

Name _____ Date _____ Period _____

WRITE A SHORT ESSAY RESPONSE

Provide Health Insurance Plan; Physician Information

(Only) PHA Internship

1. How do you view public health in your community? (500 words minimum) *

a. First, what is public health as defined by American Public Health Association...

i. Examples

1. That can mean vaccinating children and adults to prevent the spread of disease. Or educating people about the risks of alcohol and tobacco. Public health sets safety standards to protect workers and develops school nutrition programs to ensure kids have access to healthy food.

ii. Careers

1. Restaurant inspectors
2. Health educators
3. Scientists and researchers
4. Nutritionists
5. Community planners
6. Social workers

b. How do I view public health in my community?

i. Reflect. Are the people you interacting with ...

1. Getting vaccinated or refusing it?
2. What percentage of your family members have a disease (i.e. cancer)?
3. How important is it for people to take care of their health?
4. How important is it for people to maintain a healthy diet?
5. Does your school encourage a safe environment?

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- ii. Based on what you have told us; What are some strong points about your community? What are some weak areas that your community can work on ?

2. Why do you have an interest in public health? (500 words minimum)

- a. Identify one of the top tens health problems in the USA and why you want to provide a solution.

- i. Identify the problem.
- ii. Personally explain why this particular problem is a concern for you... (such as, I have a family member who suffer from this problem)
- iii. How would your family and others family have a better life if this problem didn't exist?
- iv. Any ideas on how to solve this problem? Or do you know of any scientists, after researching, who are trying to solve this problem, in order for you to work with them.

- b. Public health is important because...

- i. <https://www.publichealth.pitt.edu/why-public-health>

3. What do you know about mental health and how it impacts your community? (500 words minimum)

- a. Discuss the article. Mental health affects students' performance while in k-12 schools.

- i. <https://www.npr.org/sections/ed/2016/08/31/464727159/mental-health-in-schools-a-hidden-crisis-affecting-millions-of-students>

- b. Discuss the article. Mental health solutions a student can implement to help their friend, while at school

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- i. <https://www.nami.org/Find-Support/Teens-Young-Adults/How-to-Help-a-Friend>

**4. Short Essay: What would you like to learn from this program?
(500 words minimum)**

a. First read information about the program - Opportunity

Scholars Public Health Academy (PHA) is an enrichment program in which 10th, 11th and 12th grade High School Students interested in improving community health through public health and mental health professions develop skills to prepare them for higher education and build networks within health professions. Students accepted into this program participate in educationally enriching experiences that includes a paid 4-week summer program, internship, mentorship, tutoring, mental health course curriculum, CDU lectures, community engagement, collegiate level course, SAT Preparation and college preparation courses. Some of the benefits of the program include waived application fee, networking and mentoring opportunities, guaranteed priority admission for 12th grade students who meet the minimum requirements and early admittance for 10th and 11th grade students.

b. Second talk about three things you read the description that you find interesting or maybe you need more information about it.

i. _____

ii. _____

iii. _____

c. Finally, A) take those three things and tell us why you want to know more about it, or why you find it interesting. B) Now, generate one or two questions about the topic (i.e. We will working on this topic in a science laboratory?); C) List experience or stories you would like to share about these three topics.

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(Only) Saturday Science Academy

Essay. In your own words please write why you would like to participate in Saturday Science Academy II and what you want to take away from the program

1. First, read about the program -

- a. Saturday Science Academy exposes Pre-k through 12th grade students to fun and engaging science material in an effort to motivate them to move into health care fields after graduating high school. The program deepens and sustains student interest in science, health education and establishes a pathway through college and into health professions. Students are introduced to various concepts in human anatomy and physiology, math, biomedical engineering, physical science, plant life and marine biology, each in an 8-week academically rich learning intense program phase. Each phase is designed to introduce students to broad and in-depth subject area content thereby increasing their knowledge. Within this programmatic framework, complimentary
- b. program activities are employed to maximize student learning outcomes and engage parents/caregivers.
- c. During the summer, a 4-week mathematics program is provided to encourage reinforcement and retention of academic knowledge and skills gained throughout the academic year. SSA II also includes a College Readiness component, SAT preparation, Critical Thinking course, Parent workshops and field trips to supplement classroom learning with real world experiences. SSA II places a heavy emphasis on work ethics that are applicable to school and are important for joining the work force, their future educational goals, the health care industry and working with the community.

2. Second, what are three things you read in the description that you like or have questions about? Write a two to three sentence response on why you chose each of these questions or statement of interest (i.e. The program will introduce use to concepts about the human anatomy. I am interested in this concept, because... I have some experience with the human anatomy from when... etc.)

3. Third, share your feelings about the 4-week mathematic program.

4. Fourth, what do you hope to gain from this program? (Then explain why.)

- a. I hope to gain ...
 - i. A diverse group of friends
 - ii. Get an idea of who my competition is
 - iii. I would like to prepare myself for college

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- iv. I hope to earn a college scholarship from participating in the program
- v. I would like to learn from some of the brightest scientist, who look like me.
- vi. I want to learn from the best.
- vii. I enjoy learning new skills.
- viii. I will become a scientist.
- ix. I am here to network, and build a relationship with any medical doctors, because my family has a lot of health issues.
- x. I need a mentor in my life.
- xi. I need direction.
- xii. I need help.
- xiii. I want to be the next Dr. Ben Carson.
- xiv. I want to be the next Dr. "Cliff Huxtable (Bill Cosby)"
- xv. I want to be the next Madam CJ Walker.
- xvi. I want to be the next Dr. George Washington Carver.
- xvii. I want to be the next Dr. Alfredo Quiñones-Hinojosa
- xviii. I want to be the next Dr. Catalina Esperanza Garcia
- xix. I want to be the next Dr. Guillermo Garcia-Manero