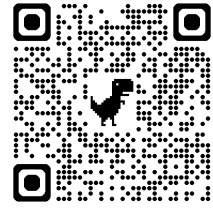


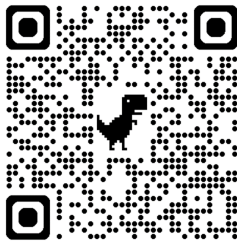
A Caregiving Conversation July 22, 2025  
UAH Charger Theater

## Share your Caregiving Story

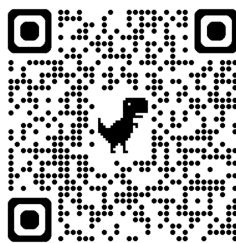
Post your video and hashtag: **#WellBeings**  
or submit via email to: **info@wellbeings.com**



**AL Lifespan Respite**  
Community Respite  
Programs Database



**AL Lifespan Respite**  
Online  
Caregiver Resources



**TARCOG**  
Caring for Caregivers w/  
Resources & Respite



**UAH RAN**  
North Alabama  
Caregiving Resources



## **North Alabama Caregiving Resources**

### Multi-County

**Stella's Landing** - 24/7 Therapeutic scheduled & emergency respite care for neurodivergent children & sibs  
St. Clair/Jefferson/Shelby/Blount/Talladega/Etowah Counties

### **Alabama Cares Support for Caregivers**

Respite Care for Adults and Grandparent Caregivers of children or adults with disabilities

Managed by [Alabama Association of Regional Councils](#); in North Alabama:

**TARCOG** - Top of Alabama Regional Council of Governments 256-716-2442

**NACOLG** - Northwest Alabama Regional Council of Governments - 256-389-0500

**NARCOG** - North Central Alabama Regional Council of Governments - 256-355-4515

**EARPDC** - East Alabama Regional Planning & Development Commission - 205-237-6741

### Cullman County

**Grace Episcopal Church in Cullman**

[Grace Place](#)

Memory loss respite day program

graceplacecullman@gmail.com 256-736-4260

**Westminster of Cullman**

Temporary Care

256-255-0361

### Lauderdale County

**The Chadwick Foundation**

[Daily Respite](#) - Launching Fall 2025

**University of North Alabama Respite Program**

Monthly Respite Night for children w/ spec needs

rwinston@una.edu

### Limestone County

**First Baptist Church Athens**

[uMatter Ministry](#) Respite care Sundays

Sensory Room (birthday parties)

256.232.0602

**Lindsay Lane Baptist Church**

[Respite Care Ministry](#)

Evening Respite Events

gramsden@gmail.com 256.232.0020

## **Madison County**

### **Asbury Church**

#### **Special Needs Ministry for children**

Offered during Sunday Services  
[melody.crane@weareasbury.com](mailto:melody.crane@weareasbury.com)

### **Christy Care**

Senior Day Care Program  
Weekend Respite  
[info@christycare.com](mailto:info@christycare.com) 256-604-3117

### **EPIC Friendships**

Adult Day Program  
[maryannerazook@gmail.com](mailto:maryannerazook@gmail.com)

### **Gracefully Aging Senior Care**

Adult Day Program  
Hazel Green, AL  
256-808-9667

### **Next Step Farms**

Adult Day Program on a Farm  
Four days a week + Community volunteer Sat.  
[info@nextstepfarms.org](mailto:info@nextstepfarms.org)

### **Patterson Place**

Vocational-Focused Day Program  
[pattersonplacecommunity@gmail.com](mailto:pattersonplacecommunity@gmail.com)

### **Recreational Therapy Alabama**

1 on 1 Respite w/ Certified Therapeutic  
Recreation Specialist  
[rectherapyalabama@gmail.com](mailto:rectherapyalabama@gmail.com) 256-273-9441

### **Brooks Home Health Care**

**Adult Day Care** - Weekend and overnight respite  
256.652.0557  
[brookshomehealthcare@yahoo.com](mailto:brookshomehealthcare@yahoo.com)

### **Communicating Love @Rivertree Church HSV**

Sunday afternoon activities; 3:30-5:00 pm  
[communicatinglove@myrivertree.org](mailto:communicatinglove@myrivertree.org)  
256-428-9411

### **First Baptist Church**

**Special Friends Ministry**  
[joy@fbchsv.org](mailto:joy@fbchsv.org) 256-428-9411

### **Merrimack Hall**

**Happy Days**  
Adult Day Program for ages 18-65 in OXR  
[info@merrimackhall.com](mailto:info@merrimackhall.com) 256-534-6455

### **First Baptist Church Huntsville**

**OASIS**  
Community Day Respite Care for Dementia  
[oasis@fbchsv.org](mailto:oasis@fbchsv.org) 256.428.9422

### **Preferred Care at Home of Greater Huntsville**

Non-medical Services in Madison County  
256-427-2790

### **Studio 60 (Huntsville Senior Center)**

**Center for Adult Daycare**  
Provides care for adults 18+  
[adc@seniorview.com](mailto:adc@seniorview.com) 256-880-7094

## **Marshall County**

### **Guntersville First United Methodist Church**

Adult Repite Program  
Alzheimer's/Dementia/Parkinsons  
[lula.dobbs@gfumc.net](mailto:lula.dobbs@gfumc.net)

### **The Maker's Child** - Rotating locations at churches

Special needs children & adults  
One Friday a month - 6:00 to 8:30 pm  
[info@themakerschild.org](mailto:info@themakerschild.org)

## **Morgan County**

### **The Arc of Morgan County**

Summer School, Afterschool Care & Respite  
256-355-6192

### **Westminster of Decatur Assisted Living**

Respite Care; Overnight 2-30 Days  
256.309.5300

## **Muscle Shoals**

### **D & M Group Homes**

Day program  
[dmgrouphome@yahoo.com](mailto:dmgrouphome@yahoo.com) 256-648-3595

Resources provided by:



DISCLAIMER: This collection of resources is for informational purposes only and is not intended to serve as a recommendation or endorsement of any provider by the UA System, UAH, or UAH RAN. It is the responsibility of the person using this information to determine which resources, activities, information, and services best meet an individual's needs.