

EASY CROCKPOT ROTISSERIE CHICKEN

1 4-6 lb. whole chicken
olive oil cooking spray
seasoned salt
lemon pepper

Clean chicken and remove innards. Spray with olive oil spray (or drizzle with olive oil). Sprinkle with desired seasonings. Spray inside of crockpot with cooking spray. (Do not put any water in the crockpot). Roll some balls of aluminum foil in the bottom of the crockpot. The chicken is going to sit on these. Cook on High for 4-6 hours. (Note: this will not come out the same if cooked on Low.