Community Partners Round Table 2023

After the Storm: Neuropsychiatric issues after stroke
& Community Partners Panel Presentations
Friday, March 24, 2023

RESOURCE SUMMARY HANDOUT

Please see below for a list of supporting resources to the Community Partners Round Table 2023 Presentation, for your reference.

1. **Central South Regional Stroke Network Website**
   https://www.csnstroke.ca/

2. **Stroke Recovery Journey Map**
   https://www.csnstroke.ca/stroke-recovery-journey-map/
   This journey is not always linear in nature. There are resources available for use throughout the journey map that can help guide recovery and individuals can enter the journey at any point.

3. **Central-South Aphasia Programs**
   a. Waterloo Wellington Regional Aphasia Program
      Waterloo Wellington Regional Aphasia Program - St. Joseph's Health Centre Guelph (sjhcg.ca)
   b. S.A.M. Aphasia Program
      SAM Aphasia Program - Good Shepherd Centres
   c. A.R.T.C.
      Aphasia Program — ARTC
   d. Halton-Peel Community Aphasia Program
      Halton-Peel Community Aphasia Programs - Home (h-pcap.com)
   e. Niagara Aphasia Program
      HNHB Aphasia Programs Flyer (hnhbhealthline.ca)

4. **YMCA**

   YMCA of Three Rivers

   VIRTUAL: Katelyn Corke katelyn.corke@ytr.ymca.ca 519-743-5201 x 2111

   KITCHENER: Marsha Phillips Marsha.phillips@ytr.ymca.ca 519-743-5201 x 2113

   GUELPH: Jonathan Campbell Jonathan.Campbell@ytr.ymca.ca 519-824-5150 x 234

   CAMBRIDGE: Jeremy Tiller Jeremy.tiller@ytr.ymca.ca 519-623-9622 x 2219

   YMCA of Hamilton/Burlington/Brantford

   Les Chater YMCA: 905-667-1515

5. **March of Dimes: After Stroke Program/Peer Support**

   1-888-540-6666

   www.afterstroke.ca

   afterstroke@marchofdimes.ca

6. **WWHealthLine**

   https://www.wwhealthline.ca/

7. **Care Dove**

   https://www.caredove.com/wwrehab

8. **Canadian Mental Health Association**

   https://cmha.ca/who-we-are/contact-us/

9. **TeleHealth** | 1-866-797-0000

10. **Get Help | Talk Suicide Canada Helpline Call** | 1-833-456-4566 or Text 45645
    a. Should you be experiencing emotional distress please contact 911 or call Get Help | Talk Suicide Canada Helpline
    b. Should this be an emergency please contact your local health authority and/or call 911 for immediate assistance