SAGHAR MANSOURI

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Experienced Christian Counsellor & Ministry Leader

Expert in Trauma Care, Bible Teaching & Refugee Support

- British passport holder with unrestricted travel flexibility. Compassionate and mission-driven leader with 10+ years' experience serving persecuted Christians, refugees, and vulnerable communities across Iran, the UK, Europe, and beyond. Demonstrated expertise in integrating clinical psychology and biblical teaching to provide trauma-informed care, discipleship, and leadership development in cross-cultural and crisis contexts.

- Exceptional communicator and educator, highly trusted by churches and international organisations to deliver transformative seminars, Bible classes, and media programs. Deeply culturally sensitive, fluent in Farsi, Dari, and English, and dedicated to supporting the broken and marginalised.

- Adept at operating in high-risk environments, establishing underground networks of care, and leading with discretion, resilience, and spiritual maturity. Currently active in the UK and Greece, empowering refugees through faith-based psychological support and pastoral care. Closely connected with Christian ministry networks in Turkey, Georgia, and Armenia, collaborating to serve and support believers in these regions.

CORE COMPETENCIES

Christian Counseling & Pastoral Care • Trauma Recovery & Crisis Intervention • Bible Teaching & Discipleship
Refugee Support & Cross-Cultural Ministry • Underground Church Leadership • Group Facilitation & Public Speaking
Psychological Education in Low-Literacy Contexts • Media Presentation & Scriptwriting • Women's Empowerment Workshops
Seminar Design & Teaching (Trauma, Identity, Resilience) • Team Leadership in Sensitive Environments
Multilingual: Fluent in Farsi, Dari, and English • Discretion, Confidentiality & Spiritual Sensitivity

PROFESSIONAL EXPERIENCE AND ACHIEVEMENTS

CHRISTIAN COUNSELOR & MINISTRY LEADER | IRAN, UNITED KINGDOM, GREECE | 2013–PRESENT

Led cross-cultural ministry and trauma-informed counselling programs for persecuted believers, refugees, and new converts in Iran and Europe. Delivered Bible teaching, discipleship, and emotional support across complex, high-risk, and low-literacy contexts.

- **Led five underground house churches** in Tehran, Qazvin, and Ilam—providing pastoral care, leadership training, and spiritual support in restricted and dangerous environments.

- **Organised and spoke at international seminars**, including a women's leadership summit in Malaysia for the persecuted church.

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- **Collaborated with SAT-7 and Open Doors**, serving as a teacher and counsellor in international leadership training (2014–2016), and supported the secret distribution of Bibles in Iran.

- **Delivered trauma-focused Bible teaching and counselling** for Iranian and Afghan refugees across Greece, Finland, and the UK—developing culturally adapted materials for healing, identity, and resilience.

- **Spoke at the UK Parliament in 2025**, sharing a personal testimony as a persecuted Christian and advocate for religious freedom.

- **Developed and taught weekly psychology and discipleship classes** for refugees in Greece, covering trauma, emotional well-being, self-worth, and family restoration.

- **Provided crisis care and practical aid** during short-term mission trips: cooking, cleaning, childcare, and logistics support for refugee camps and churches.

MEDIA PRESENTER, PRODUCER & WRITER | LONDON, GREECE, REMOTE | 2018–PRESENT

Combined psychological and theological insight in media programs to educate, uplift, and disciple Farsi-speaking audiences worldwide.

- **Created and hosted "Light & Salt"**, a 13-episode Christian psychology series aired on Seven-TV, blending biblical wisdom and mental health education.

- **Appeared on SAT-7 and Manoto TV** as a trusted psychologist and Bible teacher, offering expert insight on faith, trauma, identity, and family dynamics.

- **Produced culturally sensitive content** for low-literacy and post-trauma audiences using story-based teaching, poetry, and personal testimony.

- Skilled in **scriptwriting, voice presentation, and multi-platform media production** with a passion for accessible, transformational storytelling.

CLINICAL PSYCHOLOGIST & PUBLIC EDUCATOR | TEHRAN, IRAN | 2010–2016

Provided individual and group therapy at a private counselling centre, while leading large-scale educational and spiritual events.

- **Served over 6 years as a clinical psychologist**, specialising in trauma, identity crisis, and emotional resilience.
- **Executive Director of major conferences** (800–2,000 attendees), held at prominent venues such as IRIB Halls, Milad Tower, and Golestan Palace—overseeing all logistics and team coordination.

- **Led student workshops and seminars** at Al-Zahra University (2005–2013), empowering young women through psychological and spiritual education.

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- **Co-founded and managed a tech company's HR and PR division**, integrating people-first leadership in a male-dominated industry.

OTHER POSITIONS

Imperial Tech Limited | Software Engineering Company, London
Director (Co-Founder, Public Relations Manager) 09.2018 – Present

EARLY CAREER SUMMARY

Ervin Danesh Pasargad | Software Engineering Company, Tehran
Co-Founder, Public Relations Manager & HR Advisor 2011 – 2016

Private Counselling Centre | Tehran
Workshop Leader & Student Activities Coordinator 2005 – 2013

National Conferences & Public Events | Tehran
Executive Director (Freelance) 2008 – 2016

EDUCATION AND QUALIFICATIONS

University of Tehran Markaz Campus, Iran | M.A. Clinical Psychology 09.2007 – 09.2010
Al-Zahra University, Tehran | B.A. Psychology 09.2002 – 06.2006
Ongoing Theological & Ministry Training | Open Doors & Partner Ministries 2013 – Present

FREELANCE HIGHLIGHTS

- **Christian Media Presenter & Content Creator, Seven-TV & SAT-7 (remote)** 2020 – Present
  Created and delivered original Persian-language content on Christian psychology, trauma care, and discipleship. Combined theological depth with psychological insight to reach diverse audiences through broadcast and online platforms.

- **Seminar Speaker & Trauma Care Trainer, Greece, UK, Finland** 2018 – Present
  Designed and facilitated cross-cultural seminars for Iranian and Afghan refugees, focusing on trauma recovery, emotional resilience, and identity restoration. Adapted complex psychological principles for low-literacy participants in high-stress environments.

- **Faith-Based Mental Health Consultant, Independent NGOs** 2016 – Present
  Advised ministries and mission teams on integrating mental health support into evangelism and discipleship work. Provided culturally sensitive training to leaders serving refugees and new believers.