

Lisa Connors - Social Justice, Ethics and Multicultural Issues for Mental Health Professionals

Faculty:

Lisa Connors

Duration:

6 Hours 11 Minutes

Format:

Audio and Video

Copyright:

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Description

Effective treatment focuses on the whole person. The thoughts, behaviors and sufferings of your clients are intimately connected to the social and cultural context in which they live.

Without seeing your clients in their entirety, you could fail to recognize the unique challenges, stressors, barriers and burdens that can lie at the heart of their mental health issues.

But even therapists can feel uncomfortable with conversations surrounding racial, cultural, sexual, economic and religious issues. And cultural stigmas and distrust born from societal power dynamics can cause some clients to hold back in therapy or leave treatment early.

This inspiring recording will open your eyes to the struggles of disenfranchised or marginalized populations, and give you practical and innovative techniques so you can comfortably and successfully work with them in treatment.

You'll be able to more capably assess clients, avoid cultural misunderstandings that can harm the therapeutic alliance, and gain the trust you need to achieve truly transformative results.

It's time to be the change you wish to see.

Purchase today and feel the satisfaction and joy that come with being a better advocate for clients individually, communally and globally!

Handouts

Manual – Social Justice, Ethics and Multicultural Issues (6.1 MB)	111 Pages	Available after Purchase
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Outline

How Client Identity and Systemic Dynamics Impact Assessment and Treatment

- Social class, race, ethnicity, poverty and religion
- Gender identity and sexuality
- Myths, oppression, stereotypes and microaggressions
- Power dynamics of counseling that can threaten minority groups
- How clinician's values and biases influence therapeutic outcomes
- Culturally competent assessment techniques
- Research implications and limitations

Ethics and the Equal Treatment of Clients

- Obligations to challenge social injustice
- Respecting the inherent dignity and worth of the person
- Valuing the importance of human relationships

Clinical Strategies: *That Meet Clients Where They Are: Proven Approaches for Greater Empathy and Effectiveness*

- How to understand clients within their social and cultural environments
- Strategies to recognize your:
 - Inherent biases
 - Histories and generational influences
- Self-assessment – identify personal values that can influence therapeutic outcomes
- Techniques to work with inter-generational and historical trauma
- Crisis intervention strategies

Be a Change Agent: *How to Advocate for Your Clients Individually, Communally, and Globally*

- Should clinicians hold a neutral position?
- Strategies to reduce barriers to accessing mental health treatment
- Overcome cultural shame surrounding mental health issues
- Tips for working with racial stress and trauma
- Connect clients to resources, agencies and funding
- Intervention at the system level

Case Scenarios

- 32 year-old Latino female with PTSD
- 46 year-old woman originally from Pakistan with depression
- 38 year-old Native American male with suicidal ideation and substance abuse issues
- 30 year-old Latino male with HIV referred for case management services
- 18 year-old Asian American female with eating disorders

Faculty

Lisa Connors, LCPC, NCC Related seminars and products: 1

Lisa Connors, LCPC, NCC, is a Licensed Clinical Professional Counselor and National Certified Counselor who has been in the human services/social work/counseling fields for 30 years. She has worked in a variety of settings providing case management, crisis intervention, and counseling services to the despondent and downtrodden.

Ms. Connors works tirelessly to help others reach their fullest potential in life, helping and empowering others who have been oppressed, stigmatized, marginalized, and victimized. Her greatest passion is working with individuals affected by HIV/AIDS, sexually-transmitted infections (STIs), substance use and mental health disorders, co-occurring issues, violence, abuse, and other forms of trauma.

Ms. Connors has served on the Board of Directors for the Maryland Chapter of the National Association of Social Workers and is the past co-chair of the HIV Planning Group for the State of Maryland. In addition to her clinical work, Ms. Connors is a college professor at Anne Arundel Community College. She is a member of many organizations, including NAADAC, ACA, and NASW.

Ms. Connors earned her Master of Arts in professional counseling from Liberty University, her Master of Divinity from Howard University in Washington D.C., and is pursuing her PhD in psychology at Walden University.

Speaker Disclosures:

Financial: Lisa Connors is a professor at Arundel community College. She receives a speaking honorarium from PESI, Inc.

Non-financial: Lisa Connors is a member of the Association for Addiction Professionals; American Counseling Association; and the National Association of Social Work

Proof Content



Handouts



6.1 MB



1. Social Justice, Ethics and Multicultural Issues for Mental Healthmp4



2 GB