

5th Grade Health and Physical Education

OVERVIEW STATEMENT

Traditional sports involving teams are taught throughout the year. The health curriculum continues to expand student knowledge of specific drugs with an emphasis on attitudes and the influences on early adolescent behaviors.

Skills and Sports

Students continue to learn the traditional sports of soccer, flag football, hockey, basketball, gymnastics, volleyball, track and field, and tennis. Students practice new skills in the form of drills, rather than playing the game the entire period. Rules are learned and the concept of strategy is introduced.