

## Risk Assessment – Beach Games



<b>Reviewed Date</b>	03/03/2026
<b>Next Review Date</b>	03/03/2027
<b>Manager (Name)</b>	Mel Wycherley

<b>General Information</b>	This risk assessment is written for Beach Games which involves varied games and exercises which are played typically at Swanage or Sandbanks Beach. Whilst this involves mainly staying dry this risk has included some provision for entering shallow water in conditions which are highly favourable - I.e. light winds, warmer temperatures. This doesn't include the use of PPE such as buoyancy aids and wetsuits.
----------------------------	---

<b>Instructor Competence</b>	<ul style="list-style-type: none"> <li>- To <u>Lead</u> - NWSMP 2.0 including coastal waterways Award or above</li> <li>- Completion of <u>Team Skills</u> by instructor &amp; manager as per activity cloud.</li> </ul>
------------------------------	--

<b>Ratios &amp; Remits</b>	- 1:30 (with additional pastoral support)
----------------------------	---

<b>Identified Hazards</b>	<b>Who is at risk?</b>	<b>Example Causes</b>	<b>Control Measures</b>
<p><b>Personal Injury</b></p> <p>E.g. Slips, Cuts, Head Injuries, strained backs</p>	Instructors & All Participants/Group Leaders	<ul style="list-style-type: none"> <li>- Lifting people off the ground and dropping them.</li> <li>- Falling off benches.</li> <li>- Pushing &amp; shoving</li> <li>- Coming into contact with the public.</li> </ul>	<ul style="list-style-type: none"> <li>- Instructor to provide health and safety briefing(s) to prevent injuries.</li> <li>- Spotting must be used where there is risk of participants falling.</li> <li>- A first aid kit must be available at the location.</li> <li>- On-going monitoring of the activities and location.</li> <li>- Head counting throughout.</li> </ul>

## Risk Assessment – Beach Games



<p><b>Difficulty controlling body temperature</b></p> <p>(Hyperthermia/Hypothermia)</p>	<p>Instructors &amp; All Participants/Group Leaders</p>	<ul style="list-style-type: none"> <li>- Cold, wet days.</li> <li>- Hot, sunny day.</li> </ul>	<ul style="list-style-type: none"> <li>- Appropriate clothing / equipment to be worn / carried.</li> <li>- Appropriate amounts / type of food and drink should be carried depending on weather conditions, terrain etc.</li> <li>- Appropriate group safety equipment to be carried – e.g. shelter, warmth etc.</li> </ul>
<p><b>Emotional Damage</b></p>	<p>Participants</p>	<ul style="list-style-type: none"> <li>- Participants falling out with others.</li> <li>- Not listening to other people.</li> </ul>	<ul style="list-style-type: none"> <li>- Staff to monitor and supervise emotions and group dynamics appropriately.</li> </ul>
<p><b>Drowning</b></p>	<p>Instructors &amp; Clients</p>	<ul style="list-style-type: none"> <li>- Entering the water for a paddle and going beyond depth.</li> <li>-</li> </ul>	<ul style="list-style-type: none"> <li>- Entering the water up to knee depth when conditions are favourable is permitted with direct supervision at close hand.</li> <li>- Clear designation of where people are allowed to be.</li> <li>- A throw bag is available at the location.</li> </ul>

### Emergency Action Plan

**Remember;**

Self – Team – Casualty – Equipment

1. Make sure you are safe
2. Make sure the group are safe
3. Make sure the individual(s) concerned are safe
4. Rescue the individual(s)
5. Call/send for assistance (as required)
6. Remove all to a safe place

## Risk Assessment – Beach Games



- a. Where possible move the casualty and group up an exit route via the safest route to a safe place or vehicle.
- b. Land Based rescue. If the casualty cannot move, make them safe and await rescue services help. Where possible, move the group away from the venue to a safe place to allow an unhindered rescue to take place. If the assistant knows the exit, they may lead the group out at the lead instructor's discretion and make the group safe.
7. Diagnose the extent of the injury and effect first aid in line with your training.
8. Take further action as appropriate.
9. Inform Day Manager, ensuring all appropriate documentation is completed at the earliest possible opportunity.

If required, call the emergency services on 999. If no signal exists, move to a new location, perhaps on higher ground. Ensure you have discussed your plans with your colleague and also the additional risk you are being exposed to yourself.

Instructors are to have knowledge of the nearest hospital (A&E or small injuries unit to where they are operating).

**This risk assessment in no way negates the need for continual dynamic risk assessment on session.**

**You must report incidents or near misses using company procedures.**

**If you have any concerns or questions about the risk assessment speak to your manager.**