

Year 12 Advising Preview of the 2023-24 Academic Year

Since the commencement of the 2023–24 academic year in September, Year 12 students have been fully utilizing the rich offerings of the College in the spheres of **academics, arts, athletics and advising**, continuing their growth and development as critical thinkers, individuals, and citizens as well as cultivating (soft) life, and social skills such as flexibility, communication, planning-prioritization, teamwork, patience, and empathy.

The above mentioned pedagogical programming facilitates the process of building genuine bonds and relationships between students and other community members while, at the same time, reinforcing the sense of belonging in a community of shared purpose, values, ideals and principles. Year 12 students live, experience, and embody throughout the academic year the five pillars-values of our community: **Learning, Service, Pluralism, Community and Wellbeing**.

Finally, Y12 Students will also participate in significant **academic and social rites of passage** to celebrate and honour the conclusion of their time at the College while at the same time confidently looking ahead at the wonders of the post secondary journey. Specifically, the **Midterm Exams (January 29 to February 9)** constitute the initial academic rite of passage, prefiguring and paving the way for the **Final IB Diploma Exams (April 24 to May 17)**. In addition, significant social rites of passage, the **Stewards' Dance (Friday, October 28)**, the **Batt Ball (Friday, April 12)**, and the **Leaving Class Ceremony (Saturday, May 18)** mark the janus-faced duality of year 12 in terms of being both an end and a beginning.

Year 12 advising program

The Year 12 advising program supports each student's wellbeing by offering instruction and experiences that help them build healthy life habits, routines, and mindset(s) to further develop their adaptability and resilience, and to prepare

them for life beyond high school. The three programming dimensions — a) vitality, b) resilience and c) accomplishments — guide the Year 12 program and aim to support the academic, social-emotional, and physical needs of Year 12 students at UCC and beyond.

Highlights of the Y12 Advising program 2023-24:

- **Nourishment of democratic citizenship** anchored in equality, freedom, pluralism and the rule of law:
 - Pride Week, Truth and Reconciliation, Affinity Groups, Holocaust Remembrance Day and Antisemitism Seminar, Black Excellence Society and Black History Month, Service Outreach
- Cultivation of **self-knowledge and self-regulation:**
 - Goal-setting, planning and prioritization skills
 - Learning about nutrition and food, movement and exercise, and setting achievable goals for overall wellness and wellbeing
 - Healthy relationships, responsible sexual citizenship and consent beyond High School
- **Networking and the Labour Market:**
 - Guidance and instruction on how to stay connected and maintain relationships with the UCC community as Old Boys and Alumni
 - Creating networking connections and tips for entry to the labour market as a university student and beyond
- **Mentoring:**
Mentoring sessions with Year 9 and Year 10 students addressing academic matters, course and co-curricular offerings, and student life in general at UCC.



2022/23 Year in Review

