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FOR IMMEDIATE RELEASE

Ronald McDonald House Charities of Greater Chattanooga®

Hosts Annual Run4Kids to Benefit Local Families in Honor of Karen Lawrence

CHATTANOOGA, Tenn. – September 20, 2025 — Ronald McDonald House Charities (RMHC) of Greater Chattanooga invites the community to join the Annual Run4Kids in Honor of Karen Lawrence on Saturday, September 20, 2025, at the Tennessee Riverwalk – Hubert Fry Center. The event includes a 5K, 1-Mile Walk, and a Family Fun Festival, with all proceeds supporting families of critically ill or injured children staying at the Ronald McDonald House.

Event Schedule: 5K Start: 9:00 AM | 1-Mile Walk Start: 9:15am

Family Fun Festival: 10:30 AM – 2:00 PM

Registration Fees: 5K: $30 | $35 (race day)

1-Mile Walk: $25 | $30 (race day)

Packet Pickup: Thursday, Sept. 18 | 4–6 PM at RMHC

Register at: https://register.chronotrack.com/r/86129

Participants are encouraged to create personal or team pages for peer to peer fundraising to make an even greater impact. Every dollar raised helps keep families close to their child's care.

In addition to the races and festival, attendees will enjoy a range of family-friendly activities throughout the day. A highlight will be a 40-yard dash featuring local mascots. RMHC Chattanooga is calling on more local mascots to join in the fun. Interested mascots can contact Estephanie Acheson at Estephanie.acheson@rmhchattanooga.com for more details on how to participate.

Run4Kids continues the legacy of the Karen Lawrence Run, honoring the Lawrence family's decades of support. "Before she lost her battle, Karen asked us to keep helping sick kids," said Phyllis Lawrence. "We're proud to continue her legacy through Run4Kids."

Whether you run, walk, or cheer from the sidelines, your participation helps provide families with comfort, stability, and hope during medical crises.

For additional information about Run4Kids, including registration details and sponsorship opportunities, visit https://www.rmhchattanooga.com/events.

About Ronald McDonald House Charities® of Greater Chattanooga

Established in 1990, the mission of Chattanooga's Ronald McDonald House Charities is to provide families with the care and resources they need when their child is sick and to support programs that address the health and well-being of children. RMHC of Greater Chattanooga is an independent, 501(c) 3 registered non-profit that operates solely on donations from individuals, businesses and foundations. The programs offered at RMHC of Greater Chattanooga, focusing on a continuum of care approach, are the Ronald McDonald House, The Ronald McDonald Family Room, The Mindful Room, and the House to Home.