

Lessons in Divorce, Conscious Uncoupling & Redefining Success in Relationship

From Brave Individuals and Couples Willing
to Share Openly From Their Journey

Hi there, I'm Libby. I believe we are living at a completely unique time in history. We are waking up to our **interconnectedness as a world and power as people** through all kinds of ways, and in turn opening to new qualities of love, intimacy and relationship with ourselves and others. This process is both **ecstatic and disruptive**. We are in **a great stage of re-definition** and recreation. At Liberatory Love, I identify 'conscious relationship' as a spiritual practice, a place we choose to cultivate and be cultivated by Source and one another. **Conscious relating** is not just about partnership and marriage, but also how we relate as friends, collaborators, and community members in this great opening. Below is an **emerging compilation** of reflections on conscious uncoupling, divorce and intimacy from brave individuals and couples who have been willing to learn in the midst of their processes and share about it.

Listen: [Ongoing Spotify Playlist](#)

Reflections on Conscious Uncoupling & Relationship

Aubrey Marcus and Whitney Miller

- [Link](#) - Open Relationship from Beginning to End

Blu and Andre

- [Link](#) Lessons Through Love & Conscious Uncoupling
- [Link](#) Update: The Journey from Grief to Grace & Authentic Beauty

Layla Martin and Andrew Simpson

- [Link](#) - Conscious Uncoupling Part 1
- [Link](#) - Conscious Uncoupling Part 2
- [Link](#) - Update: Our Journey Through Uncoupling & Our Growth In the Process

Reflections on Divorce & Personal Transformation

Emily Fletcher (interviewed by Suzy Ashworth)

- [Link](#) - A Tale of Divorce, Healing & Pursuit of Infinite Joy

Melisa Ruiz

- [Link](#) - Balancing Business and Breakups

Sahara Rose

- [Link](#) - Why Your Dark Night of the Soul Makes You Sexier

Suzy Ashworth (interviewed by Layla Martin)

- [Link](#) - The 4 Pillars of Receiving Wealth and Love

Reflections on Redefining Success & Expanding Our Vision for Relationship

While “redefining success” may seem like a different theme than “uncoupling,” it is my belief that until we are untangling our visions for success and failure in life, until we are reclaiming our own power and expansion not just as a form of proving ourselves to others or society, but as a welcoming Source through us, will we also begin to see relationship as a place where we simultaneously surrender the false expectations of success imposed upon a relational structure, and welcome the extraordinary power of seeing what relationships can be for us as people, as container for infinite expansion, for allowing our fears to be met, and for new qualities of strength and tenderness to be formed and experienced.

Ayanda

- [Link](#) - Why You Fear Your Own Success (a spiritual perspective) ~ *rethinking “co-creation”*
- [Link](#) - Let it Become | on creativity, relationships and Life