

“The Discipline Of Self-Control”
1 Corinthians 9: 24-27

07/09/2025

Proverbs 16: 32
Galatians 5: 17
Proverbs 25: 28

I. The Priority Of Self-Control (vs. 25)

Romans 8: 5
Matthew 16: 24, 26
Romans 13: 13-14

II. The Practice Of Self-Control (vs. 27)

1 Corinthians 7: 9	Proverbs 19: 11
2 Peter 1: 5-6	Ephesians 5: 15-16
Proverbs 16: 32	Proverbs 21: 20
Proverbs 13: 3	1 Thessalonians 4: 4

III. The Prize Of Self-Control (vs. 25b)

1. *They're More Satisfied With Their Lives*

John 10: 10
1 Timothy 6: 17

2. *They Enjoy Conquering Themselves*

Romans 12: 21

3. *They Live More Fully In The Moment*

Psalm 118: 24
Matthew 6: 34

4. *They're Better At Setting Boundaries*

Romans 13: 14

5. *They Get Better At It The More They Do It*

1 Timothy 4: 8

IV. The Plan For Self-Control (vs. 24)

1. *Seek The Spirit's Help*

Galatians 5: 16

2. *Erect Mental Guardrails*

1 Peter 1: 13

3. *Avoid Tight Places*

Proverbs 16: 17

4. *Deal With Loose Ends*

Hebrews 12: 2

5. *Eliminate The Regrets*

Romans 7: 19

6. *Begin Today!*

Proverbs 24: 16