illinois law requires up-to-date physical exams and immunization records for kindergarten. Students who are not in compliance will be excluded from school beginning October 15 and may return once their records are up to date. Please send all records to mlealiou@op97.org or drop them off at the main office.
- **NO Open Gym 10/6-10/20** Equipment will be set up in the gym for PE classes.
- **Sunrise Study Hall** is still open at 7:30 each morning.
- **Gym shoes needed for P.E.** – Make sure your child can put on and fasten shoes independently. Most kindergarteners cannot yet tie shoes, so please choose a different closure for them.
- **How can I help at home?**
 - Practice taking turns while talking. At the dinner table, practice conversation. If your child interrupts someone, correct them and ask them to wait. If you're talking with another adult, establish expectations as to how they get your attention and ask for what they want.
 - Read! Read to your child everyday. We are practicing listening to stories with a beginning, middle, and end. At home, you may need to update from some toddler books that don't have a plot.
 - Start practicing with coats, boots, zippers, snowpants, gloves...NOW! Our transitions are 5 minutes and kids need to be able to manage their clothing quickly and independently.

Thanks for your partnership ~ The K Team