

Nurse Sybil Garbow Facts, Call to Action, and Resources

Facts:

The reported facts state that Mrs. Garbow, who is 72 years old, was cleaning the nurse's desk with an aerosol spray. Her co-worker thought she was being sprayed, so she SHOVED this 72-year-old woman in her chest and hit her hand with a phone when she tried to call for help. In this case, the alleged victim pressed charges against Mrs. Garbow and made her out to be a villain despite a 40-year career in nursing with no issues or criminal history. Mrs. Garbow was convicted and sentenced to 6-months in prison.

Steps taken to Advocate for Mrs. Garbow's release or a review of her case:

1. Call the Governor's office (started on Aug 25, 2023)
2. Share one sheet with nursing organizations, community, and colleagues to continue the conversation.
3. Find an appeals lawyer for Mrs. Garbow.
4. Engage and share this story with nursing organizations and associations.
5. Reached out to Team Roc (legal advocacy arm of Roc Nation).

Goals:

1. Get Nurse Garbow's case reviewed or appealed
2. Organize and mobilize against racism and social justice.
3. Inform nurses of how to navigate the legal system safely.

Published Articles:

- [Nurse.Org](#)
- [Business Insider](#)
- [The Root](#)
- [Baller Alert](#)
- [Black Enterprise](#)
- [Emily Cotton Top](#)
- [Vigour Times](#)

Donation Information:

- Mrs. Garbow does not have a GoFundMe due to the site's restrictions, but she does have a [DonorBox](#) managed by her husband.
- Mrs. Garbow owes over \$51,000 in restitution to the State of Minnesota.

Workhouse Mailing Address:

Sybil Paulette Garbow
Anoka County Workhouse
3300 4th Ave
Anoka, MN 55303

Point of Contact:

- Tauquilla Manning: info@blacknursesweek.com
- Irnise Williams: irnise@iwilliamslaw.com

Legal Resources for Nurses:

- [The American Association of Nurse Attorneys](#)
- Legal Aid Organizations:
 - State-funded and nonprofit legal aid organizations provide free or low-cost legal assistance to individuals with limited financial means. These organizations offer legal advice, representation, and educational resources on various legal matters.
- State Bar Associations:
 - State bar associations often have pro bono programs that connect individuals in need with volunteer attorneys. These programs can provide free legal assistance or representation for specific cases.
- Law School Clinics:
 - Many law schools have legal clinics where law students, supervised by professors or licensed attorneys, provide legal assistance to individuals who cannot afford representation.
- State Courts:
 - State court websites often offer resources for self-represented individuals, including forms, guides, and information on court procedures. Some states have specific self-help centers within the courthouse.
- Legal Hotlines:
 - Some states operate legal hotlines where individuals can call and receive free legal advice or referrals to appropriate resources.
- Online Legal Resources:
 - State government websites and legal aid organizations may offer online resources, including information about legal rights, forms, and guides for navigating the legal process.
- Mediation Services:
 - State-sponsored mediation services can help individuals resolve disputes without going through a legal process. Mediators can assist in negotiations and finding mutually acceptable solutions.
- Family Court Services:

- For family law matters such as divorce, child custody, and support, some states offer family court services that assist in filling out forms and understanding court processes.
- Elder Law Services:
 - Some states have agencies or organizations offering legal assistance and resources tailored to seniors and their unique legal needs.
- Immigrant and Refugee Services:
 - State agencies and nonprofit organizations may offer legal aid and resources for immigrants and refugees, including assistance with immigration-related matters.
- Domestic Violence Services:
 - Many states provide legal assistance and resources for survivors of domestic violence, including restraining orders and legal advocacy.
- Disability Rights Organizations:
 - Individuals with disabilities can often access legal aid through organizations focused on disability rights and advocacy.
- Consumer Protection Agencies:
 - State consumer protection agencies may provide information and assistance regarding consumer-related legal issues, such as landlord-tenant disputes or debt collection.
- US Equal Employment Opportunity Commission
 - [FAQs](#)

To access these resources, individuals can visit their state's official website, contact local legal aid organizations, or inquire with local bar associations. It's essential to verify the credibility of any organization or resource before seeking assistance.