SUBJECT: Guidance	**GRADE:** 4th Grade
Lesson Title: Academic - Test Preparation	Time Period: April

lesson OVERVIEW

During this lesson, students will:

- List and describe effective strategies to implement when in a testing situation

LRG SKILLS AND DISPOSITIONS	**PA STANDARDS**
Skills ● Communication and Empathy ● Critical Thinking and Problem Solving ● Creativity and Innovation ● Collaboration and Teamwork Dispositions ● Honesty, Integrity, and Responsibility ● Adaptability and Flexibility ● Continual Learning and A Growth Mindset ● Resilience and Grit	A:A1.1,,2,3,4,5 A:A2.1,2,,4 A:B1.1,,2,,3,4,5,6,7 A:B2.2,3,4,6 A:C1.4,5,6
COMPETENCIES	**LEARNING TARGETS**
Competency: I understand the impact of having a positive attitude towards work and learning on achieving high-quality results and outcomes.	● I can acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the lifespan.

SUBJECT: Guidance	**GRADE:** 4th Grade
Lesson Title: Career - Xello Mission 1: Skills	Time Period: November

lesson OVERVIEW

During this lesson, students will:

- Identify skills and their importance
- Link skills to activities at home and in the community, and jobs
- Explore transferability of skills
- Positive and confidently reflect on their skills
- Develop a growth mindset, understanding they have to work at skills to get stronger

LRG SKILLS AND DISPOSITIONS	PA STANDARDS
Skills ● Communication and Empathy ● Critical Thinking and Problem Solving ● Creativity and Innovation ● Collaboration and Teamwork Dispositions ● Honesty, Integrity, and Responsibility ● Adaptability and Flexibility ● Continual Learning and A Growth Mindset ● Resilience and Grit	13.1.3.A,B,C,D,E

COMPETENCIES	LEARNING TARGETS
Competency: I can learn about the different choices I have and resources available to help me when considering options for my future.	● I can acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions. ● I can understand the relationship between personal qualities, education, training, and the world of work.

SUBJECT: Guidance	**GRADE:** 4th Grade
Lesson Title: Career - Xello Mission 2: Goal Setting	Time Period: December

lesson OVERVIEW

During this lesson, students will:

- Identify what goals are and why it's important to set them
- Identify their goals this school year
- Identify what you need to set a goal
- Identify goal setting obstacles and ways to overcome them

LRG SKILLS AND DISPOSITIONS	**PA STANDARDS**
Skills ● Communication and Empathy ● Critical Thinking and Problem Solving ● Creativity and Innovation ● Collaboration and Teamwork Dispositions ● Honesty, Integrity, and Responsibility ● Adaptability and Flexibility ● Continual Learning and A Growth Mindset ● Resilience and Grit	13.1.3.A,B,C,D,E

COMPETENCIES	**LEARNING TARGETS**
Competency: I can learn about the different choices I have and resources available to help me when considering options for my future.	● I can acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions. ● I can understand the relationship between personal qualities, education, training, and the world of work.

SUBJECT: Guidance	**GRADE:** 4th Grade
Lesson Title: Personal and Social - Counselor Introduction Lesson	Time Period: September

lesson OVERVIEW

During this lesson, students will:

- Identify counseling referral slips, school-wide programs, classroom counseling topics, and small group opportunities

LRG SKILLS AND DISPOSITIONS	PA STANDARDS
Skills ● Communication and Empathy ● Critical Thinking and Problem Solving ● Creativity and Innovation ● Collaboration and Teamwork Dispositions ● Honesty, Integrity, and Responsibility ● Adaptability and Flexibility ● Continual Learning and A Growth Mindset ● Resilience and Grit	PS:C1.6
COMPETENCIES	**LEARNING TARGETS**
Competency: I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.	● I can identify resource people in the school and community, and know how to seek their help.

SUBJECT: Guidance	**GRADE:** 4th Grade
Lesson Title: Personal and Social - Red Ribbon Week	Time Period: October

lesson OVERVIEW

During this lesson, students will:

- Identify ways to keep our body healthy
- Name negative peer pressures students in Grade 4 might face.
- List ways to avoid/say "no" to unsafe and unhealthy situations
- Identify trusted adults

LRG SKILLS AND DISPOSITIONS	**PA STANDARDS**
Skills ● Communication and Empathy ● Critical Thinking and Problem Solving ● Creativity and Innovation ● Collaboration and Teamwork Dispositions ● Honesty, Integrity, and Responsibility ● Adaptability and Flexibility ● Continual Learning and A Growth Mindset ● Resilience and Grit	PS:C1.8
COMPETENCIES	**LEARNING TARGETS**
Competency: I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.	● I know about the emotional and physical dangers of substance use and abuse. ● I know how to cope with peer pressure.

SUBJECT: Guidance	**GRADE:** 4th Grade
Lesson Title: Personal and Social - Skills for Growing (Unit 4) Lesson 4.2: Thinking about Consequences and Good Decisions	Time Period: January

lesson OVERVIEW

During this lesson, students will:
- Define consequences
- Name the steps in a decision-making process and use them to make decisions

LRG SKILLS AND DISPOSITIONS	PA STANDARDS
Skills ● Communication and Empathy ● Critical Thinking and Problem Solving ● Creativity and Innovation ● Collaboration and Teamwork Dispositions ● Honesty, Integrity, and Responsibility ● Adaptability and Flexibility ● Continual Learning and A Growth Mindset ● Resilience and Grit	PS:B1.2
COMPETENCIES	**LEARNING TARGETS**
Competency: I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.	● I can understand consequences of decisions and choices ●

SUBJECT: Guidance	**GRADE:** 4th Grade
Lesson Title: Personal and Social - Bullying	Time Period: February & March

lesson OVERVIEW

During this lesson, students will:
- Identify bullying behaviors and feelings associated with bullying.
- Learn/practice strategies to handle bullying
- Understand safe technology usage practices

LRG SKILLS AND DISPOSITIONS	PA STANDARDS
Skills	PS:B1.4

• Communication and Empathy • Critical Thinking and Problem Solving • Creativity and Innovation • Collaboration and Teamwork Dispositions • Honesty, Integrity, and Responsibility • Adaptability and Flexibility • Continual Learning and A Growth Mindset • Resilience and Grit	
COMPETENCIES	**LEARNING TARGETS**
Competency: I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.	• I can develop effective coping skills for dealing with problems. • I can demonstrate when, where, and how to seek help for solving problems and making decisions.

SUBJECT: Guidance	**GRADE:** 4th Grade
Lesson Title: Personal and Social - Intermediate Transition	Time Period: May
lesson OVERVIEW	
During this lesson, students will:	

- Learn and review the skills necessary to transition to 5th Grade successfully

LRG SKILLS AND DISPOSITIONS	PA STANDARDS
Skills ● Communication and Empathy ● Critical Thinking and Problem Solving ● Creativity and Innovation ● Collaboration and Teamwork Dispositions ● Honesty, Integrity, and Responsibility ● Adaptability and Flexibility ● Continual Learning and A Growth Mindset ● Resilience and Grit	PS:A1.4 PS:B1.5 PS:B1.9 PS:A2.8
COMPETENCIES	**LEARNING TARGETS**
Competency: I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.	● I can identify personal strength and assets. ● I can identify resource people in the school and community, and know how to seek their help.