## Romans 8:1-13

## Introduction

- **Romans 1:16-17 -** For I am not ashamed of the Gospel of Jesus Christ power of salvation!
  - o The just shall live by faith the theme for the next 8 chapters...
  - o Those who are justified forgiven cleansed from sin live by faith
- Romans 1:18-3:20 All of us are sinners all of us will be judged for our sin...
- Romans 3:21-5:21 All of us can be saved righteousness by grace through faith in Jesus!
- Romans 6:1-8:39 Now that we are saved how to live for Jesus...
  - o The problem of sin we cannot just go on sinning as we did before Jesus...
    - We died to sin were given new life in Jesus to live our lives for the Lord…
    - Also whomever we give ourselves to sin/Jesus we become the slaves to…
  - o How to keep from sinning how to live for Jesus...
    - The Law the list of rules on how to live our life in Jesus does not keep us from sin
      - 1st The Law only stirs up sin in us 'do not touch' then sin brings death...
      - 2<sup>nd</sup> The Law is a mirror it shows us our sin but has no power to keep us from sin
      - 3<sup>rd</sup> The Law is perfect, but we are not the shortcoming of the Law is us
    - The Law the list can tell us what to do but it cannot make us want to do it!
  - o We are the problem we sin because we want to...
    - The root of the problem the Flesh vs. the Spirit...
      - The flesh doesn't think about consequences for actions only momentary pleasure
      - The spirit desiring to please and serve the Lord in both actions and thought...
      - These two war against each other for control over our mind and actions
    - The result of the problem WAR...
      - As believers we 'Know' what we should do but we 'want' to do what we should not
      - The problem is my desires there is nothing good within me within my flesh
      - My Spirit desires to please God but my flesh desires to please itself... WAR
    - The hope for the problem miserable man that I am...
      - Most people do not even know there is a war those who do come unprepared...
      - We cannot defeat our flesh on our own we cannot change our desires...
      - When we understand we are not the solution we are ready to hear the answer...
  - o The Life in the Spirit Outline of Romans 8...
    - Romans 8:1-13 The power to overcome sin by walking in the Spirit...
    - Romans 8:14-28 The benefits that comes by the walking in the Spirit...
    - Romans 8:29-39 The confidence that comes by the walking in the Spirit...

## THE POWER TO OVERCOME SIN... VS. 1-13

- $1^{st}$  No condemnation because of the gift of righteousness... vs. 1-4
  - o  $\;\;$  There is no judgment for those in Christ Jesus... vs. 1
    - We are at war between our flesh and our spirit and we have lost many battles...
    - There has been many a time when we have given in to our flesh and sinned...

- None of us can say since believing in Jesus we have never chosen to sin…
- o We know when we accepted Jesus we were forgiven of all our sin (up to that point)
  - But before Jesus we sinned in ignorance we did not know any better...
  - What about the mistakes we have made since then our sin after our salvation
  - When we knew we shouldn't sin knew what we did was wrong but chose it anyways
  - When our flesh won the war over our choices are we condemned / judged by God
- o As we 'walk according to the Spirit' God does not condemn us not judged for our sins
- Because the Law of the Spirit has set us free from the Law of sin and death... vs. 2-4
  - o If we were still under the Law of God the list of rules we would be condemned
  - o But we have been set free from that Law because it could not save us...
    - It was impossible for the Law to keep us from sin because of our flesh
    - Like the mirror that reflect who we are or measuring tape that shows how tall...
    - The Law can show us we are unrighteous but not make us do what is right...
  - o Set free by the Law of the Spirit Jesus...
    - Jesus came as a man 'in the flesh' as it were yet lived a perfect sinless life
    - Jesus did what no one else could– He fulfilled the righteous requirement of God's Law
    - Then Jesus the only perfect man paid the price for our sin Death Romans 6:23
    - In that moment Jesus condemned sin defeated the flesh once and for all!
    - Then came one of the great mysteries of the ages God gave us Jesus' righteousness!
    - II Corinthians 5:21 "For God made Christ, who never sinned, to be the offering for our sin, so that we could be made right with God through Christ."
    - We failed in the test of life but Jesus took our grade and gave us His perfect score!
    - In Jesus we have lived a perfect life we have fulfilled the requirement of the Law
    - Now when God looks down on us He does not see our sinful mistakes/flaws
    - He instead sees the perfect life of His Son Jesus He sees us as perfect/flawless!

## • 2<sup>ND</sup> - WALKING BY THE SPIRIT... VS. 5-13

- o Dominated by sin or controlled by the Spirit... vs. 5
  - There are 2 paths we can choose to take in life walk by the flesh or by the Spirit
  - Think of two roads going in opposite directions with two very different destinations
  - You have to choose one or the other which road do we choose to 'walk' down...
  - As we do not walk according the Flesh but 'walk according to the Spirit'...
  - We receive the great promises of vs. 1-4 no condemnation & righteousness...
- o The  $1^{st}$  road those who are dominated by sin... vs. 6-9
  - How do you know if you are walking in 'the flesh' what is on your mind...
    - If we are 'in our flesh' we will be dominated by the 'desires of our flesh'
    - Momentary pleasures / anger / pride / lust / hate / bitterness / jealousy...
    - All the while ignoring the things of God the Word / prayer / fellowship
  - The result of walking in 'the flesh' DEATH... (3 reasons)
    - $\bullet \ \ \, 1^{st}$  Because the mind dominated by the flesh literally hates God
    - 2<sup>nd</sup> It is not subject (*military term*) to God's Law it is fact in rebellion against God
    - 3<sup>rd</sup> Those who are in 'the flesh' cannot please God they are under condemnation...
    - The end of the road is physical death as well as the 2<sup>nd</sup> death spiritual death...
  - But you are not in 'the Flesh' but in the 'Spirit'....

- If (1st class) the Spirit of God dwells in us assuming we do have the Holy Spirit
- When we believed in Jesus we received the Holy Sprit within us I Corinthians 3:16
- o The 2<sup>nd</sup> road those who are controlled by the Spirit... vs. 10-11
  - How do you know if you are walking in 'the Spirit' what is on your mind...
    - If we are 'in the Spirit' we will be full of the 'things of the Spirit'
    - Eternal perspective heaven / loving God & others / pleasing the Lord...
    - Desiring to be in the Word of God / spend time talking to God prayer...
    - Not caught up in the pleasures of this world trying to please men rather than God
  - The results of walking in 'the Spirit' LIFE & PEACE (2 reasons)...
    - 1st Your body is truly dead because of sin the physical body will certainly still die
    - But the end of the road because of Jesus' righteousness you will go to heaven!
    - $2^{nd}$  Since ( $1^{st}$  class) you have the same Holy Spirit in you who raised up Jesus...
    - He will also give life (*future*) to your physical bodies referring to the resurrection...
    - **I Corinthians 15:50** "Flesh and blood cannot inherit the Kingdom of God. These perishable bodies of ours are not able to live forever."
    - The our physical sinful corrupt bodies cannot inherit eternal life...
    - They were not designed to live forever they were not meant to go to heaven...
    - Like the caterpillar who cannot fly but one day will become a butterfly...
    - **II Corinthians 5:1** "For we know that if our earthly house, this tent, is destroyed, we have a building from God, a house not made with hands, eternal in the heavens."
    - I like the idea of a tent tents are never permanent our bodies are only temporary
    - One day the Holy Spirit will give us new bodies meant and designed for eternity!
- o So we have the choice... vs. 12-14
  - Death for those who live by 'the Flesh'...
    - We are not in debt to 'the flesh' to live for the desires of 'the flesh'...
    - For those who live for the flesh must die are in danger of eternal death
  - Or the death of 'the Flesh' by the power of the Spirit...
    - We put do death the 'works' of the Flesh when we live by the Spirit!
    - Galatians 5:16 "Walk in the Spirit, and you shall not fulfill the lust of the flesh."
    - The power to NOT SIN NOT walk in the flesh the power of the Spirit!
- o Bringing in the big guns (*M60 time!*)...
  - We already saw in **Romans 7** the challenge is our desires our wants...
    - We constantly face defeat because we bring 'sticks to a gun battle'
    - So how do we overcome our desires how do we change what we 'want'...
    - By the Power of the Holy Spirit who can change our desires and our wants!
  - Being full of the Holy Spirit...
    - The Holy Spirit convicts us of our sin before we believe in Jesus **John 16:7-8**
    - The Holy Spirit come to live within us when after we receive Jesus **John 20:22**
    - The Holy Spirit is also the gives us the power to overcome the flesh/sin...
    - The night Jesus was betrayed He told Peter he would deny Him 3 times...
    - Peter adamantly denied it stating he would go to prison even die for Jesus...
    - But he was trusting in his own ability his flesh so he failed...
    - Yet 50 days later the day the Holy Spirit was poured out he preached 3000 saved!
  - How do you get the Power of the Spirit just ask...

- Matthew 7:7 "Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you."
- Jesus commands us to keep ASKING, SEEKING, KNOCKING (*Present/A/Imperative*)
- Not just once but over and over again for asking for the Holy Spirit
- Luke 11:13 -"Your heavenly Father [will] give the Holy Spirit to those who ask Him."
- You need gas to run a car but you need to keep filling that car up with gas...
- We need also need to be daily filling up on the Holy Spirit to overcome our flesh!
- The result of being filled with the Spirit...
  - **II Corinthians 4:7** "But we have this treasure in jars of clay to show that this all-surpassing power is from God and not from us."
  - If we are full of ourselves our flesh then we will have a defeated life in Jesus
  - But when we are emptied not depending on ourselves full of Jesus Holy Spirit
  - Then we will find God changes our hearts our desires we will find victory over sin
  - Not that we can no longer do the things we used to 'want' to...
  - We will no longer have the desire instead we will 'want' to live for Jesus!