Leeds University Union
Code of Good Conduct for: Gymnastics

This document runs alongside the code of good practice and LUU's social guidelines found at: http://www.leedsuniversityunion.org.uk/clubsandsocieties/resources/.
If you wish to raise issue with the contents of this code, please contact the committee named beneath, in some circumstances it may be necessary to hold an EGM.

1.0 Club Statement of Intent

1.1 We, the Gymnastics club, strive for inclusion, and all of our members to be committed, focused and respect one another in all our activities for the year.
1.2 We aim to uphold a safe and risk-free environment while maintaining hard work.
1.3 Gymnasts will all be given an equal opportunity to developing skills throughout the year.
1.4 We strive for students from all backgrounds to feel welcome in our friendly and supportive club.

2.0 Competition Conduct

2.1 Members are expected to arrive on time to competitions in order to be registered and sat down for the team talk prior to competing.
2.2 There is to be no alcohol or drug use within the competition grounds, including the car park.
2.3 Members are expected to turn up to competitions prepared with their routine and dressed appropriately.
2.4 Members are loaned leotards, they should therefore handle these with care and report any damage to material to the committee.
2.5 Members are encouraged by the committee to support and cheer on team members, but not in a way that could get the gymnast disqualified e.g. by shouting out the moves in their routine.
2.6 Members are expected to be sportsmanlike; shaking hands with those around them on the podium if they have won a medal, congratulating opposing gymnasts on their routines and generally being a kind person.

3.0 Training Conduct

3.1 Members are expected to arrive five minutes early to ensure they are ready to join in with the group warm up.
3.2 Committee are expected to encourage gymnasts and motivate members to train hard, with focus and determination.
3.3 Prior to competitions, gymnasts who have entered themselves are expected to turn up to training ready to learn and perfect their moves and routines.
3.4 Members must not train without the attendance of the necessary qualified Coaches & permission of both Coaches & Committee. Notice will be given of term dates & cancellation of sessions if needed.
3.5 If you arrive late you must carry out an appropriate warm up.
3.6 Members should not train when they are ill, injured or intoxicated.
3.7 Members must listen to and respect the wishes of the Head Coach & the assistant Coaches, also the Committee. When instructed to do something regarding safety they should not hesitate to act in the way requested.
3.8 Suitable clothing must be worn, hair should be tied back, and all jewellery removed.

3.9 Moves performed must be within a safe training environment; if you're not sure whether you are capable of carrying out the move safely you should ask for a coach's help. Equipment should be correctly set up, safely & mats used where needed.

3.10 At the end of the session if the coach asks that members perform conditioning, members should try their best to participate unless reasonable justification not to. i.e. injury.

3.11 When the session ends members must leave the gym in a tidy state & all apparatus must be returned to its place. No rubbish is to be left.

4.0 Socials Conduct

This information is centred on the conduct expected during socials. LUU have our Social Guidelines which all clubs have to adhere to in order to be an LUU club, however this enables you to pass the information on to your members in a more, consolidated fashion. Ideas for this section can be gathered from the Social Guidelines.

Examples:

Inclusive, welcoming
Drinking limits, pressure to drink stance
Hazing, initiations (a reminder that these are banned)
Respect of public and other members
Attendance (perhaps within reason to academic and other commitments, but general expectations)
Friendliness, acceptance of new members
Protection of members (i.e. not leaving anyone to go home alone)
Responsibilities of committees (you may want to think about how many sober individuals you have per social etc.)

5.0 Social Media Conduct

Similar to above, but the general behaviour and content expected when using social media. This isn't about what they can post on their individual accounts, but rather what is expected if the post is related to the club, or a member of the club

Examples:

Bullying, abuse or disrespect to other members
Language (particularly on club social media accounts, or in response to club accounts)
Response to arrangements (i.e. stating whether you are or are not attending training in good time)
Any other actions deemed to affect the reputation of the club, LUU etc.

6.0 Equipment / Kit Usage

Guidelines around how members are expected to use the kit and equipment provided by the club, along with any responsibilities of kit/equipment they are assigned.

Examples:

Treatment of kit/equipment
Returns of kit/equipment in due time
Adherence to safety requirements within kit/equipment
Responsibility of kit/equipment

7.0 Discipline Procedure

This part should indicate a clear procedure if members don't follow the club guidelines, along with ideas around how club members can raise issues about the

club, individuals or leadership. It's also key to note what the members rights are with regards to appeals, and presenting their cases

Examples:
Contacting committee members
Presentation of complaint (i.e. email to club committee, President etc.)
Confidentiality – important to note around social media also
Decorum in attending discipline/appeal meetings
LUU appeal – we're always here to step in should this process get complicated. A reminder to members that LUU is available to step in or appeal to.

8.0 Reputation
Finally, a statement to members to recognise that their actions and behaviours within club activities are clear line to say that they represent the club, University and LUU and to abide by the different guidelines.

Example: "*All members of our club are reminded that their actions of match days, training and socials is representative of the club… etc.*"

Committee

1. President, Secretary & Treasurer are all registered with the ARC & cash office.
2. Treasurer will bank all money & be up to date with accounts. Failure to deliver regular statements or missing moneys can result in disciplinary action being taken by the University.
3. Social Secretary will organise social events for members & team.
4. Club members should appoint a new Committee by the end of Easter term.
5. Members can expect the Committee to run all aspects of the club professionally contacting members via email & Facebook.
6. All emails will be answered within 7 days. All official e-mails will be sent from uniofleedsgymnastics@gmail.com or from committee members email addresses.

Social Activities

1. Members are expected to behave responsibly when representing the University. Adhere to LUU guidelines on social activities. We are to ensure no member is forced to do something as an 'initiation' or any other peer pressure or group activity.
2. When attending social events members should be aware that we are representing the University and any behaviour that is unsuitable may lead to disciplinary action being taken.
3. Members should be responsible when on social networking sites such as Facebook, Twitter and Instagram when associating as UOL Gymnastics.

Health, Safety & Insurance

1. Participants should be aware that they are responsible for their own actions, especially if they chose to disregard advice given by Coaches' & Committee.
2. Coaches are qualified under British Gymnastics & involved on the LUU sports coaches' management programme.
3. We ask you to sign & date this document, in doing so you agree to our membership conditions & become a member of UOLGC.

Complaints & Disciplinary Action

1. Complaints should be made to President about safety, standards of leadership, equipment, administration, activities, & any homophobia or other discrimination you may experience. Complaints will be taken seriously & addressed at next Committee meeting.
2. If you fail to take on board Committee or Coaches instructions this can lead to disciplinary action. Failure to comply with this code of conduct can lead to expulsion from the club.

We ask you to sign & date this document, in doing so you agree to our membership conditions & become a member of UOL Gymnastics.

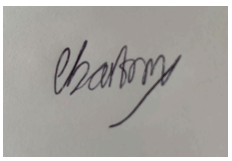
We the undersigned agree to uphold the above code of good conduct

Carried out by

President Name: Lucy Robinson

Signature: 

Secretary Name: Erin Barton

Signature: 

Treasurer Name: Dale Fabic



Signature:

Date: 02/09/2021