Parenting the Love and Logic Way™

We are excited to share an opportunity to take the Parenting the Love and Logic Way class! Parenting is such a challenging and important job and it is helpful to have tools to use when children surprise us, which they inevitably do and will continue to do. I clearly remember the first moment when my sweet, young child said, "no" when I made a simple request of her and my anxiety rising as I had no idea how to respond as a parent. If you have ever had a similar experience where you struggled with having a strategy or ideas of how to respond to your children's behavior (regardless of your child's age), this program is for you!

By attending this 6-week parenting program, you will learn practical skills that will help you feel more relaxed, hopeful and positive about your children. As you learn more, you'll discover that parenting really can be enjoyable…and that you can teach personal responsibility and respect without losing your children's love.

Parents will learn how to:

- Avoid un-winnable power-struggles and arguments
- Stay calm when their kids do incredibly upsetting things
- Set enforceable limits
- Avoid enabling and begin empowering
- Help their kids learn from mistakes rather than repeating them
- And much more!

WHO: This class is for parents or anyone who interacts with children of any age

WHEN: 5:15-7:00 on Wednesdays evenings starting January 21st through February 25th

WHERE: Emmaus Church, S200 Sabin Ave. in Spring Valley (old elementary school building)

CHILDCARE: If there is enough interest, childcare will be available for an additional fee during class time and kids will be able to play in the nursery and/or gym area. Facilitator will contact participants via e-mail after Jan. 10th to let them know childcare availability.

COST: This class is available for $50/person or $75/couple; scholarships are available to those with financial constraints
*An optional recommended parenting workbook is available for $10 each (please indicate if you would like to purchase one when registering)

HOW TO REGISTER: To register on-line via a google form go to: **See Backside**
Register on-line via a google form go to: https://forms.gle/WGprdXPCB2Cn1CVX7
-to register by e-mail fill out the below form and send to Eric Johnson johnsone@springvalley.k12.wi.us
-to register by mail, print off below form and turn into Spring Valley Schools, Attn: Eric Johnson S 1450 County Rd. CC, Spring Valley, WI 54767, or drop it off in either the HS or Elem office.
Registration is due by **Friday, January 9th.**

Parenting the Love and Logic Way™curriculum was developed by Jim Fay and Charles Fay, Ph.D., with special thanks to Foster W. Cline, M.D, of the Love and Logic Institute, Inc., in Golden, Colorado. Mindy Connors is an independent facilitator of *Love and Logic*® and is not an employee of the Love and Logic Institute.

Any questions on Parenting the Love and Logic Way:
Please contact Mindy Connors, Facilitator
715-688-9182 or mindylou20@gmail.com

Any questions on registration:
Please contact Eric Johnson, Community Education Coordinator
715-778-3185 or johnsone@springvalley.k12.wi.us

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Registration Form
Parenting the Love and Logic Way

Parent Name(s): _____

Children's Names & Ages: _____

Phone Number: _____ Cell Number: _____

Email Address: _____

Are you planning to utilize childcare? Yes No

Which children will use the available childcare? _____

Would you like to order a parenting workbook to keep? Yes No (Additional $10 at class)

Class Fee is $50/individual or $75/couple plus $10 optional workbook cost–check or cash accepted. Checks can be made out to **Spring Valley Schools** and submitted on the first day of class. If applicable, childcare costs will be collected during the last several classes. Please let Eric know at registration if cost is a concern as registration scholarships are available.