Aloha Living Cultivating Intimacy with Christ Meditating On God's Word

- Psalm 42:1–2 (ESV): As a deer pants for flowing streams, so pants my soul for you, O God. 2 My soul thirsts for God, for the living God. When shall I come and appear before God?
- Psalm 84:1–2 (ESV): How lovely is your dwelling place, O Lord of hosts! 2 My soul longs, yes, faints for the courts of the Lord; my heart and flesh sing for joy to the living God.
- Psalm 143:6–8 (ESV): 6 I stretch out my hands to you; my soul thirsts for you like a
 parched land. Selah 7 Answer me quickly, O Lord! My spirit fails! Hide not your face from
 me, lest I be like those who go down to the pit. 8 Let me hear in the morning of your
 steadfast love, for in you I trust. Make me know the way I should go, for to you I lift up
 my soul.
- 1. What is a soul?
- 2. What gives life to the soul?
- 1. If you are born again does Jesus Christ take up residence in your heart?
- 2. What does it mean to build a sanctuary in your heart for Jesus?

Eat BREAD together

Anyone tried meditating in God's Word since Sunday?

What are the struggles and obstacles?

What is the purpose?

How do we get better?

John 14:15–23 (ESV): 15 "If you love me, you will keep my commandments. 16 And I will ask the Father, and he will give you another Helper, to be with you forever, 17 even the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him. You know him, for he dwells with you and will be in you. 18 "I will not leave you as orphans; I will come to you. 19 Yet a little while and the world will see me no more, but you will see me. Because I live, you also will live. 20 In that day you will know that I am in my Father, and you in me, and I in

you. 21 Whoever has my commandments and keeps them, he it is who loves me. And he who loves me will be loved by my Father, and I will love him and manifest myself to him." 22 Judas (not Iscariot) said to him, "Lord, how is it that you will manifest yourself to us, and not to the world?" 23 Jesus answered him, "If anyone loves me, he will keep my word, and my Father will love him, and we will come to him and make our home with him.

Be Quiet	
Read Scripture	
Encounter	
Apply	
Devote	