

Values Statement

Good Coworking is committed to a triple bottom line approach to business, where we place equal emphasis on benefitting people, the planet, and profit. Our company values include sustainability, wellness, and inclusion. We hold our members and guests to the same standard by asking them to uphold this Green Event policy. Green meetings don't have to cost a lot more - there are cost-conscious ways to create a great meeting experience for your guests. We are always seeking new ways to improve our waste reduction and the health of our members and the ecosystem, so please share your experience and any lessons learned with our staff team!

Sustainable, Inclusive Food Choices

Menus developed around these suggestions will help make your event great for attendees and the environment. If you are ordering delivery from a restaurant, ask Good Coworking for recommendations on more health and planet conscious options.

Our suggestions:

- Offer vegetarian and vegan food choices to all attendees as part of the main menu. To take it to the next level, you can also provide a gluten-free option.
- Whenever possible, choose dishes with seasonal, local, and organic ingredients.
- Serve only cage-free, free-range, or humanely-raised meats and dairy.
- Serve fish that comes from sustainable fish supplies. Use the [Monterey Bay Aquarium Seafood Watch](#) for guidelines.
- Serve only fair trade coffee, teas, bananas, and chocolate.
- When possible, choose a woman and/or person of color owned local caterers (see Good Coworking's list for suggestions)

Sustainable Serving Methods

The following best practices to minimize your catering waste are **required** by Good Coworking.

- Serve beverages in bulk containers using reusable glasses (glass only) - including coffee urns. Or you can allow aluminum cans and recycle them. Good Coworking can provide no waste coffee service for groups of 10 or less at \$5 per person.
- Serve meals buffet style with foods that don't require utensils or individual packaging.
- If cutlery is required for your food choices, reusable metal cutlery and serving utensils are required (no compostable, as they don't actually compost/break down).
- Only offer reusable or BPI Certified compostable plates/bowls, stir sticks, platters.
- Use cloth tablecloths only - no single-use plastic cloths.

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- For beverages, use Good Coworking provided glass water bottles and drinking glasses or ceramic coffee mugs.

Waste Management: Recycling & Composting

Good Coworking will provide a recycle bin for any recyclable items (such as aluminum cans) and a compost bin in our kitchen for food waste. Event clients are asked to dispose of any food waste leftover from individual plates and serving containers into the compost bin. We also ask that you rinse and recycle aluminum serving trays. No food or beverages may be left behind after the event unless pre-arranged with Good Coworking.

Event SWAG / Merchandise

Swag items shouldn't become a burden on your event's carbon footprint. Free promotional merchandise at events, like T-shirts, key chains, pens, and bottles tend to end up in landfills. Instead, we recommend promoting eco-friendly gifts that can speak to the environmentally-conscious side of the attendees. Here are some options you can consider:

- Eco-friendly/recycled notebooks and journals
- Plants and seed packets
- Reusable tote bags
- Bamboo cutlery kits
- Recycled backpacks, eco-friendly USBs
- Recycled mugs and tumblers
- Virtual Swag Bundles ([a new trend](#))

Other Materials & Requirements

To protect the structures and preserve the health of the 1808 campus, grounds, and facilities, the following items and activities are prohibited on the sites, grounds, and/or the facility:

- Fireworks
- Balloons (dangerous to wildlife)
- Glitter
- Fog Machine
- Firearms
- Hole digging
- Nailing or attaching items to any walls without first seeking permission
- Smoking inside and inside the interior courtyard; no smoking within 15 feet

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of either exterior entrance, doors and windows must be closed for any smoking within 50 feet of the building.

- Littering
- Single-use plastic water bottles
- Excessive use of plastic
- Styrofoam
- Plastic Straws (reusable metal straws OK)

Thank you for your compliance and commitment to doing right by people and the planet. We encourage you to promote your event as a green event - it's a great marketing tool!

-The Good Coworking Team hello@goodcoworking.co