

Smithville High School
Athletics/Activities

What to expect from our Athletic Director, Coaches & Trainer

Justin Corcoran, Athletic Director

- If you miss school, you will not be able to participate in activities that night. If you have an appointment, please bring a note when you arrive. Notes will excuse you for practice/games/performances. If you have an appointment mid-day, you must come to school before leaving for your appointment. Sleeping in and not feeling good aren't a viable excuse for participation.

Gini Fite, Athletic Trainer

- fiteg@smithville.k12.mo.us
- Work Cell phone 816-873-5645 can be used for injury questions or communication. It will only be answered during normal working hours.
- Students will not be allowed to participate in any sport or activity until they have a cleared Privit Profile which includes all MSHSAA forms and a valid Medical Eligibility Form (previously referred to as a physical).
- Students should communicate with the athletic trainer in regards to any injury or illness as soon as possible. Waiting to communicate only delays treatment and medical referral if needed.
- Students who are diagnosed with a concussion either by the athletic training staff or by an approved medical provider are required to follow MSHSAA rules in regards to return to activity. Failure to report and follow protocols only delays return to activity.

Band:

- Communications about performances, rehearsals, and overall program expectations will be communicated via our handbook (given in August), Band Booster emails, the BAND app, and director-to-student communications during the year. As high school students, we expect them to communicate with their parents/guardians and be responsible for knowing their responsibilities. If concerns arise, the directors will communicate to home as needed.
- Band is a MSHSAA sanctioned activity.

Baseball:

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Basketball-Boys:

- Our live schedule which will include all pre-season workout times & locations can be [found here](#). Once the season begins, this same link will be used to place practice/game/bus times/locations for V/JV/C teams.
- Communication with players takes place through **player & coaches only** GroupMe. Prior to the season, any boys interested in playing basketball this season just need to email Coach Bennaka (bennakae@smithville.k12.mo.us) and ask to be added to our group. Once cuts have been made, we will reduce this group down to those players who have made the team. As high schoolers, it is expected that players relay the information shared in our GroupMe to all parents/guardians.
- Upon being added to our GroupMe; we will also add parents/guardians to our email database in which we occasionally send out program announcements, upcoming important dates, etc. Please be sure that your email is updated on Powerschool to ensure that you get these.

- Fall workouts typically begin the week after Labor Day—shooting twice per week at 6 AM w/ Coach Bennaka and after school conditioning 4x week w/ Coach Mason. Those dates will be shared out on our Group Me and on our live schedule once we have them finalized.
- The first day of tryouts is Monday, October 30th. Players will receive a minimum of 3 days of tryouts before a decision is made on if they have made the team or not.
- If the fall sport season for any athlete goes past the first day of tryouts (ex: if football playoffs or cross country state meet is after Monday, October 30th, players just need to communicate with Coach Bennaka that they intend to tryout after their fall season is complete and upon their return, they will also receive a minimum 3 day tryout to determine if they make the team.
- PRIVIT/Physical information for winter athletes must be uploaded by October 18th. Contact Athletic Trainer Gini Fite with questions.

Basketball-Girls:

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Cheer:

- Auditions take place in April for the following school year.
- Practice takes place after school the week after tryouts until the end of the year. We will have camp and practice throughout the summer.
- JV performs at all home JV football and JV basketball games with the opportunity for 1-2 competitions.
- Varsity performs at all home and away football games and all home basketball games. They compete at regionals and state with the opportunity for 1-3 additional competitions.
- The season is 11 months out of the year with a break in March

Choir:

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Color Guard:

- Communications about performances, rehearsals, and overall program expectations will be communicated via our handbook (talked over at parent's meeting in May), calendar (given in June and August), GroupMe app, the BAND app, and director-to-student communications during the year. As high school students, we expect them to communicate with their parents/guardians and be responsible for knowing their responsibilities. If concerns arise, the directors will communicate to home as needed.
- Color guard is a MSHSAA sanctioned activity, attached with marching band.

Cross Country:

- Communication with players takes place through player & coaches only GroupMe
- Communication with parents takes place through Remind
- Any questions contact lukej@smithville.k12.mo.us

Dazzlers:

- Auditions take place in April for the following school year.
- Practices take place after school the week after tryouts until the end of the year. We will have camp and have practices throughout the summer. We practice some Sundays during the school year in order to get gym space.
- The dance season is year round, with a few weeks off in the spring.
- The Dazzlers attend 3-4 competitions per year on weekends.
- How to contact the coaches: simons@smithville.k12.mo.us leeju@smithville.k12.mo.us

Football:

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Golf:

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Soccer:

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Softball:

- Team practices started on Monday, August 7th. Team communications will be through TeamSnap. Please reach out to bradbera@smithville.k12.mo.us with any questions.
- There will not be any cuts for the 2023-2024 season.

Swim:

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Track:

- Contact lukej@smithville.k12.mo.us with any questions
- We start preseason workouts in January
- Communication will go through Band App for athletes/coaches/parents, it will also have meet schedule, live results (when possible), results, practice schedule

Volleyball:

- Contact tynerd@smithville.k12.mo.us with any questions regarding tryouts, summer workouts, summer activities and the summer weights program
- All communication and links to the program's Google calendar is through the GroupMe app announcements. Parents of players as well as players should request access to the announcements. After tryouts, the group will be adjusted as needed.
- Direct communication with the GroupMe app is reserved for players and coaches. All other communication should be directed to the coach's email.
- Tryouts will be August 7th-August 10th. The first round of player releases will be August 9th and the final round of player release will be August 10th. The first day of practices will be August 10th.
- Meetings for players interested in the high school volleyball program will be held in May for summer activities and after tryouts in August for the fall season.

Wrestling:

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