

- “28 Days To A Client” -

The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. ☒ /X	1 ▾	Wake up
2. ☒ /X	1 ▾	100 pushups
3. ☒ /X	1 ▾	Make your bed
4. ☒ /X	1 ▾	Get ready
5. ☒ /X	1 ▾	Study for 5 hours as you promised
6. ☒ /X	1 ▾	Work
7. ☒ /X	1 ▾	Get ready for the wedding
8. ☒ /X	2 ▾	Go to wedding
9. ☒ /X	1 ▾	Get home
10. ☒ /X	1 ▾	Pray to god
11. ☒ /X	1 ▾	Plan your next day
12. ☒ /X	1 ▾	Post both days to HU
13. ☒ /X	2 ▾	Set the alarms
14. ☒ /X	2 ▾	Get ready for bed
15. ☒ /X	1 ▾	Go to sleep
16. ☒ /X	3 ▾	
17. ☒ /X	3 ▾	
18. ☒ /X	3 ▾	
19. ☒ /X	3 ▾	
20. ☒ /X	3 ▾	

Day Number: 29

Date: 5/2/2023

Start Of The Day - Time: 6:30 am

	 3 Things That I Am Excited To Have In The Future? 
1.	Freedom
2.	Team
3.	To retire my parents

 Hour-By-Hour
Tracking:

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

\$ 6 am: Task \$	Wake up at 6:30, get up, 100 pushups, and make your bed
🔔 Intention 🔔	Asap
✍️ Reflection ✍️	My alarm didn't ring so I waked up late

\$ 7 am: Task \$	Get ready for the day and start studying
🔔 Intention 🔔	You promised so you need to do it
✍️ Reflection ✍️	Done

\$ 8 am: Task \$	Study
🔔 Intention 🔔	You promised so you need to do it
✍️ Reflection ✍️	Done

\$ 9 am: Task \$	Study
🔔 Intention 🔔	You promised so you need to do it
✍️ Reflection ✍️	Done

\$ 10 am: Task \$	Study
🔔 Intention 🔔	You promised so you need to do it
✍ Reflection ✍	Done

\$ 11 am: Task \$	Study
🔔 Intention 🔔	You promised so you need to do it
✍ Reflection ✍	Done

\$ 12 am: Task \$	Work
🔔 Intention 🔔	All in!
✍ Reflection ✍	Finished studying

\$ 1 pm: Task \$	Work
🔔 Intention 🔔	All in!
✍ Reflection ✍	Done

\$ 2 pm: Task \$	Work
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 Intention 	All in!
 Reflection 	Done

\$ 3 pm: Task \$	Get ready for the wedding and go to the wedding with family
 Intention 	Asap
 Reflection 	Done

\$ 4 pm: Task \$	Wedding
 Intention 	Try to have a nice time even if you do not like loud music and all that stuff
 Reflection 	Done

\$ 5 pm: Task \$	Wedding
 Intention 	Try to have a nice time even if you do not like loud music and all that stuff
 Reflection 	Done

\$ 6 pm: Task \$	Wedding
 Intention 	Try to have a nice time even if you do not like loud music and all that stuff
 Reflection 	Done

 7 pm: Task 	Wedding
 Intention 	Try to have a nice time even if you do not like loud music and all that stuff
 Reflection 	Done

 8 pm: Task 	Wedding
 Intention 	Try to have a nice time even if you do not like loud music and all that stuff
 Reflection 	Done

 9 pm: Task 	Wedding
 Intention 	Try to have a nice time even if you do not like loud music and all that stuff
 Reflection 	

 10 pm: Task 	Wedding
 Intention 	Try to have a nice time even if you do not like loud music and all that stuff
 Reflection 	Done

\$ 11 pm: Task \$	Wedding
🔔 Intention 🔔	Try to have a nice time even if you do not like loud music and all that stuff
✍️ Reflection ✍️	Done

\$ 12 pm: Task \$	Pray to god, plan your next day, post both days to HU, set the alarms, get ready for the bed, and go to sleep
🔔 Intention 🔔	Asap
✍️ Reflection ✍️	I was very tired and i fall a sleep



End-Of-The-Day Report:



🧠 What Did I Learn Today? 🧠
I can do more

NEW What Do I Plan To Do Differently Tomorrow? NEW
Work more

NEW What Do I Plan To Do The Same Tomorrow? NEW

📱 Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?

Everything!

 **What Tasks Were Left Undone?** 

Pray to god, plan your next day, post both days to HU, set the alarms

Brain Dump: I promised that I will study for 5 hours today and I did it. But I fall a sleep and that cant happen again!