



Central South Regional  
**StrokeNetwork**

**Community Partners Round Table 2023**  
*After the Storm: Neuropsychiatric issues after stroke*  
*& Community Partners Panel Presentations*  
**Friday, March 24, 2023**

**RESOURCE SUMMARY HANDOUT**

Please see below for a list of supporting resources to the Community Partners Round Table 2023 Presentation, for your reference.

**1. Central South Regional Stroke Network Website**

<https://www.csnstroke.ca/>

**2. Stroke Recovery Journey Map**

<https://www.csnstroke.ca/stroke-recovery-journey-map/>

This journey is not always linear in nature. There are resources available for use throughout the journey map that can help guide recovery and individuals can enter the journey at any point.

**3. Central-South Aphasia Programs**

a. Waterloo Wellington Regional Aphasia Program

[Waterloo Wellington Regional Aphasia Program - St. Joseph's Health Centre Guelph \(sjhcg.ca\)](http://WaterlooWellingtonRegionalAphasiaProgram-StJosephsHealthCentreGuelph.sjhcg.ca)

b. S.A.M. Aphasia Program

[SAM Aphasia Program - Good Shepherd Centres](http://SAMAphasiaProgram-GoodShepherdCentres)

c. A.R.T.C.

[Aphasia Program — ARTC](http://AphasiaProgram-ARTC)

d. Halton-Peel Community Aphasia Program

[Halton-Peel Community Aphasia Programs - Home \(h-pcap.com\)](http://HaltonPeelCommunityAphasiaPrograms-Home(h-pcap.com))

e. Niagara Aphasia Program

[HNHB Aphasia Programs Flyer \(hnhbhealthline.ca\)](http://HNHBaphasiaProgramsFlyer(hnhbhealthline.ca))

#### 4. YMCA

##### **YMCA of Three Rivers**

VIRTUAL: Katelyn Corke [katelyn.corke@ytr.ymca.ca](mailto:katelyn.corke@ytr.ymca.ca) 519-743-5201 x 2111

KITCHENER: Marsha Phillips [Marsha.phillips@ytr.ymca.ca](mailto:Marsha.phillips@ytr.ymca.ca) 519-743-5201 x 2113

GUELPH: Jonathan Campbell [Jonathan.Campbell@ytr.ymca.ca](mailto:Jonathan.Campbell@ytr.ymca.ca) 519-824-5150 x 234

CAMBRIDGE: Jeremy Tiller [Jeremy.tiller@ytr.ymca.ca](mailto:Jeremy.tiller@ytr.ymca.ca) 519-623-9622 x 2219

##### **YMCA of Hamilton/Burlington/Brantford**

Les Chater YMCA: 905-667-1515

#### 5. March of Dimes: After Stroke Program/Peer Support

1-888-540-6666

[www.afterstroke.ca](http://www.afterstroke.ca)

[afterstroke@marchofdimes.ca](mailto:afterstroke@marchofdimes.ca)

#### 6. WWHealthLine

<https://www.wwhealthline.ca/>

#### 7. Care Dove

<https://www.caredove.com/wwrehab>

#### 8. Canadian Mental Health Association

<https://cmha.ca/who-we-are/contact-us/>

#### 9. TeleHealth | 1-866-797-0000

#### 10. Get Help | Talk Suicide Canada Helpline Call | 1-833-456-4566 or Text 45645

- a. Should you be experiencing emotional distress please contact 911 or call Get Help | Talk Suicide Canada Helpline
- b. Should this be an emergency please contact your local health authority and/or call 911 for immediate assistance