

Proposition 3. CURRICULUM

General Provisions

Problem 1. Human Development, Personality Formation is a topic that is extremely important for Human and Society and is in high demand. However, the effectiveness of the practical use of existing techniques leaves much to be desired. The key reason for this is that without a deep understanding of the structure of Human Consciousness and the processes occurring in it at the level of energy systems, the creation of the most effective techniques is in fact impossible.

The task of forming a Perfect Human had previously been solved many times in history, but in completely different conditions: like external ones (religion, law, and traditions), the upbringing took place from childhood and was much attended to; as a rule, for many generations (for example, to join the order, a knight would need from 8 to 16 generations of impeccable reputation). Now the situation is completely different, changes are required, in most cases, for a grown-up person, more effective technologies are required.

Problem 2. Science, including psychology, is developing, while the number of vices and various psycho-emotional problems is growing, and at a very high speed. This indicates the insufficient adequacy and effectiveness of at least some of the existing ideas and technologies, including in psychotherapy. The root causes of this include errors in and insufficient development of:

1. Understanding the nature and structure of Human Consciousness (Soul or Body? If Soul, then how is it structured?).
2. Beliefs and values: which ones provide Benefits, and which ones do Harm.
3. Technologies used.

Features and Benefits of our Approach

1. A detailed description of the structure and mechanisms of work of the Human Consciousness. Two types. A. At the level of logic, for use in classes and trainings close to standard ones. B. At the level of the structure and operation of energy systems, for Spiritual Development. In most cases, with the possibility of testing on Yourself (eliminating pain, enhancing joy, managing Energy and systems, etc.) and experimentally (Proposition 1).

2. A clear division of all existing Programs (Beliefs, Values, etc.) into Positive (these provide Benefits, Good) and Negative (these lead to sad consequences such as pain, weakness, disabilities, etc.), with the possibility of testing it on oneself and experimentally. At the same time, according to type B: with a description of positive or negative changes in energy systems and the body, with a description of the influences of the Subtle World, corresponding laws and mechanisms.

3. The more detailed understanding we have of the structure and mechanisms of work of Human Consciousness and the Subtle World, the more effective the corresponding technologies are. A huge advantage in the work of our specialists is the use of extrasensory abilities for:

- A. Visual diagnosis of problems (negative changes in energy systems and the body, corresponding impacts).
- B. Obtaining information about the root causes of problems and recommendations for eliminating them directly from the Subtle World.

This makes it possible to solve various problems of helping a person significantly faster and more efficiently, including those that are inaccessible to other specialists.

Goals and objectives of the Project

Learning programs. Their goals:

1. *Formation of the Most Perfect Human.*
 - A. Everything that needs to be conveyed to others ought to be implemented in the expert.
 - B. They should better be a personal example for others with maximum attractive power.
 - C. This is beneficial for the expert themselves.
2. Professional training in the full range: bachelor, specialist, master, Ph.D.

Project Goals include professional training of experts in coaching and Transpersonal Psychotherapy/Spiritual Healing according to our training programs (as a basis, a number of other subjects are also required).

Main goals include translation of classes into English, their design, development of documentation, staff training, etc.

Main programmes in Russian. Appendix 10.

Description of programs, accreditation, certification, review. Appendix 11, 14-17.