



Summer Camp Lesson Plan

Week: _____ Theme: _____

Upper/Lower

Outdoor/Indoor

Day 1	Day 2	Day 3	Day 4	Day 5
Activity: Two Games	Activity: Two Games	Activity: Two Games	Activity: Two Games	Activity: Two Games
Lesson Sequence: - "Face the Cookie" Put an Oreo on your forehead and you have a minute to attempt to get it into their mouth without using your hands - "Stack Attack" This game consists of stacking 36 cups in a pyramid and then back down into a single stack. The Ferrari came the closest to conquering this one in one minute	Lesson Sequence: - "Suck it up" In this game, the kids had to transfer Smarties from one plate to another using only a straw. They were able to eat the Smarties afterwards which no one seemed to mind - "Yank Me" To play, stack an index card on the top of the cup until there are five cups and then yank the index cards out to attempt to create a single stack of five	Lesson Sequence: - "Things are Getting Dicey" To play, stack an index card on the top of the cup until there are five cups and then yank the index cards out to attempt to create a single stack of five cups - "Ping Pong Ball Transfer" One player at a time with one minute on the clock, has to move 6 ping pong balls from one plate to the other using a	Lesson Sequence: - "Look Ma, No Hands" Each player wears a set of oven mitts and must unwrap pieces of candy. Whoever can unwrap the most candy in a minute is the winner. You can also do this with a wrapped present, or wrapped item in cellophane wrap or wrapping paper - "Movin' On Up" Each player starts with a stack of 25 red cups with one blue	Lesson Sequence: - "On the Nose" Put a dab of vaseline or petroleum jelly on the player's nose. This is their only tool to move cotton balls from one plate to the next. They'll pick up a cotton ball with their nose and move it to another plate without using their hands - "Penny Tower" The trick to this game is that each child may only use one hand to stack the coins. Have



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	cups	plastic spoon held in their mouth. You can adjust the number of ping pong balls you use based on how players are doing. The goal is to see who can move the most ping pong balls to the other plate in one minute	cup at the top of the stack. Start by moving the top blue cup to the bottom of the stack, and continue moving cups from the top to the bottom until the blue cup is back at the bottom of the stack again	them hold their other hand behind their back so they aren't tempted to use both hands. This new way of stacking pennies makes the game more challenging
Supplies Needed: Cups and oreos	Supplies Needed: Sraw, smarties, index cards, cups	Supplies Needed: Dice popsicle sticks, popsicle sticks	Supplies Needed: Wrapped candy, oven mittens, blue cup and red cups	Supplies Needed: Vaseline, cotton balls and pennys