

## Life Maps

### Description

This week is focused on building a sense of community within the classroom by allowing students to introduce themselves and their life stories through Life Map presentations. The Navigate app will also be introduced.

### Learning Outcomes

Learners will be able to:

- Understand more about themselves through reflection on what has led them to Texas A&M
- Understand more about their classmates to build a sense of commonalities or shared experiences with their classmates
- Explore the Navigate Student Success App

### Connection to Intended Course Outcomes/Class Objectives

- Self-awareness – Your understanding of your personal strengths, learning styles, learning habits, and thinking patterns
- Actively engaged – active involvement of time and energy invested in your college experience—both inside and outside the classroom.
- Socially integrated – formation of personal connections between other members of the Texas A&M community including peers, faculty, staff, and administrators

### Preparation, Materials & Facilitators

- The instructor should provide the instructions for this activity the week before.
- Tip: Have students submit the assignment prior to class digitally, then create a PowerPoint with all of their Life Maps. This ensures everyone can easily see each Life Map.
- Print out one copy of the [Life Maps Active Listening worksheet](#) for each student.

### Overview of Time (Total time: 50 minutes)

- Life Maps - 39 minutes
- Navigate - 8 minutes
- Wrap Up - 3 minutes

### Facilitator Instructions

- Text in regular font are talking points and should be read out loud to students.
- Text in *italics* are notes for the instructor and should NOT be read out loud to students.
- Text in **bold** are questions for debrief or reflection and should be read out loud to students to encourage group discussion or sharing of ideas.



| Life Maps                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
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| <b>Talking Points</b><br>3 minutes | <ul style="list-style-type: none"> <li>• Howdy! Welcome back to Hullabaloo U week 2.</li> <li>• <i>Peer mentor can lead a quick check in activity (roses, buds, thorns; thumbs up/down; two word check in)</i></li> <li>• Today you all will have a chance to share more about yourselves and tell us more about your story.</li> <li>• As each person shares, you will demonstrate your active listening skills while completing the Life Maps Worksheet to jot down something you have in common with that individual and something interesting or something you want to learn more about. We will collect these worksheets at the end of class – your successful completion of the sheet will be your attendance and participation grade this week.</li> <li>• So, let's jump right in!</li> </ul> |
| <b>Activity</b><br>30 minutes      | <ul style="list-style-type: none"> <li>• <i>Presenting the Life Map is a key component of this activity. Students should have 1 minute to present their Life Maps to the group with time left over for any questions or clarification from the class.</i></li> <li>• <i>Please note that both instructors and peer mentors should demonstrate first so that students understand how to give the presentations and the length of time.</i></li> <li>• <i>Instructors should pull up a timer so that students can monitor their 1 minute timeframe.</i></li> </ul>                                                                                                                                                                                                                                      |
| <b>Debrief</b><br>5 minutes        | <ul style="list-style-type: none"> <li>• <b>Why would we do an activity like this?</b></li> <li>• <b>What did you learn about yourself during this activity?</b></li> <li>• <b>What common experiences did you see? Why is it important to address common experiences?</b></li> <li>• <b>What else do you want to know about each other?</b></li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| <b>Transition</b><br>1 minute      | <ul style="list-style-type: none"> <li>• Thank you all so much for sharing more about yourselves today!</li> <li>• Seeing commonalities and similar experiences helps us build a stronger community and it was so fun to hear about your stories and what has led you to Texas A&amp;M.</li> <li>• We are going to shift gears a bit and talk about the Navigate App which will help you during your time here at Texas A&amp;M.</li> </ul>                                                                                                                                                                                                                                                                                                                                                           |



| NAVIGATE STUDENT                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
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| <p><b>Talking Points</b><br/>2 minutes</p>                                                               | <ul style="list-style-type: none"> <li>• Texas A&amp;M University has launched a mobile application called <b>Navigate Student</b> to help you stay on track throughout your college experience.</li> <li>• Navigate will support you here at Texas A&amp;M by helping you: <ul style="list-style-type: none"> <li>o View your Class Schedule and locations</li> <li>o See upcoming To-Do's and events and stay on top of registration, academic and payment deadlines</li> <li>o Schedule Advising Appointments</li> <li>o Receive alerts on Holds</li> <li>o Find Resources at Texas A&amp;M from your phone</li> <li>o Major Explorer – Find out information about your major and career options that match your interests</li> <li>o Connect with “Study Buddies” in each of your classes</li> <li>o Add personal Reminders to keep on task</li> </ul> </li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <p><b>Activity</b><br/>5 minutes</p> <p><b>Materials</b><br/>-students should have their cell phones</p> | <p><i>Some students might have already downloaded the app during their New Student Conference but may not have explored it much.</i></p> <ul style="list-style-type: none"> <li>• Take out your phones</li> <li>• If you haven't already downloaded the Navigate app, go to the app store – search <b>Navigate Student</b> and download</li> <li>• Open the app - select Texas A&amp;M University - College Station</li> <li>• Log in with your NetID and password</li> <li>• Complete the survey to get started <ul style="list-style-type: none"> <li>o No app? Access online <a href="https://tamu.guide.eab.com/">https://tamu.guide.eab.com/</a></li> </ul> </li> </ul> <p>Let's check out the app together:</p> <ul style="list-style-type: none"> <li>• Navigate is personalized for you</li> <li>• Click <i>Class Schedule</i> – check it out, click on location to view on mobile map</li> <li>• Click <i>Appointments</i> – this is where you can schedule and manage advising appointments as well as appointments for tutoring, Academic Success Center or Study Abroad.</li> <li>• Click <i>To – Dos</i> – check out upcoming tasks and events</li> <li>• Go back to home page, click + <i>Add Reminder</i>: <ul style="list-style-type: none"> <li>o Add 1 class reminder - ex. <i>Math 140 Unit 1 test</i></li> <li>o Add 1 personal reminder - ex. <i>Clean dorm room parents coming to visit</i></li> </ul> </li> </ul> |
| <p><b>Debrief</b><br/>1 minutes</p>                                                                      | <ul style="list-style-type: none"> <li>• <b>When do you see yourself utilizing Navigate?</b></li> <li>• <b>Why would Navigate be important for your success here at Texas A&amp;M University?</b></li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |



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| <b>Transition</b><br>1 minutes | <ul style="list-style-type: none"> <li>• Navigate is just one more resource that you can utilize during your time as a student at Texas A&amp;M.</li> <li>• Throughout this semester, we will continue talking about other resources that can be helpful as you transition to the university.</li> </ul> |
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| <b>WRAP UP</b>                      |                                                                                                                                                                                                                                   |
|-------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Talking Points</b><br>30 seconds | <ul style="list-style-type: none"> <li>• Thank you all so much for such a fun and informative day.</li> <li>• I hope that you all learned more about each other and are beginning to build community within the class.</li> </ul> |
| <b>Activity</b><br>1 minute         | <ul style="list-style-type: none"> <li>• <i>Provide any updates or class/Texas A&amp;M specific information that the students will need to know for the upcoming week.</i></li> </ul>                                             |
| <b>Debrief</b><br>1 minute          | <ul style="list-style-type: none"> <li>• <b>What final questions do you have before you leave today?</b></li> </ul>                                                                                                               |
| <b>Transition</b><br>30 seconds     | <ul style="list-style-type: none"> <li>• Have a great week!</li> </ul>                                                                                                                                                            |



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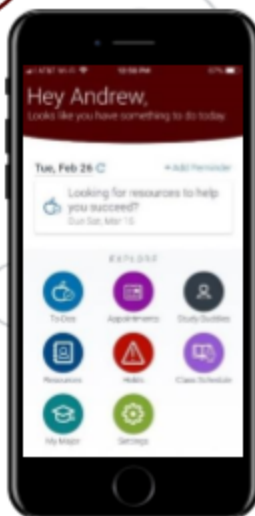
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