SUBJECT: Guidance	GRADE: 4th Grade
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Lesson Title: Academic - Test Preparation Time Period: April

lesson OVERVIEW

During this lesson, students will:

• List and describe effective strategies to implement when in a testing situation

LRG SKILLS AND DISPOSITIONS	PA STANDARDS
Skills Communication and Empathy Critical Thinking and Problem Solving Creativity and Innovation Collaboration and Teamwork Dispositions Honesty, Integrity, and Responsibility Adaptability and Flexibility Continual Learning and A Growth Mindset Resilience and Grit	A:A1.1,,2,3,4,5 A:A2.1,2,,4 A:B1.1,,2,,3,4,5,6,7 A:B2.2,3,4,6 A:C1.4,5,6
COMPETENCIES	LEARNING TARGETS
Competency: I understand the impact of having a positive attitude towards work and learning on achieving high-quality results and outcomes.	I can acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the lifespan.

SUBJECT: Guidance GRADE: 4th Gr	rade
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Lesson Title: Career - Xello Mission 1: Skills

Time Period: November

lesson OVERVIEW

During this lesson, students will:

- Identify skills and their importance
- Link skills to activities at home and in the community, and jobs
- Explore transferability of skills
- Positive and confidently reflect on their skills
- Develop a growth mindset, understanding they have to work at skills to get stronger

LRG SKILLS AND DISPOSITIONS	PA STANDARDS
Skills Communication and Empathy Critical Thinking and Problem Solving Creativity and Innovation Collaboration and Teamwork Dispositions Honesty, Integrity, and Responsibility Adaptability and Flexibility Continual Learning and A Growth Mindset Resilience and Grit	13.1.3.A,B,C,D,E
COMPETENCIES	LEARNING TARGETS
Competency: I can learn about the different choices I have and resources available to help me when considering options for my future.	 I can acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions. I can understand the relationship between personal qualities, education, training, and the world of work.

SUBJECT: Guidance	GRADE: 4th Grade
Lesson Title: Career - Xello Mission 2: Goal Setting	Time Period: December
less	son OVERVIEW
During this lesson, students will: • Identify what goals are and why it's important to set them • Identify their goals this school year • Identify what you need to set a goal • Identify goal setting obstacles and ways to overcome them	
LRG SKILLS AND DISPOSITIONS	PA STANDARDS
Skills • Communication and Empathy	13.1.3.A,B,C,D,E

LRG SKILLS AND DISPOSITIONS	PA STANDARDS
Skills Communication and Empathy Critical Thinking and Problem Solving Creativity and Innovation Collaboration and Teamwork Dispositions Honesty, Integrity, and Responsibility Adaptability and Flexibility Continual Learning and A Growth Mindset Resilience and Grit	13.1.3.A,B,C,D,E
COMPETENCIES	LEARNING TARGETS
Competency: I can learn about the different choices I have and resources available to help me when considering options for my future.	 I can acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions. I can understand the relationship between personal qualities, education, training, and the world of work.

SUBJECT: Guidance	GRADE: 4th Grade
Lesson Title: Personal and Social - Counselor Introduction Lesson	Time Period: September

lesson OVERVIEW

During this lesson, students will:

• Identify counseling referral slips, school-wide programs, classroom counseling topics, and small group opportunities

LRG SKILLS AND DISPOSITIONS	PA STANDARDS
Skills	PS:C1.6
Communication and Empathy	
Critical Thinking and Problem Solving	
Creativity and Innovation	
Collaboration and Teamwork	
Dispositions	
 Honesty, Integrity, and Responsibility 	
Adaptability and Flexibility	
 Continual Learning and A Growth Mindset 	
Resilience and Grit	
COMPETENCIES	LEARNING TARGETS
Competency: I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.	I can identify resource people in the school and community, and know how to seek their help.

SUBJECT: Guidance	GRADE: 4th Grade
Lesson Title: Personal and Social - Red Ribbon Week	Time Period: October

lesson OVERVIEW

During this lesson, students will:

- Identify ways to keep our body healthy
- Name negative peer pressures students in Grade 4 might face.
- List ways to avoid/say "no" to unsafe and unhealthy situations
- Identify trusted adults

LRG SKILLS AND DISPOSITIONS	PA STANDARDS
Skills Communication and Empathy Critical Thinking and Problem Solving Creativity and Innovation Collaboration and Teamwork Dispositions Honesty, Integrity, and Responsibility Adaptability and Flexibility Continual Learning and A Growth Mindset Resilience and Grit	PS:C1.8
COMPETENCIES	LEARNING TARGETS
Competency: I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.	 I know about the emotional and physical dangers of substance use and abuse. I know how to cope with peer pressure.

SUBJECT: Guidance	GRADE: 4th Grade
Lesson Title: Personal and Social - Skills for Growing (Unit 4) Lesson 4.2: Thinking about Consequences and Good Decisions	Time Period: January
lesson OVERVIEW	

During this lesson, students will:

• Define consequences

Skills

• Name the steps in a decision-making process and use them to make decisions

LRG SKILLS AND DISPOSITIONS

LRG SKILLS AND DISPOSITIONS	PA STANDARDS
Skills Communication and Empathy Critical Thinking and Problem Solving Creativity and Innovation Collaboration and Teamwork Dispositions Honesty, Integrity, and Responsibility Adaptability and Flexibility Continual Learning and A Growth Mindset Resilience and Grit	PS:B1.2
COMPETENCIES	LEARNING TARGETS
Competency: I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.	I can understand consequences of decisions and choices

SUBJECT: Guidance	GRADE: 4th Grade	
Lesson Title: Personal and Social - Bullying	Time Period: February & March	
lesson OVERVIEW		
During this lesson, students will: • Identify bullying behaviors and feelings associated with bullying. • Learn/practice strategies to handle bullying • Understand safe technology usage practices		

PS:B1.4

PA STANDARDS

 Communication and Empathy Critical Thinking and Problem Solving Creativity and Innovation Collaboration and Teamwork Dispositions Honesty, Integrity, and Responsibility Adaptability and Flexibility Continual Learning and A Growth Mindset Resilience and Grit 	
COMPETENCIES	LEARNING TARGETS
Competency: I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.	 I can develop effective coping skills for dealing with problems. I can demonstrate when, where, and how to seek help for solving problems and making decisions.

SUBJECT: Guidance	GRADE: 4th Grade	
Lesson Title: Personal and Social - Intermediate Transition	Time Period: May	
lesson OVERVIEW		
During this lesson, students will:		

Learn and review the skills necessary to transition to 5 th Grade successfully		
LRG SKILLS AND DISPOSITIONS	PA STANDARDS	
Skills Communication and Empathy Critical Thinking and Problem Solving Creativity and Innovation Collaboration and Teamwork Dispositions Honesty, Integrity, and Responsibility Adaptability and Flexibility Continual Learning and A Growth Mindset Resilience and Grit	PS:A1.4 PS:B1.5 PS:B1.9 PS:A2.8	
COMPETENCIES	LEARNING TARGETS	
Competency: I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.	 I can identify personal strength and assets. I can identify resource people in the school and community, and know how to seek their help. 	