

REQUIRED EQUIPMENT FOR ONE-NIGHT BACKPACKING TRIP

Keep all of it watertight & light!!!! No extras

All gear must be packed neatly into a compact backpack. NO DANGLING SLEEPING BAGS or PADS.

Allow extra space in your pack for troop gear that must be shared – food and equipment.

Camping Gear

Frame backpack (properly fitted), interior frame is more compact, exterior frame is more versatile

Waterproof backpack cover

Dry bags or large plastic bags to keep belongings dry (2.5-gallon zipper bags)

Sleeping bag and/or **sleeping bag liner** – appropriate for the conditions

Sleeping pad – inflatable air mat or closed cell pad

Small pillow (optional) or use stuff sack and sweatshirt/fleece

Rope (strong cord, nylon, 20 feet)

Extra plastic bags for garbage

Tent and ground cloth (2-3 person) – personal or troop-owned, OR

Lightweight tarp and ground cloth instead of a tent (optional)

Personal Equipment

Personal first aid kit (small) and personal medications

Toiletries - toothbrush, toothpaste, deodorant, brush/comb, hand sanitizer

Small towel – hand towel or highly absorbent camping towel

Flashlight (with extra batteries) – may prefer head lamp and also tent lamp

Fire-starting materials (waterproof matches, flint & steel, lighter, tinder, fire starters)

Pocket knife (e.g. Swiss Army-type)

Toilet paper (Ziploc plastic bag w/small roll & small hand sanitizer, with extra baggie)

Tissues - optional

Compass and/or phone with GPS app

Watch - optional

Insect repellent, sun screen, sun glasses (w/case) (as needed)

Food/water/eating utensils

Bowl (Large, light and unbreakable)

Knife, fork & spoon (get the rugged plastic ones (Lexan))

Soup Spoon optional (with a string tied through a hole in handle)

Drinking Cup or Mug (Large, light and unbreakable)

Two-three quarts water - in lightweight unbreakable containers

Food as directed (personal lunch/dinner plus trail food/snacks), nutritious, no junk food, no glass jars

Clothing – non-cotton material (nylon, wool, synthetic, rayon)

Long pants – zipper off style gives options if warm weather

Long sleeve shirt

Layers both top and bottom (as appropriate for the conditions and number of days)

Socks – 2 pairs of socks per day (nylon sock liners - optional)

Jacket/sweatshirt – especially for cool evenings

Fleece pants (optional depending on weather)

Pajamas – clean dry clothes to sleep in (can be next day's clothes)

Hat (baseball cap or wool cap depending on the conditions)

Gloves/mittens (optional depending on weather)

Neck gaiter (optional depending on weather)

Rain gear - hat, jacket, pants must fit over outer clothing. Ponchos are not suggested

Hiking Boots (waterproof)

Optional

Trekking poles, ski poles or walking stick

Camera

Leg Gaiters

Bivy sack – this will keep your sleeping bag clean and dry if sleeping out under the stars

Troop Gear

Plastic trowel or camp shovel

Pack saw(s)

Tents and ground cloths (fitted to tent)

Tarps (light weight) **and ropes** (as needed)

Backpacking stoves and ample fuel

lighter or matches

Pots, lids, pot holders, cooking utensils and other cooking supplies as appropriate

Extra Toilet paper, tissues, paper towels and garbage bags

First aid kit/medicals

Community food as planned

Maps in Ziploc bags

Chain & hook for cooking tripod (as needed)

Collapsible water containers (ca. 3 gal) (as needed)

Water purification system (as needed)