

ACTivate congress

Welcome! Register for this unique congress focused on co-creation, implementation and evaluation of whole-school physical activity and physically active learning.

About this event

The International Congress will include:

- Exclusive insights into research, policy and practice perspectives of physically active learning and whole school physical activity and how they contribute to pupil, teacher and school-based outcomes.
- An opportunity to visit a Norwegian school and experience first-hand how Physically Active Learning and whole school physical activity is enacted into Norwegian pedagogical practices
- Inspiring examples of how Physically Active Learning and whole school physical activity are implemented across Europe.
- Sharing of final outputs and learning from the Erasmus+ funded ACTivate project
- Researchers', policy makers', teachers', and pupils' perceptions on the role of physical activity opportunities in national policy and in education

ACTivate have designed an event that will draw together researchers, policy makers and practitioners to discuss current issues facing the development, implementation and evaluation of whole-school approaches to physical activity and physically active learning. We share the newest insight into the Erasmus+ project ACTivate.

What is ACTivate? The exciting ACTivate Erasmus+ project co-creates, with teachers and other school stakeholders, an innovative European-wide open access physically active learning teacher training curriculum, web portal and free to access online CPD modules. After 24 months, the project team from six European countries can now share the new European physically active learning (PAL) teacher training curriculum and provide insights into the free to access teacher training modules that launched in early 2022.

The congress will take place over the course of two days at the Western Norway University of Applied Sciences (HVL), Campus Bergen. Registration closes on the 10th of November 2022.

Monday, November 21st

The Monday programme is relevant for researchers, educators and policymakers and will begin with a keynote presentation that will set the scene for the implementation of whole-school physical activity and Physically Active Learning. The session provides a broad foundation on the co-designing, implementation, and evaluation of PAL. We would then like to invite you to contribute to the programme and present your work in the field. This can be from a research, practice or policy perspective.

Please submit your talk here for seminar 1, 2 or 3 (see below):

<https://forms.gle/b7cvRfCRoTQdxUTA7>

Timing	Topic
10:00	Registration at HVL Campus Bergen
11:00	Setting the Scene: ACTivate
11:15	Professor John Bartholomew: What are the key challenges to designing, implementing, and evaluating impactful and sustainable school-based physical activity approaches.
11:45	Break
11:50	Seminar 1: Co-create physically active learning programmes and whole-school approaches to physical activity
12:30	Lunch
13:30	Seminar 2: Key issues influencing the implementation of physically active learning programmes and whole-school approaches to physical activity
	Break
14:30	Seminar 3: Evaluating physically active learning programmes and whole-school approaches to physical activity
15:10	Synopsis of key learning (Andy)
15:30	Cultural performance and drinks
16:00	Social: Walking the city
18:30	Conference dinner (included in conference fee)

Tuesday November 22nd

The Tuesday programme is relevant for researchers, educators and policymakers. We start

the morning session by visiting a local school where attendees will get unique insights into the enactment of PAL in the pedagogical practices in Norway.

The afternoon programme will take place back at Campus. First policy makers will “talk the policy” by sharing their perspectives on whole school physical activity and physically active learning. Second, researchers from the ACTivate project will share their latest insights into the development of whole school physical activity and physically active learning. All of this will be brought together by looking into the future in a panel debate bringing practitioners, policy makers and researchers together.

A full programme below:

Timing	Topic and presenter
09:00	Register at HVL Campus Bergen
09:15	Bus departure to PAL school
Seminar 1. “Walking the school”: a Norwegian combined school	
09:45	Visiting classrooms
10:45	Pupils’ experiences with PAL – presented by pupils
10:55	Teachers’ experiences with PAL – presented by teachers’
11:05	School leaders’ experiences with PAL – presented by school leaders
11:15	Preliminary findings from a co-created PAL diary study at a Norwegian combined school
11:40	Bus departure to HVL Campus Bergen
12:00	Lunch at HVL, Campus Bergen
13:00	Welcome and music performance from teacher students
Seminar 2. “Talking the politics”: Visions and white papers	
13:10	Professor Geir Kåre Resaland: The history of PAL and whole school physical activity development in the Norwegian context.
13:30	TBA – A whole school physical activity / public health NGO advocate's perspective on Norwegian school policy and trends.
13:40	TBA - A health promoting researcher and principal investigator of the Health Behaviour in School Aged Children's study perspectives on Norwegian and international whole school PA policy and trends
13:50	TBA - An educational perspective on Norwegian and international whole school approaches to pupils' well-being in school

14:00	TBA - PAL and whole school PA: what matters to the politicians?
14:20	Break
Seminar 3. "Walking through the talk": Building PAL and whole-school physical activity across the European Union.	
14:40	Dr Anna Chalkley: PAL across Europe, a five-year strategic plan
14:50	Dr Andy Daly-Smith and Claus Løgstrup Ottesen: The ACTivate curriculum, e-learning modules and progression towards a whole-school approach to Physically Active learning
15:10	Break
Seminar 4. "Looking into the future": PAL in the national and international context	
15:20	Panel debate with representatives from research, policy and practice.
16:00	Closing ceremony with cultural performance