

SUBJECT: Guidance		GRADE: 4th Grade	
Lesson Title: Academic - Test Preparation		Time Period: April	
lesson OVERVIEW			
During this lesson, students will: <ul style="list-style-type: none">List and describe effective strategies to implement when in a testing situation			
LRG SKILLS AND DISPOSITIONS		PA STANDARDS	
Skills <ul style="list-style-type: none">Communication and EmpathyCritical Thinking and Problem SolvingCreativity and InnovationCollaboration and Teamwork Dispositions <ul style="list-style-type: none">Honesty, Integrity, and ResponsibilityAdaptability and FlexibilityContinual Learning and A Growth MindsetResilience and Grit		A:A1.1,,2,3,4,5 A:A2.1,2,,4 A:B1.1,,2,,3,4,5,6,7 A:B2.2,3,4,6 A:C1.4,5,6	
COMPETENCIES		LEARNING TARGETS	
Competency: I understand the impact of having a positive attitude towards work and learning on achieving high-quality results and outcomes.		<ul style="list-style-type: none">I can acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the lifespan.	

SUBJECT: Guidance		GRADE: 4th Grade	
Lesson Title: Career - Xello Mission 1: Skills		Time Period: November	
lesson OVERVIEW			
During this lesson, students will: <ul style="list-style-type: none">● Identify skills and their importance● Link skills to activities at home and in the community, and jobs● Explore transferability of skills● Positive and confidently reflect on their skills● Develop a growth mindset, understanding they have to work at skills to get stronger			
LRG SKILLS AND DISPOSITIONS		PA STANDARDS	
Skills <ul style="list-style-type: none">● Communication and Empathy● Critical Thinking and Problem Solving● Creativity and Innovation● Collaboration and Teamwork Dispositions <ul style="list-style-type: none">● Honesty, Integrity, and Responsibility● Adaptability and Flexibility● Continual Learning and A Growth Mindset● Resilience and Grit		13.1.3.A,B,C,D,E	
COMPETENCIES		LEARNING TARGETS	
Competency: I can learn about the different choices I have and resources available to help me when considering options for my future.		<ul style="list-style-type: none">● I can acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.● I can understand the relationship between personal qualities, education, training, and the world of work.	

SUBJECT: Guidance		GRADE: 4th Grade	
Lesson Title: Career - Xello Mission 2: Goal Setting		Time Period: December	
lesson OVERVIEW			
During this lesson, students will: <ul style="list-style-type: none">● Identify what goals are and why it’s important to set them● Identify their goals this school year● Identify what you need to set a goal● Identify goal setting obstacles and ways to overcome them			
LRG SKILLS AND DISPOSITIONS		PA STANDARDS	
Skills <ul style="list-style-type: none">● Communication and Empathy● Critical Thinking and Problem Solving● Creativity and Innovation● Collaboration and Teamwork Dispositions <ul style="list-style-type: none">● Honesty, Integrity, and Responsibility● Adaptability and Flexibility● Continual Learning and A Growth Mindset● Resilience and Grit		13.1.3.A,B,C,D,E	
COMPETENCIES		LEARNING TARGETS	
Competency: I can learn about the different choices I have and resources available to help me when considering options for my future.		<ul style="list-style-type: none">● I can acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.● I can understand the relationship between personal qualities, education, training, and the world of work.	

SUBJECT: Guidance		GRADE: 4th Grade	
Lesson Title: Personal and Social - Counselor Introduction Lesson		Time Period: September	
lesson OVERVIEW			
During this lesson, students will: <ul style="list-style-type: none">Identify counseling referral slips, school-wide programs, classroom counseling topics, and small group opportunities			
LRG SKILLS AND DISPOSITIONS		PA STANDARDS	
Skills <ul style="list-style-type: none">Communication and EmpathyCritical Thinking and Problem SolvingCreativity and InnovationCollaboration and Teamwork Dispositions <ul style="list-style-type: none">Honesty, Integrity, and ResponsibilityAdaptability and FlexibilityContinual Learning and A Growth MindsetResilience and Grit		PS:C1.6	
COMPETENCIES		LEARNING TARGETS	
Competency: I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.		<ul style="list-style-type: none">I can identify resource people in the school and community, and know how to seek their help.	

SUBJECT: Guidance		GRADE: 4th Grade	
Lesson Title: Personal and Social - Red Ribbon Week		Time Period: October	
lesson OVERVIEW			
During this lesson, students will: <ul style="list-style-type: none">● Identify ways to keep our body healthy● Name negative peer pressures students in Grade 4 might face.● List ways to avoid/say "no" to unsafe and unhealthy situations● Identify trusted adults			
LRG SKILLS AND DISPOSITIONS		PA STANDARDS	
Skills <ul style="list-style-type: none">● Communication and Empathy● Critical Thinking and Problem Solving● Creativity and Innovation● Collaboration and Teamwork Dispositions <ul style="list-style-type: none">● Honesty, Integrity, and Responsibility● Adaptability and Flexibility● Continual Learning and A Growth Mindset● Resilience and Grit		PS:C1.8	
COMPETENCIES		LEARNING TARGETS	
Competency: I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.		<ul style="list-style-type: none">● I know about the emotional and physical dangers of substance use and abuse.● I know how to cope with peer pressure.	

SUBJECT: Guidance		GRADE: 4th Grade	
Lesson Title: Personal and Social - Skills for Growing (Unit 4) Lesson 4.2: Thinking about Consequences and Good Decisions		Time Period: January	
lesson OVERVIEW			

<ul style="list-style-type: none"> • Communication and Empathy • Critical Thinking and Problem Solving • Creativity and Innovation • Collaboration and Teamwork <p>Dispositions</p> <ul style="list-style-type: none"> • Honesty, Integrity, and Responsibility • Adaptability and Flexibility • Continual Learning and A Growth Mindset • Resilience and Grit 	
COMPETENCIES	LEARNING TARGETS
Competency: I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.	<ul style="list-style-type: none"> • I can develop effective coping skills for dealing with problems. • I can demonstrate when, where, and how to seek help for solving problems and making decisions.

SUBJECT: Guidance		GRADE: 4th Grade	
Lesson Title: Personal and Social - Intermediate Transition		Time Period: May	
lesson OVERVIEW			
During this lesson, students will:			

- Learn and review the skills necessary to transition to 5th Grade successfully

LRG SKILLS AND DISPOSITIONS	PA STANDARDS
<p>Skills</p> <ul style="list-style-type: none"> • Communication and Empathy • Critical Thinking and Problem Solving • Creativity and Innovation • Collaboration and Teamwork <p>Dispositions</p> <ul style="list-style-type: none"> • Honesty, Integrity, and Responsibility • Adaptability and Flexibility • Continual Learning and A Growth Mindset • Resilience and Grit 	<p>PS:A1.4 PS:B1.5 PS:B1.9 PS:A2.8</p>
COMPETENCIES	LEARNING TARGETS
<p>Competency: I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.</p>	<ul style="list-style-type: none"> • I can identify personal strength and assets. • I can identify resource people in the school and community, and know how to seek their help.