# **Powerful Cleansing and Smudging Ritual**

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This is a mini-exorcism, the purpose of which is to re-claim the authority over your space from the entity and infuse your whole house with super high vibrational energy to make it very difficult for a low vibrational entity to get a footprint back in. With a well established / especially nasty haunting you may need to repeat this ritual daily, then weekly, then monthly until the influence of the spirit is gone.

We will also be evoking / calling Archangel Michael to bind the spirit, and remove it forever so that it can't return.

If you're still afraid, do this with a friend or partner.

# **Cleansing Supplies:**

- Smudge Stick / Holy Water.... Pots and pans
- Infuse / Charge the smudge stick:
- (optional) small fan to help circulate smoke, tinfoil, lighter/torch, Flashlight / glowsticks

# **Prep the Area:**

- Turn off smoke detectors
- Remove air filter in Central AC
- Open all internal doors and cabinets. You want the smoke to get everywhere and leave no place for shadow to hide.

### **Charging the Smudge Stick and Home with Divine Light:**

We'll go over the words of the prayer, feel free to adapt these to your belief system. The focus, internal visualizations and your intent is what matters here. Take the smudge stick or holy water in your hand and pray. Stand next to one of the walls in the structure/building.

**Prayer:** (speak with love, compassion and most of all, with conviction)

Jesus, our lord, Angels, and all those spirits working for the light Hear My Call.

(mentally project your voice across all space and time)

I speak as a child of God, recognizing my own divinity.

(visualize yourself as a being of brilliant white light, literally a small sliver of God)

I speak with the voice of ages, across space and time, Hear my Call. Come to us, Be with us, Join our circle.

(visualize yourself suddenly getting the attention of God, The Angels and all the millions of spirits working for God's light. See them all suddenly looking in your direction.)

My lord Jesus, Blessed Lady Mary, full of grace, please, we are in need of your love, light and grace. Join our circle and dwell here and in our hearts forever. Protect us from the ravages, temptation and instruments of evil.

(visualize both of them standing behind you, flooding the room, home and structure with their Love and light, flushing away all shadow (evil))

Michael, Hear my call, as a loyal servant of the most high. Come to us, Be with us. Join our circle. Lend us your armor, your sword and your shield.

(visualize Michael standing behind you, and you in his armor, with his sword and shield)

My Lord, make me a clear and perfect channel for your love and light, that I may do your work and tread upon the serpent that oppresses us even now.

(visualize your body turning to clear crystal, ready to absorb and channel God's love and light)

My Lord, Lend us your Love and your Light (repeat until fully charged)

(Imagine a bank of clouds just below the brilliant light of God's throne. Imagine your words, lend us your love and your light, starting to spin those clouds around and around faster and faster as you chant. Feel the pressure of god's light building until it finally breaks through and cascades down from the heavens directly into you.... Constantly streaming love and light. Allow it to completely fill you from your toes to the crown in your head. Build up an infinitely powerful charge of light and love until you can't possibly hold anymore.

When you can't hold anymore, mentally redirect the light to begin filing the sage stick or holy water. Continually pour god's love and light until you feel like it can't possibly hold anymore without bursting.

Now put a hand on the wall of the structure and mentally fill the structure itself, all of the rooms, hallways, doors, closets, cabinets, attic, etc. with this same love and light. Fill the entire structure from the foundation to the top of the roof.... Leave no shadow in your mind.)

In the name of Jesus, Mary, Michael, his holy army and the grace of God, I hereby cleanse this place. I revoke the authority of any spirit or demon to be in this place and claim it as my own in the name of Jesus, Mary and Michael. I formally renounce any binding ties, deals, authority or permissions given to any and all unclean spirits here. You are hereby cast out. Leave this place or be tread upon as a serpent in the garden. (optionally repeat this part of the prayer in each room, especially if that room creeps you out)

Michael, mighty servant of the most high, we ask that you bind any unclean spirits that frequent this location. We ask that you bind them in thought, We ask that you bind them in Action, We ask that you bind them in voice, We ask that you bind them in thought, that they

may do no further harm to us. We ask that you remove them from this place and cast them into the abyss or wherever you deem most appropriate.

I like to imagine the spirit hog-tied and picked up by Michael and flown far away.

Imagine these three being following you throughout the entire house as you work, protecting you and casting out any unclean spirits they or you find.

Light the sage stick... Make sure it's well lit. Blow on it to stoke the stick and push more smoke from it to fill the room. You may also want to wrap a bit of foil around the stick to catch any sparks or embers. As you light the stick and the smoke begins to billow, imagine all of the divine light flowing out of the stick as smoke. Mentally visualize everything the smoke touches being cleansed of shadow and infused with God's Light and Love.

Start and the Top floor, Back of the floor and work your way forward. Pushing out the entity floor by floor until you flush it out the front door. The purpose of this is to systematically remove / uproot any hiding place or refuge for a spirit. Be VERY thorough. Make sure you hit all closets, cabinets, attics and basements. Do not leave an area until you are comfortable in that space and it feels like it has been fully infused with angelic energy.

Optionally – Place the remainder of the smudge stick in a small fireproof bowl, still lit in front of the air conditioner intake and place a small fan blowing air across the stick into the intake and make sure the AC is running. This will automatically circulate smoke in the structure.

## **Closing Prayer:**

Jesus, Mary, Michael and all those spirits working for the light, hear my prayer.

We ask that you guard and protect this place. Make it inhospitable for any unclean spirit, now and forever.

We thank you for your infinite love, light, compassion and grace. We ask that you continue to dwell here with us and in our hearts, forever.

Our circle is open, but un-broken.

So may it be, Amen.