

2025-2026 School Counseling Annual Calendar
Ressie Jeffries Elementary School

Month	Direct Student Services Activities	Indirect Student Services Activities	Program Planning and School Support
Ongoing Services	• Classroom lessons once a month • Small group counseling • Individual counseling • Crisis counseling • Mediation between students • Attendance buddies • Check-in/check-out	• Request for Assistance meetings • Student Support Team • Threat Assessment Team • PBIS Committee • Monthly Specials Team meetings • Virtual Virginia contact • Collaboration with administration, teachers, student support coaches, social worker and behavior specialist as needed • Parent phone calls, emails, dojo messages and meetings as needed • 504 and IEP meetings as needed • Monthly division school counselors meeting • Weekly RJES counselors meeting	• Dismissal duty • Attend professional development • Coordinating PBIS and attendance interventions and incentives • Collecting, analyzing and disseminating data (attendance, Student Risk Screening Scale, office discipline referrals, grades, etc.)

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August	<u>Class lessons:</u> 1st: Welcome Back, Class Expectations 2nd: Welcome back, Class Expectations 3rd: Class Expectations/What a School Counselor Does 4th: What a School Counselor Does 5th: Blaming vs. Respectful Statements <u>Small Groups:</u> Aug. 25-31: 4th: Jaguar Pals 5th: Jaguar Pals	Aug. 7 - Open house where we are available to talk with parents/guardians and students	Create and publish the annual calendar Develop mindsets and behaviors action plan
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September	<u>Class lessons:</u> K: Meet Your School Counselor, Class Expectations, Learning to Listening 1st: Following Directions & Self-Talk for Learning 2nd: Being Respectful 3rd: Being Successful Learners 4th: Getting to Know the Brain 5th: Solutions and Consequences		Examine and interpret school data Develop student and professional goals for the school year

	<u>Small Groups:</u> Sept. 2-30: 3rd: Attendance Skills 4th: Growth Mindset 4th: Jaguar Pals 5th: Being Healthy 5th: Jaguar Pals Sept. 23-30: 5th: Top Secret Kindness Mission		
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October	<u>Class lessons:</u> K: Focusing Attention & Following Directions 1st: Self-Talk for Calming Down Strong Emotions 2nd: Respecting Different Preferences 3rd: Being an Upstander 4th: Types of Conflict 5th: Effects of Substance Use <u>Small Groups:</u> Oct. 1-16: K: Growth Mindset 1st Listening/Following Directions 2nd: Listening/Following Directions 4th: Growth Mindset 5th: Being Healthy Oct. 13-31: 3rd: Social Skills 4th: Social Skills		National Bullying Prevention Month (create lesson plans) Annual Administrative Conference Oct. 15 – Unity Day (everyone wears orange and announcements) Oct. 23-31 – Red Ribbon Week (create lesson plans, school announcements, spirit week and activities)

	Oct.1-31: K: Jaguar Pals 3rd: Attendance Skills 4th: Jaguar Pals 5th: Jaguar Pals 5th: Top Secret Kindness Mission		
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November	<u>Class lessons:</u> K: Working Together 1st: Accidents Happen 2nd: Showing Compassion 3rd: Being Assertive 4th: Intro to Emotion Management 5th: Disagreeing Respectfully <u>Small Groups:</u> Nov. 1-30: K: Jaguar Pals 3rd: Social Skills 4th: Social Skills 4th: Jaguar Pals 5th: Jaguar Pals 5th: Top Secret Kindness Mission		Nov. 6 at 3:00pm - Advisory Council Meeting
Month	Direct Student Services Activities	Indirect Student Services Activities	Program Planning and School Support
December	<u>Class lessons:</u> K: Inviting Others to Play 1st: Problem-Solving Part 1 2nd: Managing Embarrassment 3rd: Identifying Others' Feelings		

	4th: Managing Strong Emotions 5th: Prioritization <u>Small Groups:</u> Dec. 1-5: 5th: Top Secret Kindness Mission Dec. 1-19: K: Jaguar Pals 4th: Jaguar Pals 5th: Jaguar Pals		
Month	Direct Student Services Activities	Indirect Student Services Activities	Program Planning and School Support
January	<u>Class lessons:</u> K: Self-talk for staying on task 1st: Problem-Solving Part 2 2nd: Taking Responsibility 3rd: Understanding Perspective 4th: Calming Down Anger 5th: Career Clusters <u>Small Groups:</u> Jan. 7-30: K: Jaguar Pals 4th: Jaguar Pals 5th: Jaguar Pals		Examine and interpret school data for the second semester
Month	Direct Student Services Activities	Indirect Student Services Activities	Program Planning and School Support
February	<u>Class lessons:</u> K: Calm down Strong Feelings 1st: Fair Ways to Play 2nd: Problem-Solving		Kindness Month (lesson plans, school announcements, spirit days, challenges and incentives)

	3rd: Accepting Differences 4th: Kindness Escape Room 5th: Empathy and Kindness <u>Small Groups:</u> Feb. 2-27: K: Jaguar Pals 4th: Jaguar Pals 5th: Jaguar Pals		Feb. 3-7 - National School Counseling Week (school announcements, staff emails and activities, and dojo posts) Plan middle school tours for rising 6th graders
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March	<u>Class lessons:</u> K: Career-Guess the Job 1st: Career-Interests & Talents 2nd: Career-When I go up... 3rd: Hobbies and Interests 4th: Hobbies and Interests 5th: Career Exploration <u>Small Groups:</u> Mar. 2-27: K: Jaguar Pals 4th: Jaguar Pals 5th: Jaguar Pals		Attend middle school tours for rising 6th graders Career March Madness (display bracket, ballots, career facts)
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April	<u>Class lessons:</u> K: Handling Waiting 1st: Fair Ways to Play 2nd: Managing Anxious Feelings 3rd: Study & Test-Taking Strategies 4th: Emotion Management Wrap-up		Apr. 23 at 3:00pm - Advisory Council Meeting

	5th: Transitioning to Middle School <u>Small Groups:</u> Apr. 1-30: K: Jaguar Pals 4th: Jaguar Pals 5th: Jaguar Pals		
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May			