

Levels of mastery and abilities that correlate

Stages will be explained in depth through training courses or posts. It's a fundamental aspect in unlocking more yin and yang "chills and hot flashes". Just for reference, stage 1 for yin is at the top of your neck and produces the smallest feeling of chills. But focus towards the button of your neck and the feeling is much stronger. This is stage 1 energy vs stage 3 energy. It produces a greater effect but uses energy much faster.

- Healing Speeds up the healing process to a noticeable and measurable degree.
- Projection Project energy outside of your body you can manipulate and other people can perceive in multiple ways
- Fortification Fortify your body for a specific result making it function more effectively
- Perception Alter your perception of reality for benefits or effects
- Combine any of these effects to make greater effects with the same quality of the combined factors

Intermediate: Requires $\frac{3}{4}$ classifications sustain stage 3 for 10 min

- Healing Brings Immediate effects and greatly speeds up the healing process
- Projection Consistently make minor physical effects in the environment, yourself, and others
- Fortification Consistently make Physical and hormonal changes to your body for Effects that can be measured and experienced
- Perception - Can Consistently alter your perception to a noticeable and measurable degree. Begin to understand more concepts with your energy as your perception evolves.

Advanced specialist/Scholar: Required $\frac{3}{4}$ classifications sustain stage 4 for 10 min. Efficient Progression In the advanced level is only achieved through specific training.

- Healing - Visible signs of healing will occur Instantly during the use of advanced techniques, Uses nature in healing
- Projection - Moderately effect Physical objects and create major effects in other people
- Fortification - Greatly increase the efficiency of your whole body or a specific part for one purpose or multiple.
- Perception - Can use your altered perception and awareness to unlock New doors in your mind and in reality. Gain the ability to alter your perception subconsciously.

Expert: Requires $\frac{1}{4}$ classifications and sustain stage 5 for 20 min

- Virtuoso - Perception/ Can Access deepest point of limbo and utilize it for techniques Therin, they grasp the potential and concept for oracle related abilities.
- Intellect - Projection/ Can project Energy for notable physical or environmental effects
- Enhancer - Fortification/ Can alter physical body for great effects that are easily measurable
- Curer- Healing/ Can cure a sickness in a human, animal, or oneself if visible in a short amount of time.
- Connoisseur - Understands all fundamental aspects of Ki but develops them for personal experiences and benefits
- Pundit - Someone who has been deemed permission to teach and spread knowledge at an expert level

Master: Requires ¼ classifications and sustain stage 6 for 30 min

Physical Yin and Yang Fusion is the requirement for mastery. Of Aura. It is really the introduction to energy manipulation and internal arts.