



RECOMMENDED RESOURCES FOR BLESSING

[THE BLESSING](#) - by John Trent, Gary Smalley, et al., rev. 2019

"Children of every age long for the gift of The Blessing - the unconditional love and approval that comes from a healthy relationship with their parents."

Available from [Amazon](#) and other booksellers.

[Strongfamilies.com](#) - John Trent's website on The Blessing

Provides an overview of The Blessing - also has a moving video of how a father's blessing impacted a college student

[30 WAYS A FATHER CAN BLESS HIS CHILDREN](#) - by John Trent, 2015

"Statistics show that a father's presence in the lives of his children promotes higher levels of school performance, better psychological development, positive relational skills, and decreased exposure to violence, substance abuse, and poverty."

With 30 Ways a Father Can Bless His Children, fathers can be empowered to make a difference in the lives of their children in real and practical ways using the 5 Elements of the Blessing."

Available from [Amazon](#) and other booksellers.

[30 WAYS A MOTHER CAN BLESS HER CHILDREN](#) - by John Trent, 2015

"Kids long to be unconditionally loved and accepted by their mom. Children need to know their worth before the rest of the world defines it for them. As a mom, it is easy to take for granted that your child already knows how much you love them—but sometimes they don't. How can you show your child how much you love them?"

Available from [Amazon](#) and other booksellers.

[30 WAYS A HUSBAND CAN BLESS HIS WIFE](#) - by John Trent, 2015

"A wife longs to be unconditionally loved and accepted by her husband. As a husband, it is easy to take for granted that your wife already knows how much you love her—but sometimes she doesn't. How can you show your wife how much you love her?"

Available from [Amazon](#) and other booksellers.

