

Curriculum Vitae

TORI L. CRAIN

Education

Ph.D.	2015	Psychology, Portland State University
M.A.	2012	Psychology Portland State University
B.A.	2009	Psychology, Whitworth University

Employment

Associate Professor, Applied Psychology, Portland State University, 2024 – present
Assistant Professor, Applied Psychology, Portland State University, 2020 – 2024
Assistant Professor, Psychology, Colorado State University, 2015 – 2020
Adjunct Assistant Professor, Department of Environmental and Occupational Health, Colorado School of Public Health, 2019 – 2020
Research Associate, Oregon Healthy Workforce Center, Portland State University and Oregon Health and Science University, 2014 – 2015

Dissertation

Investigating relationships among work, family, and sleep: Cross-sectional, daily, and intervention effects, 2015, Leslie B. Hammer, Chair

Refereed Publications or Other Creative Achievements

*Denotes graduate student advisee.

**Denotes undergraduate student advisee.

1. Articles Published

(39) Brossoit, R. M., Castro, D. M., **Crain, T. L.**, Hammer, L. B., & Bodner, T. E. (in press). Losing sleep over money: The impact of economic stressors on stress before bed behaviors and worker sleep. *Journal of Business and Psychology*. <https://doi.org/10.1007/s10869-025-10075-y>

(38) Leslie*, J. J., **Crain, T. L.**, Brossoit, R. M., Hammer, L. B., Bodner, T. E., & Mohr, C. D. (2025). Sleeping to support? The interactive effects of leader sleep quantity and quality on leader- and employee-reported support behaviors. *Occupational Health Science*, 9(4), 871-897. <https://doi.org/10.1007/s41542-025-00242-1>

(37) Mohr, C. D., O'Neill, A. S., Brady, J. M., Bodner, T. E., **Crain, T. L.**, & Hammer, L. B. (2025). Strengthening connections: A randomized controlled trial examining the

impact of a supervisor support intervention on loneliness and military couple relationships. *Journal of Social and Personal Relationships*.
<https://doi.org/10.1177/02654075251349701>

(36) Brossoit, R. M., Hammer, L. B., Bodner, T. E., Mohr, C. D., Allen, S. J., **Crain, T. L.**, Brockwood, K. J., & Adler, A. B. (2024). Transfer of a leadership training intervention prior to COVID-19 on leadership support during the pandemic. *Journal of Managerial Psychology*, 39, 930-946. <https://doi.org/10.1108/JMP-10-2023-0582>

(35) Chen, A. J., Conroy, S. A., & **Crain, T. L.** (2024). Identifying forms of after-hours information communication technology use and their role in psychological detachment: An episodic approach. *Human Resource Management*, 63, 919-937.
<https://doi.org/10.1002/hrm.22240>

(34) Brossoit, R. M., **Crain, T. L.**, Leslie, J. J., Fisher, G. G., & Eakman, A. M. (2024). Engaging with nature and work: Associations among the built and natural environment, experiences outside, and job engagement and creativity. *Frontiers in Psychology*, 14, 1268962. <https://doi.org/10.3389/fpsyg.2023.1268962>

(33) Brossoit, R. M., Stark, H. P., **Crain, T. L.**, Bodner, T. E., Hammer, L. B., Mohr, C. D. & Shea, S. A. (2023). Multidimensionality of the PROMIS sleep disturbance 8b short form in working adult populations. *Sleep Health*, 9(6), 925–932.
<https://doi.org/10.1016/j.sleh.2023.08.001>

(32) Ellis, A. M., Bauer, T. N., & **Crain, T. L.** (2023). Newcomer work-family experiences and withdrawal: Work-family self-efficacy and the buffering role of family supportive supervisors. *Journal of Vocational Behavior*, 144, 103895.
<https://doi.org/10.106/j.jvb.2023.103895>

(31) Brossoit, R. M., Hammer, L. B., **Crain, T. L.**, Leslie, J. J., Bodner, T. E., & Brockwood, K. J. (2023). The effects of a Total Worker Health® intervention on workplace safety: Mediating effects of sleep and supervisor support for sleep. *Journal of Occupational Health Psychology*, 28(4), 263–276. <https://doi.org/10.1037/ocp0000357>

(30) Brossoit*, R. M., **Crain, T. L.**, Stevens, S. C., Wong*, J. R., & Guasta, L. (2023). Alert at work? Perceptions of alertness testing and recommendations for practitioners. *Occupational Health Science*, 7, 379-396.
<https://doi.org/10.1007/s41542-022-00139-3>

(29) Wong*, J. R., **Crain, T. L.**, Brossoit*, R. M., Hammer, L. B., Bodner, T. E., & Brady, J. M. (2022). Beyond just resilience: The important role of work-family resources for soldiers. *Occupational Health Science*, 6, 425–450. <https://doi.org/10.1007/s41542-022-00111-1>

- (28) Ellis, A. M., **Crain, T. L.**, & Stevens*, S. C. (2022). Is it my job? Leaders' family-supportive role perceptions. *Journal of Managerial Psychology*, 2, 125-138. <https://doi.org/10.1108/JMP-09-2020-0493>
- (27) Lucas-Thompson, R. G., Moran, M., & **Crain, T. L.** (2022). Testing bidirectional within-person associations between dispositional mindfulness and sleep in adolescence. *Personality and Individual Differences*, 186, 111365. <https://doi.org/10.1016/j.paid.2021.111365>
- (26) Lucas-Thompson, R. G., Seiter, N. S., Miller, R. L., Rigsby, B., & **Crain, T. L.** (2022). Inadequate sleep moderates effects of interparental conflict appraisals on adolescent adjustment. *Sleep Health*, 8, 82-88. <https://doi.org/10.1016/j.sleh.2021.10.012>
- (25) Lucas-Thompson, R. G., Miller, R. L., Seiter, N. S., Prince, M. A., **Crain, T. L.**, & Shomaker, L. B. (2022). Within-person variations in mindfulness mediate effects of daily stressors on psychological distress in adolescence. *Psychology and Health*, 37, 1057-1075. <https://doi.org/10.1080/08870446.2021.1929982>
- (24) Robles-Saenz**, F., Brossoit*, R. M., **Crain, T. L.**, Hammer, L. B., Wong*, J. R. (2021). Understanding the role of family-specific resources for immigrant workers. *Occupational Health Science*, 5, 541-562. <https://doi.org/10.1007/s41542-021-00099-0>
- (23) Hammer, L. B., Brady, J. M., Brossoit*, R. M., Mohr, C. M., Bodner, T. E., **Crain, T. L.**, & Brockwood, K. J. (2021). Effects of a Total Worker Health leadership intervention on employee well-being and functional impairment. *Journal of Occupational Health Psychology*, 26, 582-598. <https://doi.org/10.1037/ocp0000312>
- (22) Lucas-Thompson, R., **Crain, T. L.**, & Brossoit*, R. M. (2021). Measuring sleep duration in adolescence: Comparing subjective and objective daily methods. *Sleep Health*, 7, 79-82. <https://doi.org/10.1016/j.sleh.2020.06.005>
- (21) Brossoit*, R. M., **Crain, T. L.**, Hammer, L. B., Lee, S., Bodner, T. E., & Buxton, O. M. (2020). Associations among patient care workers' schedule control, sleep, job satisfaction, and turnover intentions. *Stress & Health*, 36, 442-456. <https://doi.org/10.1002/smi.2941>
- (20) **Crain, T. L.**, Brossoit*, R. M., Roblez-Saenz**, F., & Tran, M. (2020). Fighting fatigue: A conceptual model of driver sleep in the gig economy. *Sleep Health*, 6, 358-365. <https://doi.org/10.1016/j.sleh.2020.02.004>
- (19) Sianoja, M., **Crain, T. L.**, Hammer, L. B., Bodner, T., Brockwood, K. J., LoPresti, M., & Shea, S. A. (2020). The relationship between leadership support and employee sleep. *Journal of Occupational Health Psychology*, 25, 187-202. <https://doi.org/10.1037/ocp0000173>

(18) **Crain, T. L.**, Hammer, L. B., Bodner, T., Olson, R., Kossek, E. E., Moen, P., & Buxton, O. M. (2019). Sustaining sleep: Results from the randomized controlled Work, Family, and Health Study. *Journal of Occupational Health Psychology*, 24, 180-197. <https://doi.org/10.1037/ocp0000122>

(17) Brossoit*, R. M., **Crain, T. L.**, Leslie**, J. J., Hammer, L. B., Truxillo, D. M., & Bodner, T. E. (2019). The effects of sleep on workplace cognitive failure and safety. *Journal of Occupational Health Psychology*, 24, 411-422. <https://doi.org/10.1037/ocp0000139>

- **Honorable Mention for Best Paper in the *Journal of Occupational Health Psychology*.**

(16) DePasquale, N., **Crain, T. L.**, Buxton, O. M., Zarit, S. H., & Almeida, D. M. (2019). Tonight's sleep predicts tomorrow's fatigue: A daily diary study of long-term care employees with nonwork caregiving roles. *The Gerontologist*, 59, 1065-1077. <https://doi.org/10.1093/geront/gny17>

(15) Davies**, R. L., Prince, M. A., Bravo, A. J., Kelley, M. K., & **Crain, T. L.** (2019). Moral injury, substance use, and PTSD symptoms among military personnel: An examination of trait mindfulness as a moderator. *Journal of Traumatic Stress*, 32, 414-423. <https://doi.org/10.1002/jts.22403>

(14) **Crain, T. L.**, Brossoit*, R. M., & Fisher, G. G. (2018). Work, nonwork, and sleep (WNS): A review and conceptual framework. *Journal of Business and Psychology*, 33, 675-697. <https://doi.org/10.1007/s10869-017-9521-x>

(13) **Crain, T. L.**, & Stevens*, S. C. (2018). Family-supportive supervisor behaviors (FSSB): A review and recommendations for future research and practice. *Journal of Organizational Behavior*, 39, 869-888. <https://doi.org/10.1002/job.2320>

(12) Ganster, D. C., **Crain, T. L.**, & Brossoit*, R. M. (2018). Physiological measurement in the organizational sciences: A review and recommendations for future use. *Annual Review of Organizational Psychology and Organizational Behavior*, 5, 267-293. <https://doi.org/10.1146/annurev-orgpsych-032117-104613>

(11) Sin, N. L., Almeida, D. M., **Crain, T. L.**, Kossek, E. E., Berkman, L. F., & Buxton, O. M. (2017). Bidirectional, temporal associations of sleep with positive events, affect, and stressors in daily life across a week. *Annals of Behavioral Medicine*, 51, 402-415. <https://doi.org/10.1007/s12160-016-9864-y>

(10) Lee, S., **Crain, T. L.**, McHale, S. M., Almeida, D. M., & Buxton, O. M. (2017). Daily antecedents and consequences of nightly sleep. *Journal of Sleep Research*, 26, 498-509. <https://doi.org/10.1111/jsr.12488>

(9) **Crain, T. L.**, Schonert-Reichl, K. A., & Roeser, R. W. (2017). Cultivating teacher mindfulness: Effects of a randomized controlled trial on work, home, and sleep outcomes.

Journal of Occupational Health Psychology, 22, 138-152.
<https://doi.org/10.1037/ocp0000043>

(8) Odle-Dusseau, H. N., Hammer, L. B., **Crain, T. L.**, & Bodner, T. E. (2016). The influence of family-supportive supervisor training on employee job performance and attitudes: An organizational work-family intervention. *Journal of Occupational Health Psychology*, 21, 296-308. <https://doi.org/10.1037/a0039961>

- **Recognized by the Society for Industrial & Organizational Psychology as One of the Top 10 Most Important Industrial-Organizational Psychology Articles with Practical Significance to Organizations.**
- **Honorable Mention for Best Paper in the *Journal of Occupational Health Psychology*.**

(7) Hammer, L. B., Johnson, R. C., **Crain, T. L.**, Bodner, T., Kossek, E. E., Davis, K. D., . . . Berkman, L. (2016). Intervention effects on safety compliance and citizenship behaviors: Evidence from the Work, Family, and Health Study. *Journal of Applied Psychology*, 101, 190-208. <https://doi.org/10.1037/apl0000047>

(6) Olson, R., **Crain, T. L.**, Bodner, T. E., King, R., Hammer, L. B., Klein, L. C., ... Buxton, O. M. (2015). A workplace intervention improves sleep: Results from the randomized controlled Work, Family, and Health Study. *Sleep Health*, 1, 55-65. <https://doi.org/10.1016/j.sleh.2014.11.003>

(5) Ellis, A. M., Mansfield, L., & **Crain, T. L.** (2015). The path less traveled: Starting a career in your specialty area. *The Industrial Organizational Psychologist*, 52, 51-58.

(4) **Crain, T. L.**, Hammer, L. B., Bodner, T., Kossek, E. E., Moen, P., Lilienthal, R., & Buxton, O. M. (2014). Work-family conflict, family-supportive supervisor behaviors (FSSB), and sleep outcomes. *Journal of Occupational Health Psychology*, 19, 155-167. The path less traveled: Starting a career in your specialty area. <https://doi.org/10.1037/a0036010>

(3) Caughlin, D. E., **Crain, T. L.**, & Sherwood, J. A. (2014). Gaining visibility for your program: Working in local and broader communities. *The Industrial Organizational Psychologist*, 52, 68-73.

(2) Hammer, L. B., Kossek, E. E., Bodner, T., & **Crain, T. L.** (2013). Measurement development and validation of the family supportive supervisor behavior short-form (FSSB-SF). *Journal of Occupational Health Psychology*, 18, 285-296. <https://doi.org/10.1037/a0032612>

(1) Rineer, J., Demsky, C. A., & **Crain, T. L.** (2013). An introduction to Portland State University: "Let Knowledge Serve the City." *The Industrial Organizational Psychologist*, 51, 85-91.

Non-Refereed Publications or Other Creative Achievements

1. Books

Crain, T. L. (In Progress). *The well-slept workforce*. Oxford University Press.

2. Chapters

Hammer, L. B., & **Crain, T. L.** (2024). The work-nonwork interface: Policy & practice. In L. E. Tetrick, J. C. Quick, G. G. Fisher, & M. T. Ford (Eds.), *Handbook of occupational health psychology* (3rd ed.). American Psychological Association.

Jackson, C. L., Lee, S., **Crain, T. L.**, & Buxton, O. M. (2020). Bidirectional relationships between work and sleep (pp. 351-372). In D. T. Duncan and I. Kawachi (Eds.), *Social epidemiology of sleep*. New York: Oxford University Press USA.

Fritz, C. & **Crain, T. L.** (2016). Recovery from work and employee sleep: Understanding the role of experiences and activities outside of work. In C. M. Barnes, D. T. Wagner, & J. Barling (Eds.), *Sleep and work* (pp. 55-76). Oxford, UK: Oxford University Press.

Crain, T. L., & Hammer, L. B. (2013). Work-family enrichment: A systematic review of antecedents, outcomes, and mechanisms. In A. B. Bakker (Ed.), *Advances in positive organizational psychology* (pp. 303-328). Bingley, UK: Emerald.

Zimmerman, K., Hammer, L. B., & **Crain, T. L.** (2012). The relationship between family-supportive culture, work-family conflict, and emotional exhaustion: A multilevel study. In A. M. Rossi, P. L. Perrewe, & J. A. Meurs. (Eds.), *Coping and prevention* (Vol. 3, pp. 111-128). Charlotte, NC: Information Age Publishing.

2. White Papers

Crain, T. L., & Barber, L. K. (2018). Sick, unsafe, and unproductive: Poor employee sleep is bad for business. *Society for Industrial & Organizational Psychology White Paper Series*.

Refereed Presentations at Professional Meetings

*Denotes graduate student.

**Denotes undergraduate student.

Mohr, C. D., O'Neill, A. S., Brady, J. M., Bodner, T. E., **Crain, T. L.**, Hammer, L. B. (2025, July 8-11). *Strengthening Connections: A Randomized Controlled Trial Examining the Impact of a Workplace Intervention on Loneliness and Military Couple Relationships* [Paper Presentation]. Work, Stress, and Health Conference, Seattle, WA, United States.

Yang*, L. & **Crain, T. L.** (2025, April). Unseen and Unheard: AAPI Worker Health, Safety, and the Gaps in Occupational Research. In Yang, L. (Co-Chair), Yang, Z. (Co-Chair), &

Shen, W. (Discussant). *Beyond the model minority: Challenges and barriers impacting Asian workers' outcomes* [Symposium]. Society for Industrial and Organizational Psychology Annual Conference, Denver, CO, United States.

Leslie*, J. J., **Crain, T. L.**, Brossoit, R. M., Hammer, L. B., Mohr, C. D., & Bodner, T. E. (2024, April). *Sleeping to support? The interactive effects of leader sleep duration and quality on support behaviors*. Presented as part of a symposium at the Society for Industrial and Organizational Psychology (SIOP) Annual Conference, in Chicago, IL, United States.

Ellis, A. M., Dahm, P., Leslie, J. J., & **Crain, T. L.** (2023, March). *Happy to help, if...": A Qualitative Study of How Leaders' Reason about Providing Work-Nonwork Support*. Paper presented at the Western Academy of Management Conference, Long Beach, CA, United States.

Crain, T. L. (2023, August). Panelist in *Understanding the antecedents and influences of family supportive supervisor behaviors in the Workplace*. W. Guo and J. Hancock [Chairs]. Panel discussion presented at the Academy of Management Annual Conference, Boston, MA United States.

Crain, T. L. (2023, August). Panelist in *Human sustainability: Tying together related streams of research and mapping a path forward*. C. Barnes and D. Wagner [Chairs]. Professional development workshop presented at the Academy of Management Annual Conference, Boston, MA United States.

Leslie*, J. J., & **Crain, T. L.** (2023, November). *What about the Leader?: A review integrating leader-centric research and work-life supportive leadership*. To be presented at the biannual meeting of the Work, Stress, and Health conference in Miami, Florida.

Crain, T. L. (2023, April). *Integrating family, life, and work*. In M. Stocks and N. Voss [Chairs]. SIOP Top 10 Trends IGNITE Session. Society for Industrial and Organizational Psychology Annual Conference, Boston, MA United States.

Saucedo*, J., Ready, E. R., Martinez, L. R., Smith, N. A., **Crain, T. L.** (2023, April). *When "Liberal and Progressive" Fosters "Biased and Oppressive"*. [Poster]. Poster presented at the 38th Annual Conference of the Society for Industrial and Organizational Psychology, Boston, MA, United States.

Schemmel*, E., **Crain, T. L.**, Bodner, T., Mohr, C., & Hammer, L. B. (2023, April). *Is it all relative? An examination of relational demography and perceptions of FSSB* [Poster]. Society for Industrial and Organizational Psychology Annual Conference, Boston, MA United States.

Schemmel*, E. A., **Crain, T. L.**, & Lucas-Thompson, R. G. (2022, June). *Daily work, nonwork, and stress experiences of students*. Poster presented at the bi-annual Work-Family Researchers Network, New York, New York.

Leslie*, J. J., **Crain, T. L.**, Hammer, L. B., & Mohr, C. D. (2022, June). *Sleeping to support: An examination of the relationship between leader sleep and positive support behaviors*. Poster presented at the biannual meeting of the Work and Family Researchers Network, New York, New York.

Brady J. M., Hammer, L. B., Allen, S. A., **Crain, T. L.**, Brossoit, R. M., & Bodner, T. E. (2022, April). *Promoting leader sleep health*. In C. Burnett and K. A. Fletcher [Chairs]. Leadership and health outcomes: Explorations of the far-reaching impact of leadership. Presented at the 37th Annual Society for Industrial and Organizational Psychology Annual Conference, Seattle, WA, United States.

Saucedo*, J., Prasad, J. J., & **Crain, T. L.** (2022). *Understanding work and sleep through a machine learning approach*. Paper to be presented at the meeting of the Society for Industrial and Organizational Psychology, Seattle, WA.

Brossoit*, R. M., Hammer, L. B., Bodner, T. E., **Crain, T. L.**, & Brockwood, K. J. (November, 2021). *The Effects of a Total Worker Health® Intervention on Workplace Safety: Mediating Effects of Sleep and Supervisor Support for Sleep*. Poster presented at the bi-annual Work, Stress and Health Conference.

Hammer, L. B., Brossoit*, R. M., Bodner, T. E., Mohr, C. D., **Crain, T. L.**, Brady, J. M., Brockwood, K. J., & Adler, A. B. (August, 2021). *The effects of pre-COVID sleep leadership training on COVID leadership: Results from the Military Employee Sleep and Health Study*. Presentation at the annual meeting of the Military Health System Research Symposium, Kissimmee, FL.

Tuthill*, S. D., **Crain, T.**, Prince, M. A., & Stimulant Norms and Prevalence (SNAP) Study Team. (2021, November). *Perceived discrimination, mindfulness, and sleep outcomes*. Poster presented at the Association for Behavioral and Cognitive Therapies (ABCT), New Orleans, LA.

Crain, T. L., Hammer, L. B., Brossoit*, R. M., Brockwood, K. J., Mohr, C. D., Bodner, T. E., Allen*, S. A., Dretsch, M., & Shea, S. A. (2021, April). *Optimizing sleep: The military employee sleep and health randomized control trial*. Presented virtually at the Annual Conference of the Society for Industrial and Organizational Psychology (SIOP), New Orleans, LA.

Crain, T. L., Brossoit*, R. M., Stevens*, S. C., & Leslie*, J. J., (2021, April). Understanding when objective measures of sleep are not so objective. Presented virtually at the Annual Conference of the Society for Industrial and Organizational Psychology (SIOP), New Orleans, LA.

Lucas-Thompson, R. G., **Crain, T. L.**, & Moran, M. (2020, November). Within-person associations between mindfulness and sleep in adolescence. Paper presented at the 2020 Mind and Life Conference, held virtually.

Lucas-Thompson, R. G., Miller, R., Seiter, N., **Crain, T.**, & Shomaker, L. (2020, March) Day-to-day variations in mindfulness mediate effects of stressful experiences on perceived stress. Paper accepted for presentation [conference cancelled] at the 2020 Society for Research on Adolescence Biennial Meeting, San Diego, CA.

Kaldahl*, K. N., **Crain, T. L.**, Hammer, L. B., Knode**, J. L., & Romero**, M. R. (2020, April). *Are construction workers in pain at high-risk for poor sleep due to work conditions?* Poster to be presented at the meeting of the Society for Industrial and Organizational Psychology, Austin, TX.

Robles-Saenz**, F., Brossoit*, R. M., Crain, T. L., Hammer, L. B., & Wong*, J. R. (2020, April). *Understanding the role of family-specific resources for immigrant workers.* Poster presented at the Society for Industrial Organizational Psychology Annual Conference, Austin, TX.

Brossoit*, R. M., **Crain, T. L.**, Stevens, S. C., Wong, J. R., Guasta, L., & Lauriski, D. R. (2019, November). *Alertness testing's effects on workplace health and safety: A pilot study.* Symposium on Applied Health and Safety Research Projects, Challenges, and Recommendations presented at the Work, Stress and Health Conference, Philadelphia, PA.

Stevens*, S. C., **Crain, T. L.**, Ellis, A. M., & Ganster**, M. (2019, April). *Part of my job or none of my business? A look at leaders' FSSB role perceptions.* Symposium presentation at the annual meeting of the Society for Industrial and Organizational Psychology, National Harbor, MD.

Wong*, J. R., **Crain, T. L.**, Brossoit, R. M., Hammer, L. B., Bodner, T. E., & Brady, J. M. (2019, April). *Beyond just resilience: The important role of work-family resources for soldiers.* Poster presentation at the annual meeting of the Society for Industrial and Organizational Psychology, National Harbor, MD.

Crain, T. L., Ellis, A. M., Brossoit*, R. M., Stevens*, S. C., & Wong*, J. R. (2019, April). *Show and tell: Integrating impression management with the work-nonwork interface.* Poster presentation at the annual meeting of the Society for Industrial and Organizational Psychology, National Harbor, MD.

Davies**, R. L., Prince, M. A., Bravo, A. J., Kelley, M. L., & **Crain, T. L.** (2018, August). Trauma and substance use among military personnel: Examination of trait mindfulness as a moderator. In T. M., Frohe (chair). *Associations among mindfulness, psychological symptoms, and addictive behaviors.* Symposium conducted at the convention of the American Psychological Association, San Francisco, CA.

Brossoit*, R. M., Hammer, L. B., Brockwood, K., & **Crain, T. L.** (2018, June). The Oregon Military Employee Sleep and Health (MESH) study: A Total Worker Health intervention. In **T. L., Crain** (Chair), *Conducting work-family interventions: An examination of challenges and recommendations.* Symposium conducted at the bi-annual meeting of the Work and Family Researchers Network, Washington, DC.

Shore, D. B., & **Crain, T. L.** (Co-Chairs and Panelist) (2018, April). *I-Outreach: Building I-O bridges to those outside of our own universities*. Panel session presented at the annual meeting of the Society for Industrial and Organizational Psychology, Chicago, IL.

Crain, T. L., & Rineer, J. (Co-Chairs) (2018, April). *Fostering science - practitioner collaboration: Employee well-being*. Community of interest session presented at the annual meeting of the Society for Industrial and Organizational Psychology, Chicago, IL.

Demsky, C. A., **Crain, T. L.**, Ellis, A. M., & Rineer, J. (Co-Chairs) (2018, April). *Advancing the women of I/O - from obstacles to tangible solutions*. Executive board special session presented at the annual meeting of the Society for Industrial and Organizational Psychology, Chicago, IL.

Brossoit*, R. M., **Crain, T. L.**, Hammer, L. B., Lee, S., Perry, M., Bodner, T. E., & Buxton, O. M. (2018, April). *Job resources and job satisfaction: Mediating effects of sleep*. Poster to be presented at the annual meeting of the Society for Industrial and Organizational Psychology, Chicago, IL.

Leslie**, J. J., Stevens*, S. C., Brossoit*, R. M., Hammer, L. B., **Crain, T. L.**, Bodner, T. E., & Truxillo, D. R. (2018, April). *The effects of sleep on workplace cognitive failure and safety compliance*. Poster presented at the annual meeting of the Society for Industrial and Organizational Psychology, Chicago, IL.

Stevens*, S. C., Brossoit*, R. M., Hammer, L. B., **Crain, T. L.**, Bodner, T. E., & Truxillo, D. M. (2018, April). *Family-supportive supervisors and team cohesion: The moderating role of justice*. Poster to be presented at the annual meeting of the Society for Industrial and Organizational Psychology, Chicago, IL.

Sultan, M., Brossoit*, R. M., Johnson, R. C., & **Crain, T. L.** (2017, June). *Does order matter? An examination of order effects in work-family survey research*. Paper presented at the bi-annual Work, Stress and Health Conference, Minneapolis, MN.

Crain, T. L., Truxillo, D., Hammer, L. B., & Bodner, T. (2017, April). *Job characteristics and BMI: Mediating effects of health and well-being*. Paper presented at the annual meeting of the Society for Industrial and Organizational Psychology, Orlando, FL.

Crain, T. L. & *Brossoit, R. M. (2017, April). *Actigraphy: Measuring sleep in field settings*. Panel presentation conducted at the annual meeting of the Society for Industrial-Organizational Psychology, Orlando, FL.

Crain, T. L., Hammer, L. B., Johnson, R. C., Bodner, T., Lee, S., Almeida, D. M., Perry, M. L., & Buxton, O. M. (2016, July). *Daily work-family experiences and sleep: Moderating effects of contextual structural resources*. Paper presented at the bi-annual meeting of the International Congress of Psychology, Yokohama, Japan.

Lee, S., **Crain, T. L.**, McHale, S. M., Berkman, L., Almeida, D. M., & Buxton, O. M. (2016, June). *Daily stressors and temporal resources: Antecedents and consequences of nightly sleep*. Paper presented at the annual meeting of the Associated Professional Sleep Societies, Denver, CO.

Crain, T. L., Hammer, L. B., Bodner, T., Olson, R., Kossek, E. E., Moen, P., & Buxton, O. M. (2016, April). *Organizational intervention effects on employee sleep: A multilevel examination from the Work, Family, and Health Study*. Paper presented at the annual meeting of the Society for Industrial and Organizational Psychology, Anaheim, CA.

Crain, T. L., Hammer, L. B., Kossek, E. E., & Johnson, R. C. (2016, April). *Work-family interventions: Lessons from the Work, Family, & Health Study*. Paper presented at the annual meeting of the Society for Industrial and Organizational Psychology, Anaheim, CA.

Perry, M. L., Hammer, L. B., **Crain, T. L.**, Bodner, T., Johnson, R. C., & Carlson, K. F. (2016, April). *Financial strain and veteran health: The role of supervisor support*. Paper presented at the annual meeting of the Society for Industrial and Organizational Psychology, Anaheim, CA.

Sin, N. L., Almeida, D. M., McHale, S. M., **Crain, T. L.**, Beverly, C. M., Kossek, E. E., Berkman, L. F., & Buxton, O. M. (2015, June). *Day-to-day associations between sleep quality and daily experiences in youth*. Paper presented at the annual meeting of the Associated Professional Sleep Societies, Seattle, Washington.

Hammer, L. B., Truxillo, D., Bodner, T., **Crain, T. L.**, Rineer, J., & Pytlovany, A. (2015, May). *Effects of a work-family intervention on health and safety outcomes: Evidence from the Safety and Health Improvement Project (SHIP)*. Paper presented at the meeting of the European Association of Work and Organizational Psychology Conference, Oslo, Norway.

Costa, A. B., Truxillo, D., Hammer, L., & **Crain, T. L.** (2015, May). *Decision latitude and justice predict later job satisfaction and BMI*. Paper presented at the bi-annual Work, Stress and Health Conference, Atlanta, GA.

Crain, T. L., Hammer, L. B., Lee, S., Johnson, R. C., Bodner, T., Almeida, D., Stawski, R. S., & Buxton, O. M. (2015, April). *Assessing directionality among resource loss and sleep*. Paper presented at the annual meeting of the Society for Industrial and Organizational Psychology, Philadelphia, PA.

Perry, M. L., Hammer, L. B., **Crain, T. L.**, Johnson, R. C., Bodner, T., Olson, R., Kossek, E. E., Wipfli, B., & Buxton, O. M. (2015, April). *Effects of a work-family intervention on supervisor outcomes*. Paper presented at the annual meeting of the Society for Industrial and Organizational Psychology, Philadelphia, PA.

Crain, T. L., & Lee, S. (Co-Chairs) (2014, June). *Investigating daily and weekly relationships between the work/non-work interface and sleep*. Symposium conducted at the meeting of the Work and Family Researchers Network, New York, NY.

Crain, T. L., Hammer, L. B., Lee, S., Almeida, D., Bodner, T., Johnson, R. C., & Perry, M. (2014, June). Daily work-family conflict and sleep: An examination of family-supportive supervisor behaviors as a moderator. In **T. L., Crain & S. Lee** (Co-Chairs), *Investigating daily and weekly relationships between the work/non-work interface and sleep*. Paper presented at the meeting of the Work and Family Researchers Network, New York, NY.

Hammer, L. B., **Crain, T. L.**, Johnson, R. C., Kossek, E. E., Davis, K. D., Kelly, E., Buxton, O. M., Bray, J., Dunham, M., & Chosewood, C. (2014, May). *Effects of a work-family intervention on organizational outcomes: Results from the Work, Family, & Health Network Study*. Paper presented at the annual meeting of the Society for Industrial and Organizational Psychology, Honolulu, HI.

Hammer, L. B., **Crain, T. L.**, Kossek, E. E., Davis, K. D., Kelly, E., Buxton, O. M., Johnson, R. C., Bray, J., Dunham, M., & Chosewood, C. (2013, July). *Effects of a work-family intervention on organizational outcomes: Results from the Work, Family, & Health Network Study*. Paper presented at the meeting of Community, Work and Family, Sydney, Australia.

Olson, R., **Crain, T. L.**, Bodner, T., King, R., Hammer, L. B., Klein, L., Erickson, L., Moen, P., Berkman, L., & Buxton, O. M. (2013, June). *Workplace intervention improves actigraphic sleep duration in a randomized controlled trial: Results from the Work, Family, & Health Network Study*. Poster presented at the annual meeting of the Associated Professional Sleep Societies, Baltimore, MD.

Crain, T. L., Schonert-Reichl, K. A., & Roeser, R. W. (2013, May). *The relation of mindfulness training to public school teachers' moods, satisfactions and sleep*. Paper presented at the bi-annual Work, Stress and Health Conference, Los Angeles, CA.

Crain, T. L. & Gohlke, M. (Co-Chairs) (2013, May). *Preparing for life after graduate school: Careers in occupational health psychology*. Roundtable discussion conducted at the bi-annual Work, Stress and Health Conference, Los Angeles, CA.

Odle-Dusseau, H. N., Hammer, L. B., **Crain, T. L.**, & Bodner, T. (2013, May). *The influence of family-supportive supervisors on job satisfaction and performance: An organizational change initiative*. Paper presented at the bi-annual Work, Stress and Health Conference, Los Angeles, CA.

Hammer, L. B., & **Crain, T. L.** (Co-Chairs) (2013, April). *The work-family interface and objectively-measured health outcomes*. Symposium conducted at the annual meeting of the Society for Industrial and Organizational Psychology, Houston, TX.

Crain, T. L., Hammer, L. B., Bodner, T., Kossek, E. E., & Buxton, O. M. (2013, April). *The work-family interface and objectively-measured sleep outcomes*. Paper presented at the annual meeting of the Society for Industrial and Organizational Psychology, Houston, TX.

Crain, T. L., Hammer, L. B., & Bodner, T. (2013, April). *An unexpected spillover-crossover effect with supervisor-employee dyads*. Paper presented at the annual meeting of the Society for Industrial and Organizational Psychology, Houston, TX.

Crain, T. L., Hammer, L. B., Bodner, T. E., & Buxton, O. M. (2012, June). *The crossover effects of supervisor work-family positive spillover on employee sleep deficiency: Moderating effects of family supportive supervisor behaviors (FSSB)*. Poster presented at the annual meeting of the Associated Professional Sleep Societies, Boston, MA.

Hammer, L. B., Kossek, E. E., Bodner, T., **Crain, T. L.**, & Stewart, L. (2012, April). *Development and validation of the Family-Supportive Supervisor Behaviors-Short Form*. Paper presented at the annual meeting of the Society for Industrial and Organizational Psychology, San Diego, CA.

Crain, T. L., Belenky, G., Vila, B. J., & Van Dongen, H. P. A. (2011, May). *Effect of simulator driving on psychomotor vigilance performance*. Poster presented at the annual Work, Stress and Health Conference, Orlando, FL.

Crain, T. L., Belenky, G., Vila, B. J., & Van Dongen, H. P. A. (2010, June). *Effect of prior cognitive activity on subsequent psychomotor vigilance performance*. Poster presented at the annual meeting of the Associated Professional Sleep Societies, San Antonio, TX.

Non-Refereed Presentations at Professional Meetings

Robles-Saenz**, F., Brossoit*, R. M., & **Crain, T. L.** (2019, April). *Understanding the role of workplace support for immigrant employees*. Poster presented at the annual Celebrate Undergraduate Research and Creativity (CURC) showcase, Fort Collins, CO.

Brossoit*, R. M., Leslie**, J. J., **Crain, T. L.**, Hammer, L. B., Truxillo, D. M., & Bodner, T. E. (2018, April). *Sleep, cognitive failure, and safety compliance in the construction industry*. Poster presented at the meeting of the annual MAP ERC Research Day, Broomfield, CO.

Stevens*, S. C., Brossoit, R. M., Hammer, L. B., **Crain, T. L.**, Bodner, T. E., & Truxillo, D. M. (2018, April). *Family-supportive supervisors and team cohesion: The moderating role of justice*. Poster presented at the meeting of the annual MAP ERC Research Day, Broomfield, CO.

Wong*, J. R., & **Crain, T. L.** (2018, April). *Employee strategies for seeking family-support from supervisors*. Poster presented at the meeting of the annual MAP ERC Research Day, Broomfield, CO.

Crain, T. L., Brossoit*, R. M., Lauriski, D., & Guasta, L. (2018, April). *Alertness testing's effect on workplace safety*. Poster presented at the meeting of the annual MAP ERC Research Day, Broomfield, CO.

Brossoit*, R. M., **Crain, T. L.**, Hammer, L. B., Lee, S., Perry, M. L., Bodner, T. E., & Buxton, O. M. (2018, February). *Linking work and home life: How work demands and resources relate to employees' sleep and romantic relationships*. Poster presented at the meeting of the annual SERC Research Day, Tampa, FL.

Stevens*, S. C., **Crain, T. L.**, & Ellis, A. M. (2018, February). *Supervisor telepressure and work-family conflict: The moderating role of meaningful work*. Poster presented at the meeting of the annual SERC Research Day, Tampa, FL.

Daigle, K. L., Fisher, G. G., **Crain, T. L.**, Stevens*, S. C., & Grauberger, K. A. (2017, October). *Parental leave and return to work: Understanding decisions to take parental leave, breastfeed, and return to work among working parents*. Paper presented at the meeting of Understanding Small Enterprises, Denver, CO.

Stevens*, S. C. & **Crain, T. L.** (2017, October). *Family-supportive supervisor behavior (FSSB): Implications for small enterprises*. Paper presented at the meeting of Understanding Small Enterprises, Denver, CO.

Crain, T. L. (2017, June). *Best practices in education and training: A new faculty perspective*. Presentation at the bi-annual Work, Stress and Health Conference, Minneapolis, MN.

Crain, T. L., & Ganster, D. (2017, June). *Understanding worker health with objective measures: Selection, implementation, and practical implications*. Pre-conference workshop conducted at the bi-annual Work, Stress and Health Conference, Minneapolis, MN.

Davies**, R. L., Mondragon**, A. R., Stevens*, S. C., Brossoit*, R.M., & **Crain, T. L.** (2017, April). *The association between parent-child discussion and academic achievement and motivation*. Poster presented at the annual meeting of Colorado State University's Celebrate Undergraduate Research and Creativity Showcase, Fort Collins, CO.

Mondragon**, A. R., Davies**, R. L., Brossoit*, R. M., Stevens*, S. C., & **Crain, T. L.** (2017, April). *The role of sleep and stress on commitment*. Poster presented at the annual meeting of Colorado State University's Celebrate Undergraduate Research and Creativity Showcase, Fort Collins, CO.

Brossoit*, R. M., **Crain, T. L.**, Hammer, L. B., Lee, S., Perry, M. L., Bodner, T. E., & Buxton, O. M. (2017, March). *Linking work and home: Mediating effects of sleep*. Poster presented at the meeting of the annual MAP ERC Research Day, Denver, CO.

Stevens*, S. C. & **Crain, T. L.** (2017, March). *Workplace telepressure, technology use at home, and work-family conflict: A review*. Poster presented at the meeting of the annual MAP ERC Research Day, Denver, CO.

Brossoit*, R.M., Sultan, M., **Crain, T. L.**, & Johnson, R. C. (2017, February). *Order effects and affectivity in survey research: A pilot study*. Poster presented at the annual meeting of the SERC Research Day, Tampa, FL.

Brossoit*, R. M., **Crain, T. L.**, & Fisher, G. G. (2016, March). *Work/nonwork and sleep outcomes for shiftworkers*. Poster presented at annual meeting of the MAP ERC Research Day, Denver, CO.

Honors, Grants, and Fellowships

Honors

2025 Sigma Xi Outstanding Researcher Award, Psychology

Submissions Funded

PIAA Studies Initiative: Research Minigrant Award

2023

Amount: \$500

Roles: **T. L. Crain (Co-PI)**; L. Yang (Co-PI; Graduate Student)

Agency: Portland State University

This qualitative study aims to understand Asian American and Pacific Islander (AAPI) workplace and family health.

A Training Grant in Occupational Health Psychology and Total Worker Health at Portland State University

2020-2025

Amount: \$718,990

Roles: L. Q. Yang (PI); **T. L. Crain (Co-I)**; L. B. Hammer (Co-I 2020-2021)

Agency: National Institute for Occupational Safety and Health/CDC

This training grant provides state-of-the-art training for the next generation of leaders in occupational safety and health practice and research. Funds support traineeships that cover stipends, tuition and fees, and travel for students, in addition to faculty teaching costs, faculty travel, and guest speakers.

Evaluation of a Work-Family and Sleep Leadership Intervention in the Oregon National Guard: A Behavioral Health Leadership Approach

2016-2020

Amount: \$139,408

Roles: **T. L. Crain (PI of Subcontract)**; L. B. Hammer (PI)

Agency: Department of Defense, W81XWH-15-PHTBIRP-CUPHPI

The primary aim of this randomized controlled trial is to evaluate the effects of a soldier sleep actigraphy training on Oregon National Guard active duty soldiers' work, family, health, and sleep outcomes.

An Investigation of Health and Safety Issues of TaskRabbit Workers

2019-2020

Amount: \$17,461

Roles: **T. L. Crain (Co-I; PI's advisor)**; K. Kaldahl (PI)

Agency: National Institute for Occupational Safety and Health (NIOSH) – Center for Health, Work, and Environment, a NIOSH Center of Excellence for Total Worker Health, U19OH011227

This qualitative study aims to identify and examine the health, safety, and stressors of TaskRabbit workers within the gig economy. Dr. Crain contributed to the study development and will advise the PI on all aspects of study implementation, data collection, data analysis, and dissemination.

The Institute for Learning and Teaching at Colorado State University Service Learning Faculty Mini-Grant

2019-2020

Amount: \$965

Roles: **T. L. Crain (Co-I)**; A. Eakman (PI)

This award will support a student service learning project to improve sleep hygiene with local firefighters.

Mountain and Plains Education and Research Center

2015-2020

Agency: National Institute for Occupational Safety and Health (NIOSH), 5T42OH009229-11

Roles: **T. L. Crain (OHP Training Program Assistant Director)**; G. G. Fisher (PI in Psychology); L. Newman (PI of Center Grant)

Total Costs: ~\$970,000 over 5 years

The purpose of this funding is to provide formal training in occupational health psychology for doctoral psychology students. The MAP ERC is an interdisciplinary collaboration between psychology, environmental health and radiological sciences (i.e., industrial hygiene, ergonomics, and health physics), occupational medicine, and public health.

Learning the 'Work-Family' Ropes: New Employee Socialization and Work-Family Climate

2019

Amount: \$18,000

Roles: **T. L. Crain (Co-PI)**; A. M. Ellis (Co-PI)

Agency: California Polytechnic University, San Luis Obispo

The goal of this pilot project is to interview and survey university employees to learn more about their work-family experiences during the early stages of new employee socialization efforts, and then conduct a follow-up data collection that evaluates changes in work-family experiences over time.

Colorado State University College of Natural Sciences Faculty Support Grant

2019

Roles: **T. L. Crain (PI)**

Amount: \$2,000

This award supported summer funding for psychology undergraduate, Faviola Robles-Saenz, to complete an independent research project and assist with a publication.

Alertness Testing's Effects on Workplace Incidents & Related Insurance Claims

2017-2018

Amount: \$15,000

Roles: **T. L. Crain (PI)**; L. Guasta (Co-I)

Agency: National Institute for Occupational Safety and Health (NIOSH) – Center for Health, Work, and Environment, a NIOSH Center of Excellence for Total Worker Health, U19OH011227

The goal of this research-to-practice pilot project is to collaborate with Predictive Safety Inc. SRP to implement an online pre-shift employee alertness test, the Alertmeter®, and assess supervisor and employee reactions to the test, safety behavior, and accidents and injuries within a variety of operational settings (e.g., manufacturing, aviation mechanics).

A Qualitative Study of the Work Health and Safety of On-Demand Drivers

2017-2018

Amount: \$14,799

Roles: **T. L. Crain (Co-I)**; M. Tran (PI)

Agency: National Institute for Occupational Safety and Health (NIOSH) – Center for Health, Work, and Environment, a NIOSH Center of Excellence for Total Worker Health, U19OH011227

This qualitative study involved interviewing on-demand (e.g., Uber, Lyft) drivers to learn about health and safety risks and concerns experienced while engaging in gig work. Dr. Crain contributed to study development and data analysis related to sleep and fatigue.

Working Parent Study

2017-2018

Amount: \$15,000

Roles: **T. L. Crain (Co-I)**; G. G. Fisher (PI)

Agency: National Institute for Occupational Safety and Health (NIOSH) – Center for Health, Work, and Environment, a NIOSH Center of Excellence for Total Worker Health, U19OH011227

The primary aim of this longitudinal field study was to investigate the parental leave and return to work process among pregnant working women and their spouse/partner. Dr. Crain led the objective sleep actigraphy data collection with post-partum mothers.

Submissions Not Funded

Invited Submission: *Promoting Equity in the Electric Vehicle Engineering Industry Through Workforce Development*

2023

Amount: \$300,000

Roles: **T. L. Crain (PI)**; A. Hrobowski (Co-I); T. A. Crain (Co-I); Larry Martinez (Co-I); T. Dover (Co-I)

Agency: Department of Energy; The Minority Serving Institution Research & Development Consortium

This three-year longitudinal study tracks women and minority engineering students participating in a DOE-funded engineering workforce development program within universities as they are trained, subsequently enter into the workforce, and progress within their careers. The goal of this study is to identify equity barriers faced by women and minorities entering their careers in order to design career-readiness interventions for current university engineering students participating in these workforce development programs, while also improving the pipeline of diverse engineers who will contribute to environmental sustainability efforts related to electric and autonomous vehicle engineering.

Protecting On-Demand Driver Sleep: An Intervention to Improve the Future Culture of Health Within the Gig Economy

2023

Amount: \$251,440

Roles: **T. L. Crain (PI)**

Agency: Robert Wood Johnson Foundation; Pioneering Ideas: Exploring the Future to Build a Culture of Health (Area of Focus: Future of Work)

This three-year randomized control trial study aims to develop, implement, and evaluate the first online training that can be feasibly and widely disseminated to on-demand (e.g., Uber & Lyft) drivers to improve driver sleep and safety.

The Negative Side Effects of Job Preservation

2023

Amount: \$4,660

Roles: **T. L. Crain (Co-I; PI's advisor)**; E. Schemmel (PI)

Agency: Northwest Center for Occupational Health and Safety (NWCOS) at the University of Washington: Professional Training Opportunities Program (PTOP)

This study aims to investigate a novel mechanism of the job insecurity—well-being relationship (i.e., job preservation, or employee behaviors that aim to prevent job loss), using a small scale validation study, followed by a larger quantitative data collection with an employee sample.

Work-Life Supportive Leadership in Times of Crisis

2023

Amount: \$20,000

Roles: **T. L. Crain (Co-I; PI's advisor)**; J. Leslie (PI)

Agency: National Institute for Occupational Safety and Health (NIOSH) – Center for Health, Work, and Environment, a NIOSH Center of Excellence for Total Worker Health, U19OH011227

This qualitative study aims to identify obstacles to workplace leaders' ability to fully support employees during times of crisis, relying on interviews about leaders' experiences during the COVID-19 Pandemic.

Recovery from Work Within AAPI Communities

2022

Amount: \$10,000

Roles: **T. L. Crain (Co-I; PI's advisor)**; L. Yang (PI)

Agency: Northwest Center for Occupational Health and Safety (NWCOS) at the University of Washington: Professional Training Opportunities Program (PTOP)

This study involves qualitative interviews with members of the working Asian American and Pacific Islander Community to determine how and why individuals from this background psychological recuperate from work-related stress.

Teaching, Mentoring and Curricular Achievements

1. Classes Taught at Portland State University

Organizational Psychology, Spring 2024

Advanced Occupational Health and Safety, Winter 2024

Organizational Psychology, Fall 2023

Intro to Psychology as a Social Science, Summer 2023

Advanced Occupational Health Psychology, Spring 2023

Leadership and Group Effectiveness, Spring 2023

Advanced Industrial Psychology, Winter 2023

Intro to Psychology as a Social Science, Summer 2022

Advanced Occupational Health and Safety, Winter 2022

Intro to Psychology as a Social Science, Fall 2021

Advanced Industrial Psychology, Winter 2021

Leadership and Group Effectiveness, Fall 2020

Intro to Psychology as a Social Science, Fall 2020

2. Classes Taught at Colorado State University

Advanced Occupational Health Psychology, Spring 2020

Industrial-Organizational Psychology Capstone, Spring 2020

Spectrum of Professions Protecting and Promoting Worker Health, Fall 2019

Industrial-Organizational Psychology Capstone, Spring 2019

Advanced Industrial-Organizational Psychology Skills, Spring 2019

Organizational Psychology, Fall 2018

Organizational Psychology, Fall 2017

Psychology of Sleep and Fatigue, Fall 2017

Advanced Psychology of Sleep and Fatigue, Spring 2017

Research Methods in Psychology, Fall 2016

Research Methods in Psychology, Spring 2016
Research Methods in Psychology, Fall 2015

3. Additional Courses Taught for the Public

Designed and co-led course for health and safety professionals in Occupational Health Psychology and Total Worker Health®, sponsored by the Northwest Center for Occupational Health and Safety at the University of Washington, Spring 2023, Fall 2025

4. Graduate Mentoring

Sam Allen (MS in progress, Portland State University)
Alison Hunt (Co-advisor; PhD in progress, MS completed 2024, Portland State University)
Laura Yang (PhD in progress, Portland State University)
Erika Schemmel (PhD completed 2025, MS completed in 2023, Portland State University)
Jennifer Saucedo (PhD completed 2025, MS completed in 2023, Portland State University)
Jordyn J. Leslie (PhD in completed 2024, MS completed in 2022, Portland State University)
Jacqueline R. Wong (PhD completed in 2023, MS completed in 2019, Colorado State University)
Rebecca M. Brossoit (PhD completed in 2021, MS completed in 2017, Colorado State University)
Shalyn C. Stevens (PhD completed in 2021, MS completed in 2018, Colorado State University)
Kiplin Kaldahl (MS completed in 2020, Colorado State University)

5. Graduate Committee Member

Justin Banfi, PhD student, thesis committee member
Frances Hampton, PhD student, comprehensive exam committee member
Henri Maindidze, PhD student, dissertation and comprehensive exam committee member
Faviola Robles-Saenz, PhD student, thesis committee member
Fernanda Wolburg-Martinez, PhD student, thesis committee member
Emily Ready, PhD student, thesis and dissertation committee member
Alison Hunt, PhD student, thesis committee member
James Lee, PhD student, dissertation committee member
Nicholas Zike, PhD student, thesis committee member
Luke Mahoney, PhD student, dissertation committee member
Katharine McMahon, PhD student, dissertation committee member
K. Liana Bernard, PhD student, dissertation and comprehensive exam committee member
Megan Snoeyink, PhD student, comprehensive exam committee member
Morgan Taylor, PhD student, dissertation and comprehensive exam committee member

Shelby Tuthill, PhD student, dissertation committee member
Ellen Ratajack, dissertation committee member
Julie Prosser, dissertation committee member
Melanie Kramer, dissertation committee member
Allie Alayan, thesis committee member
Abigail Johnson, thesis committee member
Jana Lee Thompson, thesis committee member
Kelsie Daigle, thesis, comprehensive exam, and dissertation committee member
Rebecca Clancy, thesis committee member

6. Undergraduate Honor's Theses Supervised as Chair

Rose Lightspeed, 2026
Morningstar Dickson, 2017
Luke Maxon, research assistant, 2016

7. Undergraduate Mentoring

Jeremy Hunt, research assistant
Willow Coughlin, research assistant
Savanah Gipson, research assistant
Miles Evanisko, research assistant
Doug Van Anda, research assistant
Mary Fromm-Levenburg, research assistant
Yebeen Kim, research assistant
Layne Knode, research assistant
(mentored to Michigan State University Criminal Justice PhD Program)
Madison Lesjack, research assistant
(mentored to George Washington University I-O Psychology PhD Program)
Faviola Robles-Saenz, research assistant
(mentored to Portland State University Applied Psychology PhD Program)
Mahira Ganster, research assistant
(mentored to University of Arizona Management PhD Program)
Jordyn Leslie, research assistant
(mentored to Portland State University Applied Psychology PhD Program)
Alexis Mondragon, research assistant
(mentored to University of Kansas Educational Psychology PhD Program)
Chloe Wilson, research assistant
(mentored to Clemson University I-O Psychology PhD Program)
Arieana Thompson, research assistant, honors thesis chair
(mentored to University of Central Florida's I-O Psychology PhD Program)
Karina Hurtado-Cerasoli, REU student

Community Outreach Achievements

1. Invited Talks

Crain, T. L. (2022, March). *Understanding the importance of worker sleep within organizational contexts*. Invited colloquium given to the Bowling Green University Psychology Department.

Crain, T. L. (2022, February). *Improving Occupational Stress and Sleep with Total Worker Health Principles*. Invited presentation to be given at the 42nd Annual Scientific Meeting of the New York/New Jersey Education Research Center, Applying Total Worker Health Concepts.

Crain, T. L. (2021, November). *Supporting low-wage essential workers' nonwork life in the context of COVID-19*. Presentation given at the Oregon Institute of Occupational Health Sciences Fall Symposium.

Crain, T. L. (2021, October). *Worker stress, sleep, and fatigue during the Covid-19 Pandemic: Challenges and recommendations for practice*. Presentation given at the Northwest Occupational Health Conference, Lessons Learned About the Intersection of Industrial Hygiene with Emergency Planning and Infection Control from the Response to Covid-19 Pandemic.

Crain, T. L. (2021, April). *Health, safety, and sleep with vulnerable workers*. Colloquium presented to Ohio University's Psychology Department.

Crain, T. L. (2019, August). *Fighting fatigue*. Workshop conducted for Health LinksTM.

Crain, T. L., Stevens*, S. C., & Brossoit*, R. M. (2018, October). *Managing work and life in grad school: Understanding strategies to prevent stress and improve health*. Presentation for the Colorado State University Graduate Professional Development Series, Fort Collins, CO.

Crain, T. L., & Setters, C. (2018, September). *Fighting fatigue*. Presentation for the Association of General Contractors, Denver, CO.

Crain, T. L. (2018, May). *Work, nonwork, & sleep: Understanding the three domains of life through theory development and intervention*. Presentation at the Orfalea College of Business, California Polytechnic State University San Luis Obispo.

Crain, T. L. (2018, May). *Finding work-life balance: Understanding strategies to prevent stress and improve health*. Presentation for the Student Affairs Professional Development Workshop Series, California Polytechnic State University San Luis Obispo.

Crain, T. L. (2018, March). *Sleepy workers: Understanding causes, consequences, and how to prevent fatigue*. Webinar for the Center for Health, Work & Environment,

University of Colorado, Health Links Webinar Series
(<https://www.youtube.com/watch?v=91eVEMwNKQI&feature=youtu.be>).

Crain, T. L. (2016, April). *Investigating associations among work, family, and sleep*. Keynote address presented at the annual MAP ERC Research Day, Denver, CO.

Crain, T. L. (2013, July). *The work-family interface and sleep*. Lecture presented at the bi-annual Occupational Health Psychology Summer Institute, Portland, OR.

Significant Professional Development Activities

1. Teaching-Related Professional Development

Faculty Institute for Inclusive Excellence Training and Fellowship Program, Colorado State University, spring 2019 - winter 2020

Governance Activities for the University, College, Department

1. Portland State University Committees

Member of the Psychology Department Graduate Committee (2022 - present)
Member of the Psychology Department I-O Graduate Socialization Committee (2022 - present)
Member of the Psychology Department I-O Graduate Newsletter Committee (2022 - present)
Faculty advisor to the Future Leaders of Industrial-Organizational Psychology (FLIOP) Group (2022 - present)
Member of the Psychology Department Diversity Committee (2022)
Member of the Psychology Department I/O Graduate Socialization committee (2021)

2. Colorado State University Committees

CSU Diversity and Inclusion Committee (2019-2020)
CSU Strategic Hiring Committee (2019-2020)
CSU Seminar Committee (2016-2019)
CSU Women in Natural Sciences (2015-2020)
College of Natural Sciences Undergraduate Scholarship Committee (2016-2018)

Professionally-related Service

1. Society for Industrial & Organizational Psychology

Small Grants Awards Subcommittee (2023-2024)
Friday Seminars Committee (2019-2023)

Chair of Students & Academia Subcommittee within the Visibility Committee
(2017-2018)
Visibility Committee (2013-2018)

2. Reviewing Appointments

Occupational Health Science, Associate Editor (2022-2024)
Occupational Health Science, editorial board member (2021-2022)
Stress & Health, editorial board member (2020-2022)

3. Ad Hoc Reviewing

Accident Analysis and Prevention
Annals of Occupational Hygiene
Applied Psychology
Frontiers in Psychology
Human Performance
Human Relations
Industrial Health
Journal of Applied Psychology
Journal of Business and Psychology
Journal of Family Issues
Journal of Family Studies
Journal of Management
Journal of Managerial Psychology
Journal of Organizational Behavior
Journal of Vocational Behavior
Mindfulness
Occupational Health Science
Sleep Health
Sleep Medicine Reviews
Stress & Health Journal

4. Conference Reviewing

American Psychological Association Conference
Society for Industrial and Organizational Psychology Conference
Total Worker Health Conference
Work, Stress and Health Conference

5. Grant Reviewing

National Science Foundation, CAREER Award, Ad Hoc Reviewer (2025)
National Institute for Occupational Safety and Health, Panel Reviewer (2022-2023)
National Science Foundation, Science of Organizations Program, Ad Hoc Reviewer
(2015)

6. APA LGBTQIA Mentoring Program

Faculty Mentor (2023-2024)

Memberships in Professional Societies

Society for Industrial and Organizational Psychology (SIOP)

Society for Occupational Health Psychology (SOHP)

Work and Family Researchers Network (WFRN)

Academy of Management (AOM)