

WGAT Speaker Format (as of 02/28/26)

****According to group conscience, we ask you to refrain from crosstalk before and after a member shares. Do not give advice or comment on a person's share but feel free to welcome them when unmuting or thank them when they are finished.**

7:00: *Mute everyone (uncheck allow the participant to unmute)*

Close chat to hosts only (see chat script below).

"Good evening, my name is _____ and I'm an alcoholic."

Can we please open this meeting with a **FULL** *moment* of silence (*at least 10 seconds*), followed by the serenity prayer.....

"Can _____ please read the preamble."

"Welcome to the What's Good About Today Virtual AA Meeting."

We meet here every morning from 7 to 8 AM EST; **the topic is always What's Good About Today.**

We also meet on Tuesday, Wednesday, Saturday and Sunday evenings from 7 to 8PM. The link and Zoom ID is the same and it will be posted in the chat.

Tonight is an open speaker meeting,

The tradition of the Month (*please read this month's tradition*)

1. Our common welfare should come first; personal recovery depends upon A.A. unity.
2. For our group purpose, there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for A.A. membership is a desire to stop drinking.
4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
5. Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.
6. An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.
7. Every A.A. group ought to be fully self-supporting, declining outside contributions.

8. AA should remain forever nonprofessional, but our service centers may employ special workers.
9. AA., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. AA has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

Information will be posted in the chat throughout the meeting.

- Visit our website where you can find lots of useful information pertaining to our group and AA.
- For questions, requests for phone lists, chips, a copy of the Big Book or to reach one of our trusted servants, please contact us [through](#) email or via the website. The addresses will be provided in the chat.
- Our Group Conscience Business meeting is held on the last Saturday of each quarter (the 3rd, 6th, 9th and 12th month of the year). Minutes are available on request via email. Send items for the agenda via email.

This is an open Speaker Meeting. After the Speaker is finished, we will open the meeting for Discussion.

Our meeting guidelines according to the group conscience:

- We ask you to **PLEASE** keep your sharing to 2-3 minutes so more people have a chance to speak.
- At 3 mins the host may give a gentle reminder not to exceed this recommended time. ·
- Please refrain from off-color material, profanity, or crosstalk. ·
- We'll pause for burning desire at 7:30 But please send the host a message in the chat or wave at the screen anytime during the course of the meeting if you have an urgent need to share. ·
- Also, one of the co-hosts (**NAME**) will be available via the chat for any newcomer, people coming back, or anyone struggling that does not want to share with the entire group. Click on the "new chat" button in the chat and you can choose one of the cohosts to message.

The chat will be closed until the end of the speaker to allow everyone to focus on the speaker.

Announce:

Tonight's speaker is _____ from _____

After speaker is finished

I want to thank the speaker _____ for sharing with us tonight.

During the Meeting:

7:30 (or after the speaker):

- We are going to pause to see if anyone has a burning desire. A burning desire means you have an “urgent” need to share and are having a problem staying **sober** today!
“Does anyone have a burning desire?”
- Interested in Service? WGAT could use your help in service. If you want to learn more, or you're interested in service, please contact us at info@wgatvirtual.com
- ** Remind the group that the 7th tradition will be posted in the chat **
- Anyone with a year or more of sobriety willing to sponsor or speak with a newcomer please indicate your willingness by putting a virtual green check next to your name on the participant list.

(If enough time) Now we will open the meeting for sharing.

At 7:55pm:

- If you were unable to share today, stay after the meeting for fellowship!
- I'd like to ask our trusted servants if there are any AA announcements pertaining to the WGAT group? If so, please raise your virtual hand.
- The group can also find announcements on our website.

I want to thank _____ for being here with us tonight.

RememberWho you see here, what you hear here, let it stay here!!

Can we close this meeting with the Serenity Prayer

Chat format:

- **7pm:** Tonight's speaker is _____ from _____
- WGAT meets 7 days a week: every morning from 7-8:00am, we also meet on Tuesday, Wednesday, Saturday and Sunday evenings from 7 to 8PM. The links and Zoom ID for each will be posted in the chat.
- If you need a court slip signed, a copy of the Big Book "Alcoholics Anonymous", our phone list, a chip or medallion, or just have a question...email us at info@WGATvirtual.com
- 7th Tradition contributions can be made at <https://www.wgatvirtual.com/7th-tradition>

Meeting Schedule in the Chat:

- WGAT **Discussion Every Morning** 7:00-8:00am EST
- WGAT **Speaker/Discussion** Meeting Tuesday evening 7:00-8:00pm EST
- WGAT **Beginners** Meeting Wednesday evening 7:00-8:00pm EST
- WGAT **Speaker** Meeting Saturday evening 7:00-8:00pm EST
- WGAT **Big Book** Meeting Sunday evening 7:00-8:00pm EST

<https://us02web.zoom.us/j/886756436> Zoom 886-756-436

(When Speaker Finishes) Open Chat and Post:

- The Chat is now open to everyone if it remains safe. We suggest using the direct message feature for conversations with an individual rather than addressing the entire group.
- Anyone with a year or more of sobriety willing to sponsor or speak with a newcomer please indicate your willingness by putting a virtual green check next to your name on the participant list (*note: if your hand is raised, this action it will lower your hand*)