

OYAA COVID-19 Information and Checklist

Face masks are recommended for spectators and players not actively engaged in the game (on the sidelines).

Team members who test positive should be reported to the coach (including opponent), who should notify the rest of the team that a member has tested positive.

The lookback period is 48 hours from the onset of symptoms or a positive test of the case. If a practice or a game occurred during the 48 hour lookback period, anyone on the court as a player or a coach would be a contact of the case if they have not completed their vaccine or had a booster within the last six months. The case and the contacts would not be able to participate until the end of their isolation or quarantine periods.

Helpful links from the Delaware Public Health District:

[Exposure Flow Chart](#)

[Public Health Restrictions](#)

[Considerations to Determine Contacts](#)

OYAA Coaches' Checklist

Below you will find a list of expectations with suggestions regarding the requirements provided by the State. It is important to note that COVID protocols **MUST** be followed to allow our organization to move forward with our sports season.

- 1) Coaches must ask players and/or parents regarding possible symptoms before EACH practice or game. Coaches and officials are required to self-assess as well. Symptoms could include fever, chills, persistent cough, shortness of breath, extreme fatigue, and/or a loss of smell or taste. It will be up to parents to conduct these assessments before each practice or game, but the information needs to be confirmed by the coach before activities begin. **This must be communicated to all families prior to the first practice.**
- 2) **If anyone is symptomatic, they should be isolated immediately and sent home.**
- 3) Face masks are recommended for spectators and players not actively engaged in the game (on the sidelines).
- 4) Spectator groups should attempt to distance themselves at least 6' from other groups, when possible.
- 5) There should be no congregating before or after practice. This means no shared snacks. Parents will be asked to wait in their car until 10 minutes prior to an event and leave immediately after the event to reduce the potential for contact.
- 6) Players must bring their own water, snack, and equipment (if required). No sharing. Team equipment should be handled only by a coach or designated person, if possible.
- 7) Each player should bring their own hand sanitizer. Sanitizer should be used frequently and should be used every time a player comes off the field.
- 8) ***IF ANYONE REFUSES TO COMPLY WITH THESE REQUIREMENTS, YOU CANNOT MOVE FORWARD WITH A GAME OR PRACTICE UNTIL THE SITUATION HAS BEEN RESOLVED.***
- 9) Be sure to review the links above when necessary as they are updated regularly.

Thank you for all that you do, and for taking on this important role to benefit our kids!