



RECREATION & WELLNESS

UNIVERSITY OF MINNESOTA

DRESS CODE

POLICIES, RULES, AND GUIDELINES

UPDATED: June 2026

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Dress Code for Recreation and Wellness

University Recreation and Wellness (URW) requires all users of its recreation facilities and participants in its activities to dress in a manner suitable for recreational activity. The purposes for doing so are to contribute to the health and safety of participants, reduce facility and equipment maintenance costs, and create a welcoming and inclusive environment for the University's diverse population.

Recreation and Wellness staff members have the authority to remove anyone from URW facilities or activities for failing to comply with this dress code or for wearing attire that URW deems unsafe or unsuitable for recreational activity.

General Requirements

- Athletic-style footwear with non-marking soles, closed toes, and closed heels must be worn while in the facilities or engaging in URW activities.
- Attire must cover the chest and buttocks. See-through garments are prohibited.
 - "Shirts and Skins" play (example: pick-up basketball) is not allowed; all participants must wear appropriate garments.
- All clothing must be free of profanity, offensive language, and offensive graphics.
- Attire that could cause damage to equipment (via buttons or rivets, for example) or the facility, or create individual risk is prohibited.

Exceptions to General Requirements

- Aquatic Activities:
 - Proper swim attire is required. No see-through garments or underwear are allowed.
 - Footwear is not required in pool areas.
 - Swim diapers are required for all participants who are not toilet trained and must be worn under appropriate swimwear.
- No footwear is required for organized activities, such as yoga and martial arts, that take

place in any of the facility studios. However, wearing appropriate footwear to and from such activities is required.

Additional Requirements for Specific Areas

- In climbing areas, all rings and loose jewelry must be removed before climbing.
- In handball, racquetball, and squash courts, the wearing of eye guards is recommended due to the potential of serious eye-related injury. Safety glasses may not provide adequate protection.

This dress code is supported by the University Recreation and Wellness Advisory Board. The Board is a cross-section of students, faculty, and staff from across the University community, some of whom are members and regular participants of URW, and others who have lesser involvement with the department, its programs, or facilities.