St Anne's RC Primary

MISSION STATEMENT

'To live happily, love unconditionally and learn enthusiastically with Jesus by our side.'

PE Policy

Date reviewed	
Date presented to Governors	
Date to be reviewed	

St Anne's Primary School

. 1. Intent

At St Anne's we recognise the importance PE plays in the curriculum and are committed to providing all children with opportunities to engage fully in Physical Education. The aim of our PE programme is to develop children's basic physical competencies, build confidence in their ability and build the foundations for a lifelong love of sport, physical activity and a healthy lifestyle.

PE lessons encourage children to compete against themselves and others whilst being challenged to improve their physical, social, emotional and thinking skills.

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2. Implementation

Our PE lessons at St Anne's are devised from the Primary PE Planning online platform, ensuring consistent delivery and structure across the school. The planning is intentionally mapped so that progression is built into the scheme—creating an exciting learning journey from Early Years through to KS2. To set our pupils up for success, the start of each academic year focuses heavily on core skills, creating a strong foundation to promote success moving forward. To deepen this learning, children repeat key activities in alternate years; this fosters a sense of familiarity while providing a vital opportunity to build upon previous skills. We believe that fostering enjoyment and engagement is essential, ensuring all children feel confident, motivated, and motor-competent. Ultimately, our curriculum provides an inclusive, broad, and balanced PE programme that supports the ongoing development of Physical Literacy.

3. Impact

The impact of our PE curriculum is most powerfully seen in the growing confidence and self-esteem of our pupils—particularly those who initially feel less confident with physical activity. By creating a safe, supportive, and low-pressure environment, our progressive curriculum allows every child to experience success at their own pace. As less confident children build familiarity

through repeated activities and master core skills, they shed their anxieties and develop a genuine enjoyment for movement. Ultimately, our inclusive approach ensures that all pupils leave St Anne's feeling capable, valued, and motivated to lead active, healthy lives.

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4. Assessment

At St Anne's, we see assessment as a natural part of every PE session. Our teachers get a great sense of how children are doing by watching them during games and activities, and we track this progress using the online assessment tool on Primary PE. This makes it easy for teachers to quickly identify any gaps in skills and plan our sessions accordingly. We check in on how children are doing throughout every session so we can pitch the very next session at just the right level, making sure everyone gets the right amount of support or challenge. We have clear goals for what we want our pupils to know and be able to do by the end of each Key Stage. To help them get ready for the next step in their education, our teachers use fantastic resources like the Primary PE Planning progression documents, ladders, and knowledge organisers to keep everyone moving forward.