

<b>SUBJECT:</b> Guidance		<b>GRADE:</b> 4th Grade		
<b>Lesson Title:</b> Academic - Test Preparation	Time Period: April			
<b>lesson OVERVIEW</b>				
During this lesson, students will: <ul style="list-style-type: none"> <li>• List and describe effective strategies to implement when in a testing situation</li> </ul>				
<b>LRG SKILLS AND DISPOSITIONS</b>	<b>PA STANDARDS</b>			
Skills <ul style="list-style-type: none"> <li>• Communication and Empathy</li> <li>• Critical Thinking and Problem Solving</li> <li>• Creativity and Innovation</li> <li>• Collaboration and Teamwork</li> </ul> Dispositions <ul style="list-style-type: none"> <li>• Honesty, Integrity, and Responsibility</li> <li>• Adaptability and Flexibility</li> <li>• Continual Learning and A Growth Mindset</li> <li>• Resilience and Grit</li> </ul>	A:A1.1,,2,3,4,5 A:A2.1,2,,4 A:B1.1,,2,,3,4,5,6,7 A:B2.2,3,4,6 A:C1.4,5,6			
<b>COMPETENCIES</b>	<b>LEARNING TARGETS</b>			
<b>Competency:</b> I understand the impact of having a positive attitude towards work and learning on achieving high-quality results and outcomes.	<ul style="list-style-type: none"> <li>• I can acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the lifespan.</li> </ul>			

<b>SUBJECT:</b> Guidance <b>GRADE:</b> 4th Grade	
<b>Lesson Title:</b> Career - Xello Mission 1: Skills	Time Period: November
<b>lesson OVERVIEW</b>	
<p>During this lesson, students will:</p> <ul style="list-style-type: none"> <li>• Identify skills and their importance</li> <li>• Link skills to activities at home and in the community, and jobs</li> <li>• Explore transferability of skills</li> <li>• Positive and confidently reflect on their skills</li> <li>• Develop a growth mindset, understanding they have to work at skills to get stronger</li> </ul>	
<b>LRG SKILLS AND DISPOSITIONS</b>	<b>PA STANDARDS</b>
Skills <ul style="list-style-type: none"> <li>• Communication and Empathy</li> <li>• Critical Thinking and Problem Solving</li> <li>• Creativity and Innovation</li> <li>• Collaboration and Teamwork</li> </ul> Dispositions <ul style="list-style-type: none"> <li>• Honesty, Integrity, and Responsibility</li> <li>• Adaptability and Flexibility</li> <li>• Continual Learning and A Growth Mindset</li> <li>• Resilience and Grit</li> </ul>	13.1.3.A,B,C,D,E
<b>COMPETENCIES</b>	<b>LEARNING TARGETS</b>
<b>Competency:</b> I can learn about the different choices I have and resources available to help me when considering options for my future.	<ul style="list-style-type: none"> <li>• I can acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.</li> <li>• I can understand the relationship between personal qualities, education, training, and the world of work.</li> </ul>

<b>SUBJECT:</b> Guidance <b>GRADE:</b> 4th Grade	
<b>Lesson Title:</b> Career - Xello Mission 2: Goal Setting	Time Period: December
<b>lesson OVERVIEW</b>	
<p>During this lesson, students will:</p> <ul style="list-style-type: none"> <li>• Identify what goals are and why it's important to set them</li> <li>• Identify their goals this school year</li> <li>• Identify what you need to set a goal</li> <li>• Identify goal setting obstacles and ways to overcome them</li> </ul>	
LRG SKILLS AND DISPOSITIONS	PA STANDARDS
Skills <ul style="list-style-type: none"> <li>• Communication and Empathy</li> <li>• Critical Thinking and Problem Solving</li> <li>• Creativity and Innovation</li> <li>• Collaboration and Teamwork</li> </ul> Dispositions <ul style="list-style-type: none"> <li>• Honesty, Integrity, and Responsibility</li> <li>• Adaptability and Flexibility</li> <li>• Continual Learning and A Growth Mindset</li> <li>• Resilience and Grit</li> </ul>	13.1.3.A,B,C,D,E
COMPETENCIES	LEARNING TARGETS
<b>Competency:</b> I can learn about the different choices I have and resources available to help me when considering options for my future.	<ul style="list-style-type: none"> <li>• I can acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.</li> <li>• I can understand the relationship between personal qualities, education, training, and the world of work.</li> </ul>

SUBJECT:	GRADE:
Lesson Title:	Time Period:
LRG SKILLS AND DISPOSITIONS	PA STANDARDS
Skills <ul style="list-style-type: none"> <li>• Identify counseling referral slips, school-wide programs, classroom counseling topics, and small group opportunities</li> </ul>	PS:C1.6
Dispositions <ul style="list-style-type: none"> <li>• Communication and Empathy</li> <li>• Critical Thinking and Problem Solving</li> <li>• Creativity and Innovation</li> <li>• Collaboration and Teamwork</li> </ul>	
COMPETENCIES	LEARNING TARGETS
<b>Competency:</b> I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.	<ul style="list-style-type: none"> <li>• I can identify resource people in the school and community, and know how to seek their help.</li> </ul>

<b>SUBJECT:</b> Guidance <b>GRADE:</b> 4th Grade	
<b>Lesson Title:</b> Personal and Social - Red Ribbon Week	Time Period: October
<b>lesson OVERVIEW</b>	
<p>During this lesson, students will:</p> <ul style="list-style-type: none"> <li>• Identify ways to keep our body healthy</li> <li>• Name negative peer pressures students in Grade 4 might face.</li> <li>• List ways to avoid/say "no" to unsafe and unhealthy situations</li> <li>• Identify trusted adults</li> </ul>	
<b>LRG SKILLS AND DISPOSITIONS</b>	<b>PA STANDARDS</b>
Skills <ul style="list-style-type: none"> <li>• Communication and Empathy</li> <li>• Critical Thinking and Problem Solving</li> <li>• Creativity and Innovation</li> <li>• Collaboration and Teamwork</li> </ul> Dispositions <ul style="list-style-type: none"> <li>• Honesty, Integrity, and Responsibility</li> <li>• Adaptability and Flexibility</li> <li>• Continual Learning and A Growth Mindset</li> <li>• Resilience and Grit</li> </ul>	PS:C1.8
<b>COMPETENCIES</b>	<b>LEARNING TARGETS</b>
<b>Competency:</b> I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.	<ul style="list-style-type: none"> <li>• I know about the emotional and physical dangers of substance use and abuse.</li> <li>• I know how to cope with peer pressure.</li> </ul>

<b>SUBJECT:</b> Guidance <b>GRADE:</b> 4th Grade	
<b>Lesson Title:</b> Personal and Social - Skills for Growing (Unit 4) Lesson 4.2: Thinking about Consequences and Good Decisions	Time Period: January
<b>lesson OVERVIEW</b>	

During this lesson, students will:

- Define consequences
- Name the steps in a decision-making process and use them to make decisions

LRG SKILLS AND DISPOSITIONS	PA STANDARDS
Skills <ul style="list-style-type: none"><li>• Communication and Empathy</li><li>• Critical Thinking and Problem Solving</li><li>• Creativity and Innovation</li><li>• Collaboration and Teamwork</li></ul> Dispositions <ul style="list-style-type: none"><li>• Honesty, Integrity, and Responsibility</li><li>• Adaptability and Flexibility</li><li>• Continual Learning and A Growth Mindset</li><li>• Resilience and Grit</li></ul>	PS:B1.2
COMPETENCIES	LEARNING TARGETS
<b>Competency:</b> I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.	<ul style="list-style-type: none"><li>• I can understand consequences of decisions and choices</li><li>• </li></ul>

<b>SUBJECT:</b> Guidance	<b>GRADE:</b> 4th Grade
<b>Lesson Title:</b> Personal and Social - Bullying	Time Period: February & March
<b>lesson OVERVIEW</b>	
During this lesson, students will:	
<ul style="list-style-type: none"><li>• Identify bullying behaviors and feelings associated with bullying.</li><li>• Learn/practice strategies to handle bullying</li><li>• Understand safe technology usage practices</li></ul>	
LRG SKILLS AND DISPOSITIONS	PA STANDARDS
Skills	PS:B1.4

<ul style="list-style-type: none"> <li>• Communication and Empathy</li> <li>• Critical Thinking and Problem Solving</li> <li>• Creativity and Innovation</li> <li>• Collaboration and Teamwork</li> </ul> <p>Dispositions</p> <ul style="list-style-type: none"> <li>• Honesty, Integrity, and Responsibility</li> <li>• Adaptability and Flexibility</li> <li>• Continual Learning and A Growth Mindset</li> <li>• Resilience and Grit</li> </ul>	
COMPETENCIES	LEARNING TARGETS
<p><b>Competency:</b> I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.</p>	<ul style="list-style-type: none"> <li>• I can develop effective coping skills for dealing with problems.</li> <li>• I can demonstrate when, where, and how to seek help for solving problems and making decisions.</li> </ul>

<p><b>SUBJECT:</b> Guidance</p>	<p><b>GRADE:</b> 4th Grade</p>
<p><b>Lesson Title:</b> Personal and Social - Intermediate Transition</p>	<p>Time Period: May</p>
<p><b>lesson OVERVIEW</b></p>	
<p>During this lesson, students will:</p>	

<ul style="list-style-type: none"> <li>• Learn and review the skills necessary to transition to 5<sup>th</sup> Grade successfully</li> </ul>	
<b>LRG SKILLS AND DISPOSITIONS</b> <p>Skills</p> <ul style="list-style-type: none"> <li>• Communication and Empathy</li> <li>• Critical Thinking and Problem Solving</li> <li>• Creativity and Innovation</li> <li>• Collaboration and Teamwork</li> </ul> <p>Dispositions</p> <ul style="list-style-type: none"> <li>• Honesty, Integrity, and Responsibility</li> <li>• Adaptability and Flexibility</li> <li>• Continual Learning and A Growth Mindset</li> <li>• Resilience and Grit</li> </ul>	<b>PA STANDARDS</b> <p>PS:A1.4 PS:B1.5 PS:B1.9 PS:A2.8</p>
<b>COMPETENCIES</b> <p><b>Competency:</b> I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.</p>	<b>LEARNING TARGETS</b> <ul style="list-style-type: none"> <li>• I can identify personal strength and assets.</li> <li>• I can identify resource people in the school and community, and know how to seek their help.</li> </ul>