

Remote Nurse Practitioner – Hormone Replacement Therapy (Telehealth/Remote) 1099 - CA, TX, NY, CO

[AlediumHR](#) is partnering with a forward-thinking telehealth organization that is redefining how men and women manage their health. Through expert clinical care and modern technology, this group is transforming hormone optimization, preventative medicine, and performance-based wellness nationwide.

This is not a generalist telehealth role. This is for experienced nurse practitioners who understand hormone therapy and want to practice at a high level.

The Opportunity

We are seeking experienced, licensed Nurse Practitioners with at least 1 year of Hormone Replacement Therapy (HRT) experience for both men and women. These are both part-time and full-time availability. Providers work remotely and deliver high-impact care through a structured, technology-enabled telehealth model. 1099 roles, malpractice insurance is included.

Licensing Requirements (Non-Negotiable)

- Active NP license in a minimum of **8-10 U.S. states**
- **California, Texas, New York, and Colorado licenses are in demand**
- Active, unrestricted **DEA license**
- Ability to prescribe and manage controlled substances in compliance with federal and state regulations

Required Clinical Experience

- Minimum **1 year of hands-on Hormone Replacement Therapy experience**
- Experience treating **both male and female patients**
- Comfort managing testosterone therapy, estrogen/progesterone therapy, adjunct wellness medications, and ongoing lab monitoring
- Strong understanding of endocrine health, preventative care, and optimization protocols

What You'll Do

- Conduct structured virtual consultations for men and women seeking hormone optimization and wellness care
- Review labs, diagnose hormone imbalances, and develop evidence-based treatment plans
- Initiate and manage HRT protocols, including appropriate prescribing and follow-up

- Provide patient education on risks, benefits, and long-term care strategies
- Maintain thorough, compliant documentation within telehealth platforms
- Collaborate with a clinical and administrative support team to ensure a seamless patient experience

Remote Flexibility

Work from home with scheduling options that fit your availability. 20 hours minimum.

Focused Practice Model

This is a specialized hormone and wellness platform. You will not be handling random urgent care visits or unrelated cases.

Operational Support

Administrative, tech, and compliance infrastructure are in place so you can focus on patient care.

Growth Environment

Join a high-growth telehealth organization expanding nationwide.

Apply now to join a team committed to elevating hormone health across the country. Please submit your resume to Emily Lassiter at elassiter@alediumhr.com