

Barry Robinson - Fighter Drills

Barry Robinson's "Fighter Drills" is a training program focused on enhancing the skills and techniques of fighters through a series of specialized drills. The course covers various aspects of combat training, including striking, footwork, defense, and conditioning. It aims to improve fighters' agility, precision, and overall performance by providing practical exercises and routines that can be incorporated into regular training regimens.

Barry Robinson He is widely recognized as one of today's most skilled and highly experienced combat sports coaches. He is the founder of a systemized approach to boxing coaching (a million styles boxing) and has been admired for his uncanny ability to teach athletes from all martial arts how to improve their boxing skills. Each Elite fighter trains repetitively to improve their skills and learn how to combine complex systems.

- Barry He has been a part of fight camps that included some of the best fighters in the world from many different martial arts/combat sport, including Jose Aldo and Fedor Emileanenko.
- His fight preparation and coaching are not only impressive, but he's also a great film-study expert and can even help with fight/fighter breakdowns.
- He is highly sought after for his combination of skills and ability to train champions in Boxing, MMA Muay Thai, Kickboxing, and Muay Thai.