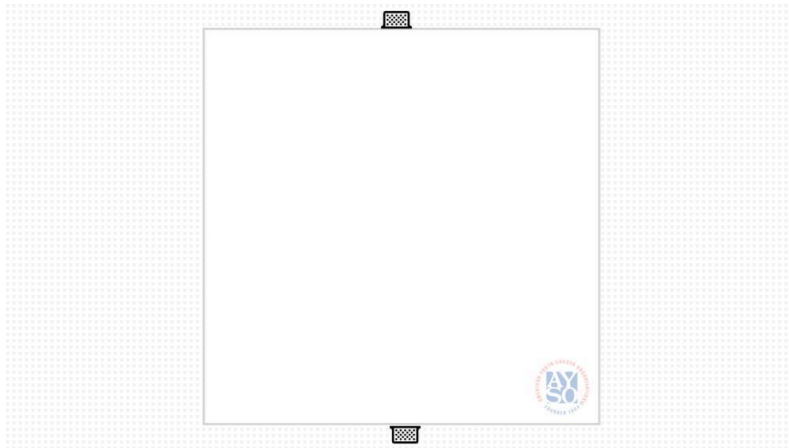


Types of Scrimmage Games

You can vary the type of scrimmage games you run so that they align with your practice session topics. This also gives your players a variety of different scrimmage games which can be more fun and emphasizes different skills. One example is if you are working on passing and receiving you may want to use a Four Goal scrimmage which gives players more space and encourages passing, receiving and finding space.

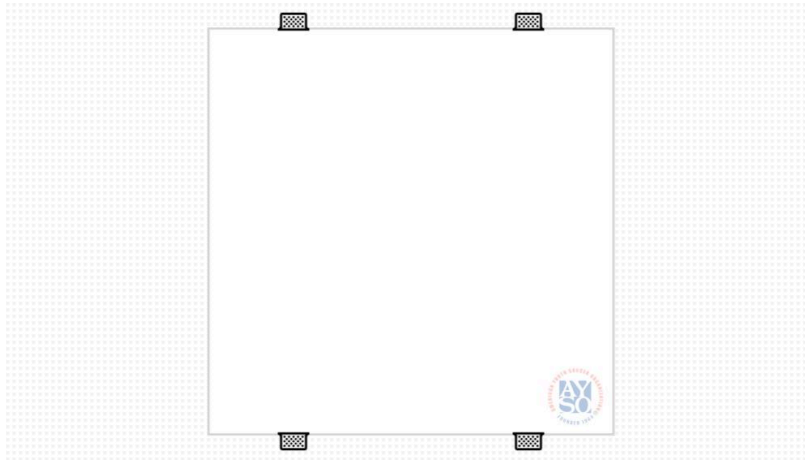
Two Goals

Easiest to set up with PUGG goals, Bownets, or using cones. Setup for 3v3 and 4v4 emphasizing dribbling, ball control, passing, and creativity (15-25 yards wide by 25-35 yards long)



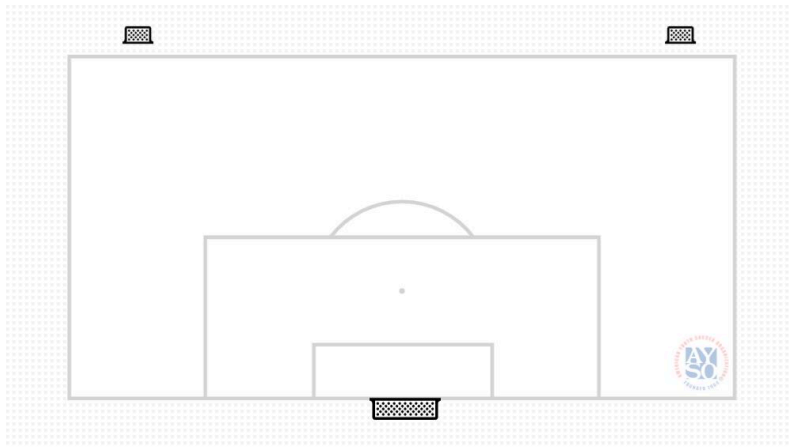
Four Goals

Setup four goals and with goals set up wider using PUGG goal, Bownets, and cones. Setup for 3v3 to 5v5. Great for teaching players to use the width of the field, allows more space to dribble and pass the ball. Also great for developing play in the middle third of the field. (20-25 yards wide and 30-40 yards long)



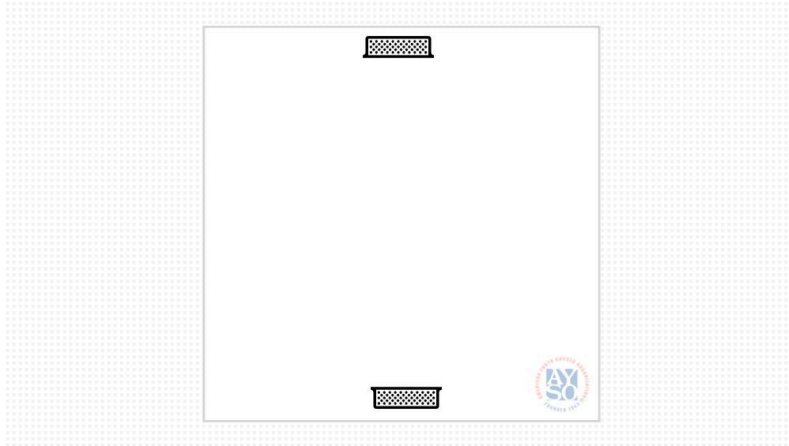
Large Goal to Two Small goal

Use one large goal with two small goals set up wide. **Excellent setup for teaching play in the attacking third or defending third of the field and positioning.** Promotes playing with width, passing, dribbling and allows for shooting and goal keeping. Either give each team the same amount of time attacking the big goal or if defending team scores in small goals switch sides.



Two Large Goals Close

Setup two large goals close (~30-40 yards) apart. Great for giving players a lot of chances to shoot and finish and gives goal keepers a lot of opportunities to make saves.



Line Ball

Setup end zones using cones. Players try to dribble into the end zone or pass to a player making a run into the end zone (players not allowed to stay in the end zone). Can be used to teach width, penetration, combination play and can be used to teach offside.

