

TALKING TO CHILDREN ABOUT THE CORONAVIRUS

PDF created by an elementary school counselor for parents

[How to talk to your kids about not going back to school and all the challenges resulting from COVID-19](#)

How to Talk to Your Kids About the Coronavirus

<https://www.pbs.org/parents/thrive/how-to-talk-to-your-kids-about-coronavirus>

Child Mind Institute: Talking to Kids about the Coronavirus

<https://childmind.org/article/talking-to-kids-about-the-coronavirus/>

Generate Handwashing Lyric Infographics!

<https://washyourlyrics.com/>

Supporting Children and Young People with Worries About COVID-19

https://emergingminds.org.uk/wp-content/uploads/2020/03/COVID19_advice-for-parents-and-carers_20.3_.pdf

How to Help Kids Sort Fact From Fiction About the Coronavirus

<https://www.common sense media.org/blog/how-to-help-kids-sort-fact-from-fiction-about-the-coronavirus>

Talking to Your Child About COVID-19: A Parent Resource

https://higherlogicdownload.s3.amazonaws.com/NASN/3870c72d-fff9-4ed7-833f-215de278d256/UploadedImages/PDFs/02292020_NASP_NASN_COVID-19_parent_handout.pdf

How to Wash Your Hands and Other Gentle Lessons From TV Friends

<https://www.common sense media.org/blog/how-to-wash-your-hands-and-other-gentle-lessons-from-tv-friends>

Age-Related Reactions to a Traumatic Event

https://www.nctsn.org/sites/default/files/resources//age_related_reactions_to_traumatic_events.pdf

Helping Children Cope: Tips for Parents and Caregivers

<https://www.schoolcounselor.org/asca/media/asca/Crisis/HelpforCaregivers.pdf>

Parent/Caregiver Guide to Helping Families Cope With the Coronavirus Disease

https://www.nctsn.org/sites/default/files/resources/fact-sheet/outbreak_factsheet_1.pdf

Parenting During COVID-19

<https://www.psychologytoday.com/us/blog/little-house-calls/202003/parenting-during-covid-19>

Resources for Undocumented Immigrants and Their Families During COVID19

https://mydocumentedlife.org/2020/03/30/resources-for-undocumented-immigrants-and-their-families-during-covid-19/?fbclid=IwAR1A27eq-q-RhkQUHkL3QqQJnEnu4Aw7UtWt8LK_g0eYxmlpHjdbH7bktWs

Helping Children Cope With Changes Resulting From COVID-19

https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19?fbclid=IwAR2qPcQ9tTi8fF3Ci81foJsGwstAEjhbPt5LLkUCn77w_2rzqWcel_OdFpM

The Pandemic Toolkit Parents Need: 8 expert tips to help families stay regulated.

<https://www.psychologytoday.com/us/blog/pulling-through/202004/the-pandemic-toolkit-parents-need>

Stuck at Home Survival Guide

<https://weta.org/local/coronavirus/homesurvivalguide>

Living with Worry and Anxiety Amidst Global Uncertainty

[https://www.psychologytools.com/assets/covid-19/guide to living with worry and anxiety amidst global uncertainty en-us.pdf](https://www.psychologytools.com/assets/covid-19/guide%20to%20living%20with%20worry%20and%20anxiety%20amidst%20global%20uncertainty%20en-us.pdf)

Child-Mind Institute: Anxiety and Coping with the Coronavirus

<https://childmind.org/article/anxiety-and-coping-with-coronavirus/>

Helping Children Cope with Disaster <https://www.fema.gov/pdf/library/children.pdf>