

2023 Seton Track and Field Performance Standards

Honorable Mention

100m dash	Ava Glahn, Megan McMahon
200m dash	Megan Heine, Marisa Poff, Maria Meade, Sophie Schwallie, Hannah Kallmeyer, Brooke Goshorn, Megan McMahon, Katelyn Nicholas, Annie Manion
400m dash	Ashley Bywater, Riley Ellis, Alyse Gavin, Anna Meade, Lucy Mullen, Katelyn Nicholas, Marisa Poff
800m run	Alyse Gavin, Abby Schutte
1600m run	Lydia Hutzel, Claire Kamstra, Abby Schutte, Ava Stratmann
3200m run	Josie Schutte, Ava Stratmann
100m hurdles	Anna Groh
4x400m relay	Hannah Kallmeyer, Claire Kamstra, Madison Saleh, Holly Sims
Discus	Brooke Goshorn
High jump	Teresa Peters

Bronze

100m dash	Megan Heine
400m dash	Gianna Corey, Hannah Kallmeyer, Madison Saleh, Madison Thatcher
800m run	Abby Condren, Lydia Hutzel, Ella Moehring, Maren Motz, Lucy Mullen, Madison Saleh, Maggie Tiernan, Katelyn Wittich
1600m run	Abby Condren, Maren Motz, Josie Schutte
300m hurdles	Jada Stock
4x200m relay	Gianna Corey, Ava Glahn, Maria Meade, Marisa Poff
4x800m relay	Abby Condren, Lydia Hutzel, Claire Kamstra, Holly Sims
Discus	Grace Long
Shot Put	Brooke Goshorn, Ella Weinle
Long jump	Maddie Albright, Vern Wellbrock
High jump	Kiley Ackerman

Silver

100m dash	Gianna Corey, Maria Meade
200m dash	Gianna Corey, Ava Glahn
800m run	Claire Kamstra, Holly Sims
100m hurdles	Jada Stock
Discus	Kelli Silbernagel
Shot put	Grace Long

Gold

400m dash	Ava Glahn
4x100m relay	Gianna Corey, Ava Glahn, Megan Heine, Maria Meade
Shot put	Vern Wellbrock
High jump	Maddie Albright

Platinum

Long jump	Anna Groh
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