



Poway High School
October 24, 2025
Extended Period 3 Bell Schedule
Unified Sports Event

PERIOD	TIME	MINUTES
1	8:35-9:35	60
Passing	9:35-9:40	5
2	9:40-10:40	60
Break	10:40-10:50	10
Passing	10:50-10:55	5
3	10:55-11:55	60
Passing	11:55-12:00	5
3 Unified Event (Stadium)	12:00 - 12:50	50
Passing	12:50-12:55	5
Lunch	12:55-1:25	30
Passing	1:25-1:30	5
4	1:30-2:30	60
Passing	2:30-2:35	5
5	2:35-3:35	60
Total Inst. Min.		380