



## **Carolina Low & Slow Pulled Pork w/ Potato Salad**

Pork butt, [apple cider](#), salt, brown sugar, bay leaves, red pepper flakes, [bbq rub](#), [Golden BBQ Sauce](#), [Potato salad](#) (not included w/freezer meal), diced celery, [bacon bits](#), [Hoagie buns](#)

Nutrition information based on dividing a full-size meal into 6 servings or a half-size meal into 3 servings.

### **Nutrition Facts**

#### **Carolina Low & Slow Pulled Pork w/ Potato Salad**

6 servings per container

**Serving Size** 1.00 each

**Amount per serving**

**Calories** 956

**%Daily Value\***

**Total Fat** 42g 53%

Saturated Fat 11g 53%

*Trans* Fat 0g

**Cholesterol** 146mg 49%

**Sodium** 2922mg 127%

**Total Carbohydrate** 98g 36%

Dietary Fiber 3.2g 11%

Total Sugars 49g

Includes 2g Added Sugars 4%

**Proteins** 47g

Vitamin D 2mcg 10%

Calcium 123mg 10%

Iron 4.1mg 23%

Potassium 620mg 13%

Phosphorus 308mg 25%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### **Nutrition Facts**

#### **Carolina Low & Slow Pulled Pork (freezer)**

6 servings per container

**Serving Size** 1.00 each

**Amount per serving**

**Calories** 733

**%Daily Value\***

**Total Fat** 31g 39%

Saturated Fat 11g 53%

*Trans* Fat 0g

**Cholesterol** 130mg 43%

**Sodium** 2273mg 99%

**Total Carbohydrate** 72g 26%

Dietary Fiber 1.2g 4%

Total Sugars 43g

Includes 2g Added Sugars 4%

**Proteins** 41g

Vitamin D 2mcg 10%

Calcium 108mg 8%

Iron 4.1mg 23%

Potassium 596mg 13%

Phosphorus 306mg 25%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.