

Welcome to the 2023 Season

Dear Santa Clara Westside Little League Community:

Welcome to another season at Santa Clara Westside Little League (SCWLL)!

This document, *ASAP: A Safety Awareness Program, 2023 Season Safety Plan* (Safety Plan), is intended to inform league participants with respect to the league's safety standards and to provide key safety information and guidelines to help promote the health and well-being of our athletes, volunteers, and our league. Every member of SCWLL has a responsibility to follow all safety rules and to take an active role in identifying and communicating safety issues that may arise during the season.

SCWLL's Board of Directors has continued to focus on improving the overall safety of our league. We care about the well-being of our athletes, both from a physical standpoint and a social-emotional standpoint. From the physical standpoint, we continually evaluate and work to improve our facilities and equipment and provide a safe and healthy environment in which to play, including compliance with the unique safety requirements associated with state and county public health guidance regarding COVID-19. From the social-emotional standpoint, we are working hard to continue to provide baseball-related activities to allow our athletes a chance to play and continue to develop friendships with their peers and enjoy the game of baseball in a positive and supportive environment.

We also remain dedicated to our league's code of conduct, which applies to every board member, manager, coach, athlete, parent/guardian, volunteer, spectator, and umpire at SCWLL. All registrants are required to read and acknowledge the code of conduct as they complete the online registration process. In addition to its inclusion within this Safety Plan, the code of conduct can be found on our website at www.scwestside.com. To oversee and administer this policy, the SCWLL Board of Directors has a code of conduct committee. Our hope is that through ongoing and proactive community involvement and cooperation amongst our membership, the spirit of Little League will prevail, and the code of conduct committee will never be called into action.

In closing, please remember that our collective safety depends upon all of us. Please take the time to review this Safety Plan and become familiar with its content.

Sincerely,
Your SCWLL Board of Directors

Santa Clara Westside Little League



ASAP: A Safety Awareness Program

2023 Safety Plan

League ID: 4054412

v.20230311

Table of Contents

1.0 In Case of Emergency	1
1.1 Emergency Contacts	1
1.2 Safety Equipment	1
1.3 Emergency Notification Procedures	2
2.0 Purpose	3
2.1 Distribution	3
2.2 Safety Officer	3
3.0 COVID-19 Mitigation	4
3.1 Informational Resources	4
3.1.1 State of California	4
3.1.2 County of Santa Clara	5
3.1.3 Little League® International	5
3.1.4 Santa Clara Unified School District	5
3.2 Symptom Checks	5
3.3 Public Health and League Notifications	8
3.4 Home Isolation & Quarantine Guidance and Return-to-Play	8
3.5 Practice/Game COVID-19 Mitigation Measures	14
3.6 Additional COVID-19 Resources	15
3.6.1 California COVID-19 Exposure Notification	15
3.6.2 Free COVID-19 Testing	15
3.6.5 COVID-19 Information and Services Available from 2-1-1	15
3.6.6 COVID-19 Business Call Center	15
3.6.8 Isolation & Quarantine Support Program	15
4.0 Volunteers	16
4.1 Volunteer Application	16
4.2 Little League Background Check Requirement	16
4.3 Live Scan Requirement	17
4.3.1 Background	17
4.3.2 What SCWLL Needs to Do	18
4.3.3 What Volunteers Need to Do	18
5.0 Code of Conduct	19
5.1 Preamble	19
5.2 Code of Conduct	19
6.0 Training	21

Table of Contents (cont.)

6.1 Managers Meetings	21
6.2 CPR/AED/First-Aid	21
6.3 Concussion Safety	22
6.4 Abuse Awareness Training	22
6.5 District 44 Rules Clinic	23
6.6 Baseball Fundamentals	23
6.7 Positive Coaching Alliance	24
7.0 Incidents/Injuries	25
7.1 First-Aid Guidance	25
7.1.1 Hands-Only CPR - Immediately Call 9-1-1	25
7.1.2 Heart Attack and Stroke - Immediately Call 9-1-1	26
7.1.3 Loss of Consciousness - Immediately Call 9-1-1	27
7.1.4 Concussion	27
7.1.5 Heat Illness	29
7.1.6 Dental Injuries	31
7.1.7 Bloodborne Pathogens	31
7.2 Incident/Injury Reporting	31
7.2.1 What to Report	31
7.2.2 Incident/Injury Tracking Report	32
7.2.3 Accident Claim Form	32
7.3 Prepare for Return	32
8.0 Field and Equipment Safety	34
8.1 Annual Facility Survey	34
8.2 Equipment Inspections and Maintenance	34
8.2.1 Prior to the Regular Season	34
8.2.2 Prior to Each Practice	34
8.2.3 Prior to Each Game	35
8.2.4 During Each Game	35
8.2.5 Following Each Game	36
8.3 Maintenance and Equipment Shed Safety	37
9.0 Inclement Weather	38
9.1 Rain	38
9.2 Lightning	39
9.2.1 Plan Ahead	39
9.2.2 When Should Activities Be Stopped?	39

Table of Contents (cont.)

9.2.3 Where Should People Go for Safe Shelter?	40
9.2.4 When A Safe Location Is Not Nearby	40
9.2.5 When Should Activities Resume?	40
9.2.6 Who Should Monitor the Weather and Make Decisions?	40
9.2.7 What should be done if someone is struck by lightning?	41
9.3 Earthquake	41
9.3.1 Before an Earthquake	41
9.3.2 During an Earthquake	41
9.3.3 After an Earthquake	41
10.0 Concession Stand Safety	42
10.1 Concession Stand Inspection Checklist	42
10.3 Food Safety	43
10.4 Food Safety Certification	44
10.5 General Concession Stand Safety	44
10.6 Additional Concession Stand Safety Resources	45
11.0 Social Media Safety	47
11.1 Official SCWLL Website and Social Media Accounts	47
11.2 Social Media Community Guidelines	47
Attachment 1	
Field Operations Plans	49

Baseball fundamentals training generally qualifies a volunteer for 3 years.

The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are **FREE**. At least one manager/coach per team is recommended to complete the training.



Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a **FREE** educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

1.0 In Case of Emergency

1.1 Emergency Contacts

Emergency Number

9-1-1

Santa Clara Dispatch Non-Emergency Number

(408) 615-5580

Poison Control Center

(408) 222-1222

SCWLL President

Melinda Lutz

(408) 387-3606

scwestsidepresident@gmail.com

SCWLL Vice President

Tabitha Barientos

(408) 702-0952

ricntab@att.net

SCWLL Safety Officer

VACANT

safety.westside@gmail.com

Baseball fundamentals training generally qualifies a volunteer for 3 years.

The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.



Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

1.2 Safety Equipment

A First-Aid kit is assigned to each manager along with their equipment bag upon receiving their team assignments. Additional First-Aid kits are located in the offices at both Steve Carli and Earl R. Carmichael Parks and in the equipment shed at the Farm field.

Automated external defibrillators (AEDs) for assistance during cardiac arrest events are located in the SCWLL office at Steve Carli Park and in the equipment closet at Earl R. Carmichael Park.

Fire extinguishers are located in each snack shack and in each scorekeeper's booth at both Steve Carli and Earl R. Carmichael Parks, in the office at Steve Carli Park, in the storage area behind the bleachers at Steve Carli Park, and in the Farm field shed at CW Haman Elementary School.

1.3 Emergency Notification Procedures

The most important help you can provide to a seriously injured party is to call for professional medical help. Make the call quickly, preferably from a cell phone near the injured party. If this is not possible, send someone else to make the call from a nearby telephone while you begin administering First-Aid. Do not attempt to move or transport a seriously injured party.

Follows these steps:

1. Dial **9-1-1**.
2. Give the dispatcher the necessary information. Clearly and calmly answer any questions the dispatcher asks. Most dispatchers will ask:



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

- a. The exact location or address of the emergency? Include the name of the facility, address and city, cross streets, landmarks (ex. closest field, snack shack, bathroom, playground, etc.), and any other details requested by the dispatcher.
The addresses for our gameday fields are:
 - i. **Steve Carli Park**, 1045 Los Padres Blvd., Santa Clara, CA 95050
Cross Streets: Benton Street/Arlene Street
 - ii. **CW Haman Elementary School**, 865 Los Padres Blvd, Santa Clara, CA 95050
Cross Street: Patricia Drive
 - iii. **Earl R. Carmichael Park**, 3445 Benton St, Santa Clara, CA 95051
Cross Street: Curtis Avenue
 - b. The telephone number from which the call is being made?
 - c. The caller's name?
 - d. What happened? Ex., baseball-related accident, collapse or loss of consciousness, stroke, bicycle or vehicle accident, fire, etc.?
 - e. How many people are involved?
 - f. The condition of the injured person? Ex., unconscious, chest pains, severe bleeding, etc.?
 - g. What help is being given? Ex., first-aid, CPR, etc.?
3. Do not hang up until the dispatcher tells you to hang up. The dispatcher may put you on hold while they dispatch first responders.
 4. Continue to care for the injured party until first responders arrive, following the dispatcher's instructions.
 5. Appoint someone to go to the street and look for the first responders and flag them down. This can save valuable time. Remember, every minute counts.
 6. Appoint someone to call the SCWLL President and Safety Officer as soon as possible.
Important: If only one phone is available, stay on the line with the dispatcher until they

Baseball fundamentals training generally qualifies a volunteer for 3 years.

The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.



Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator tell you to hang up, then call the SCWLL President and Safety Officer as soon as possible (contact info is provided in Section 1.1).

Baseball fundamentals training generally qualifies a volunteer for 3 years.

The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.



Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

2.0 Purpose

Little League International introduced A Safety Awareness Program (ASAP) in 1995 with the goal of re-emphasizing the position of the Safety Officer to create awareness through education and information, of the opportunities to provide a safer environment for all participants. This Safety Plan is also guided by Little League International's [Child Protection Program](#).

SCWLL wants all league members to be informed of our efforts and expectations regarding league safety and to be prepared to safely participate. This Safety Plan provides important information for use by board members, managers, coaches, athletes, parents/guardians, umpires, and all other league volunteers to support their ability to promote and maintain a safe environment. This is a dynamic document and will be updated as-needed throughout the season, especially as COVID-19 guidance continues to evolve. We urge everyone to help provide a fun, safe, and positive environment. Creating this environment requires help and participation from everyone involved.

2.1 Distribution

A link to this Safety Plan will be placed on our website at www.scwestside.com. The Safety Plan can be viewed online and shared via hyperlink or downloaded as a PDF and shared via email. This is a dynamic document and will be updated as-needed throughout the season. The version number on hard copies should be compared to the version number on the electronic file located on the SCWLL website to ensure the current Safety Plan is being used.

Baseball fundamentals training generally qualifies a volunteer for 3 years.

The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are **FREE**. At least one manager/coach per team is recommended to complete the training.



Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a **FREE** educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

2.2 Safety Officer

Each year, SCWLL seeks out and nominates a volunteer to the board level position(s) of Safety Officer. The Safety Officer is responsible for planning the overall safety awareness initiatives mandated by Little League International. The Safety Officer is responsible for creating this Safety Plan and updating it as-needed, arranging required training and distributing relevant safety-related information throughout the season, promoting a safe environment, and assisting with incident management. A safety budget is established each year for training, supplies, and other safety-related purposes.

The Safety Officer for the 2023 season is **VACANT**. Please report injuries, unsafe conditions, or any other safety-related concerns to them (contact info is provided in Section 1.1).

3.0 COVID-19 Mitigation

Attending in-person social activities such as youth sports during the current and ongoing COVID-19 pandemic carries the inherent risk of contracting and/or transmitting COVID-19.

All league registrants shall review and acknowledge SCWLL's COVID-19 participation agreement during registration, acknowledging the ongoing COVID-19 risks; accepting the risks of participating in SCWLL activities; committing to adhere to current state and county COVID-19 public health orders, guidance, and directives, the SCWLL bylaws and local rules, and the SCWLL Safety Plan established to facilitate baseball activities in compliance with state and county requirements; and agreeing to notify SCWLL of a positive COVID-19 diagnosis or close contact.

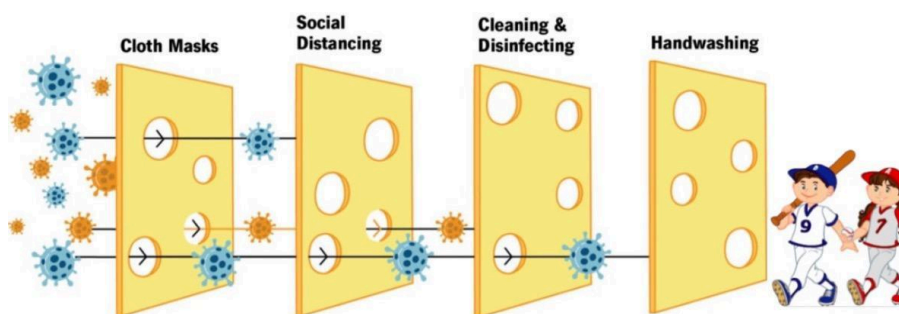
Baseball fundamentals training generally qualifies a volunteer for 3 years.



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator



This Safety Plan attempts to identify and adhere to all state and county health orders, guidance, and directives regarding COVID-19, and this Safety Plan will be updated as guidance changes; however, due to the complexity and evolving nature of the state and county requirements, this Safety Plan may be out-of-date as the season progresses. For the most up-to-date state and county requirements, please visit their websites. Links to relevant resources are provided below.

3.1 Informational Resources

3.1.1 State of California

1. [State Public Health Officer Order of October 14, 2022](#)
2. [Beyond the Blueprint for Industries and Business Sectors](#), updated May 2, 2022
3. [California SMARTER Plan: The Next Phase of California's COVID-19 Response](#), February 2022
4. [Guidance for the Use of Face Masks](#), updated September 20, 2022
5. [Vaccine Record Guidelines & Standards](#), updated May 2, 2022
6. Cal/OSHA [COVID-19 Prevention Non-Emergency Regulations](#), adopted January 2023



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are **FREE**. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a **FREE** educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

7. [COVID-19 Prevention Non-Emergency Regulations – What Employers Need to Know](#), December 15, 2022

3.1.2 County of Santa Clara

SCWLL will adhere to the County's [COVID-19 Guidelines for the General Public](#). If you have tested positive for COVID-19 or are experiencing symptoms, use the County's [COVID-19 Guidelines Flowcharts](#) to learn what to do. Please also see the [Public Health Order Frequently Asked Questions](#).

3.1.3 Little League® International

1. [ASAP Guidance](#)
2. [Coronavirus FAQs](#)
3. [Coronavirus \(COVID-19\) Local League and District Support FAQs](#)

3.1.4 Santa Clara Unified School District

Santa Clara Unified School District's (SCUSD) [COVID-19 Health & Safety Plan](#) (HASP), revised April 6, 2022, includes the following requirements for external community organizations that obtain a permit to use school facilities.

1. Engage only in activities permitted by the Santa Clara County Department of Public Health
2. Verify that they are able to adhere to all guidance issued by the California Department of Public Health and the Santa Clara County Department of Public Health.

Baseball fundamentals training generally qualifies a volunteer for 3 years.

The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.



Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

3. Conform to all access requirements including the wearing of a face covering and the observance of social distancing to the extent possible

3.2 Symptom Checks

As a best practice, it is strongly recommended that each participant (ex. manager/coach, athlete, umpire, spectator, or other volunteer) complete a symptom check prior to arriving at the field before every practice/game. Managers are encouraged to utilize a team app such as [TeamSnap](#) or [Gamechanger](#), which have integrated symptom checks along with their RSVP functions (preferred). If utilizing a team app, managers may assign administrator duties to a coach or team parent to check whether each participant completes the symptom check. Managers shall immediately notify the Safety Officer upon learning of a close contact or positive COVID-19 diagnosis.

The symptom check should be completed before leaving home to travel to the practice/game. It should not be completed the day or night before. Managers should double-check with participants upon arrival. All participants shall stay home if they are diagnosed with COVID-19, if they had a known close contact, and/or if they are experiencing any signs of illness.

If any participant (youth or adult) begins showing COVID-19 symptoms or learns they have tested positive for COVID-19 while participating in a league activity, that participant shall immediately go home or wait in an isolation area until they can be transported home or to a healthcare facility, as soon as practicable.


Baseball fundamentals training generally qualifies a volunteer for 3 years.












The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are **FREE**. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a **FREE** educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.



SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator



Have you experienced these symptoms within the last three days?

 Fever or Chills	 Cough	 Shortness of Breath or Difficulty Breathing
 Sore Throat <small>*New or Unexplained</small>	 Fatigue <small>*New or Unexplained</small>	 Muscle or Body Aches <small>*New or Unexplained</small>
 Headache <small>*New or Unexplained</small>	 Loss of Taste or Smell	 Nausea, Diarrhea, or Vomiting <small>*New or Unexplained</small>

**DO NOT ENTER
IF YOU HAVE ANY OF THE ABOVE SYMPTOMS
SEEK MEDICAL CARE AND TESTING**



Baseball fundamentals training generally qualifies a volunteer for 3 years.

The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.



Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWHL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

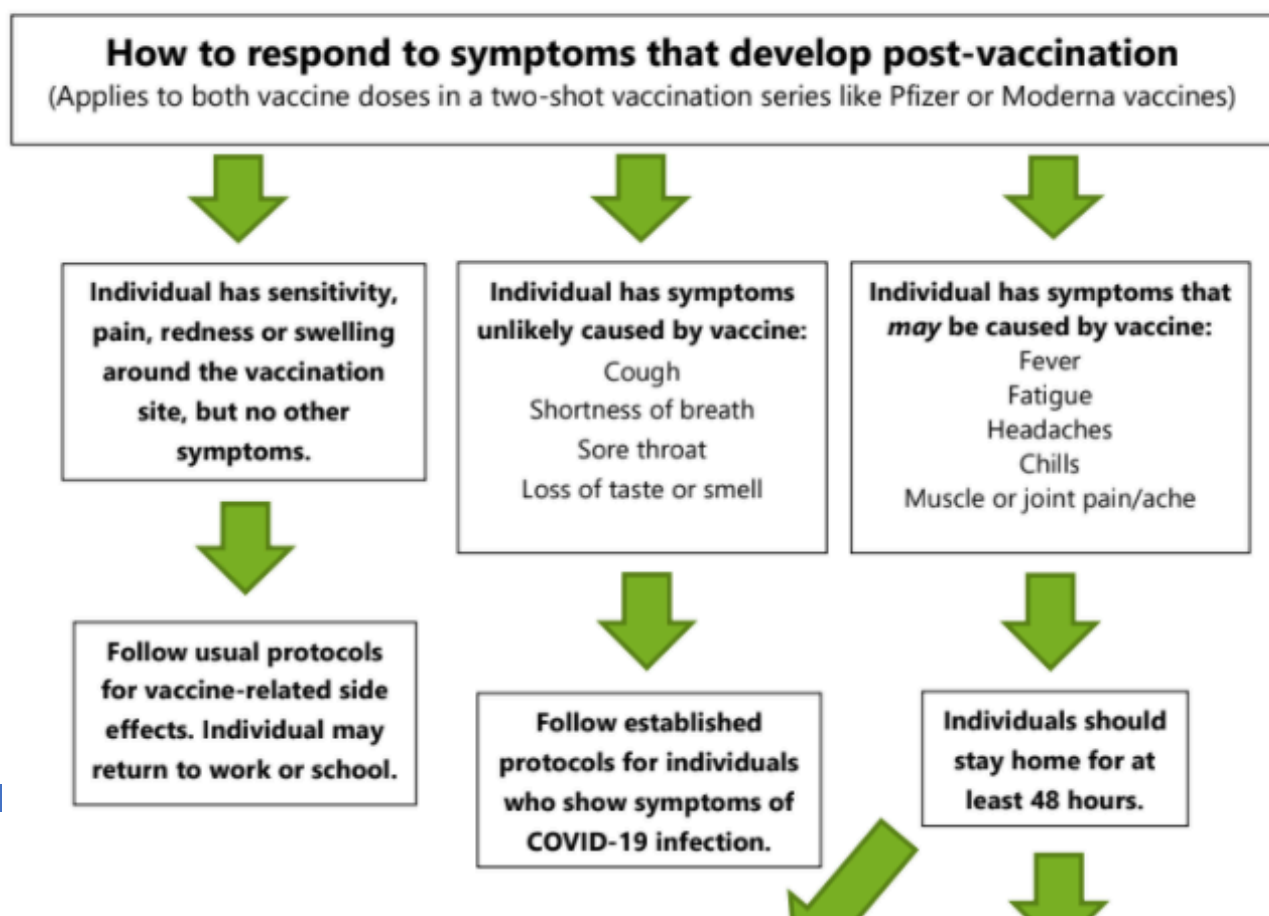
COVID-19 Guidelines for Post-Vaccination Symptoms



EFFECTIVE DATE: 2/8/2021

INTENDED AUDIENCE: VACCINATIONS STAFF

PURPOSE: PROVIDE GUIDELINES FOR RESPONDING TO VACCINE SENSITIVITY OR REACTIONS





The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are **FREE**. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a **FREE** educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

3.3 Public Health and League Notifications

Managers, coaches, and parents/guardians shall notify the Safety Officer (contact info is provided in Section 1.1) of a confirmed COVID-19 diagnosis or close contact and shall not participate in any in-person league activities until confirmed clear.

Depending upon the number of positive COVID-19 tests and the exposure circumstances, SCWLL may not send league notifications for all positive COVID-19 test results reported. The Safety Officer will evaluate each exposure scenario and whether it is a league exposure or an external exposure before evaluating whether a team or league or public health notification is warranted. The Safety Officer may also rely upon a team manager to provide an informal notification to their team.

3.4 Home Isolation & Quarantine Guidance and Return-to-Play

All personnel shall notify the Safety Officer and their manager and stay home if they are diagnosed with COVID-19, if they have a known close contact, and/or if they are experiencing any COVID-19 symptoms. Home isolation or quarantine must be completed according to the the County of Santa Clara's [Guidelines for COVID-19 Cases and Close Contacts](#) below, before returning to league activities. If you have been exposed to COVID-19 (i.e. close contact), you do not need to quarantine if you have been fully vaccinated and boosted (if booster eligible) and have not had any COVID-19 symptoms since the COVID-19 exposure, but test within 3 to 5 days, and wear a face covering whenever near others for at least 10 days.

Children may have different paths to return based on the severity of their illness. Parent(s)/guardian(s) should consult their physician for testing and notify the Safety Officer and their manager of their child's symptoms and test results. The [American Academy of Pediatrics](#) advises that children who test positive for COVID-19 should consult with their doctor 2-4 weeks

Baseball fundamentals training generally qualifies a volunteer for 3 years.

The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.



Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator after their positive test or before returning to sports. Please also see Section 7.3, Prepare for Return, which may also apply.

Baseball fundamentals training generally qualifies a volunteer for 3 years.

The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.



Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

I Tested Positive for COVID-19

What do I do?



ISOLATION



Stay home for at least 5 days.

Test again on or after Day 5 using an antigen test. Wear a mask for 10 days.

Do you have symptoms at Day 5?

YES

NO

Did you get tested on or after Day 5?

NO

YES

Was your test positive?

YES

NO



Baseball fundamentals training generally qualifies a volunteer for 3 years.



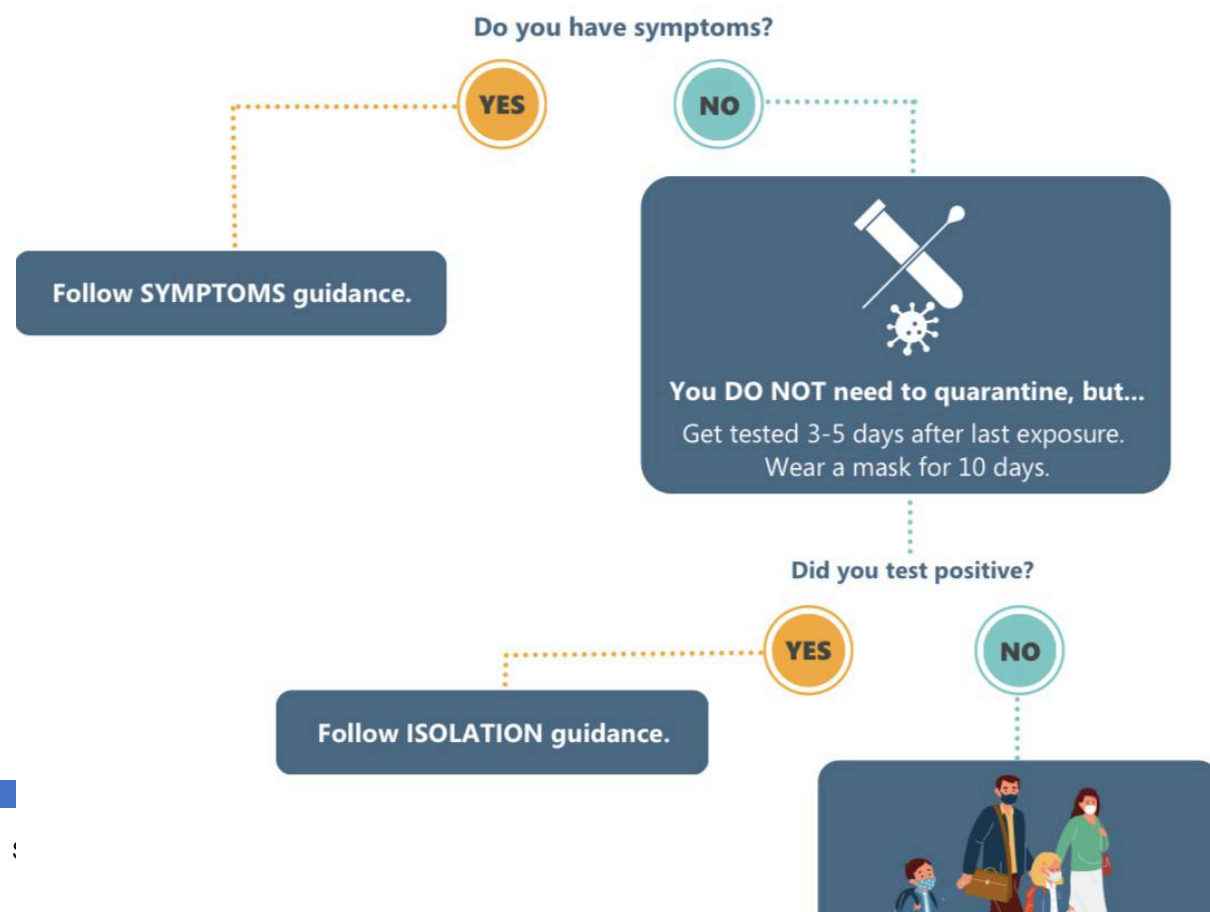
The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

I Am A Confirmed Close Contact to Someone with COVID-19, what do I do?

CLOSE CONTACTS



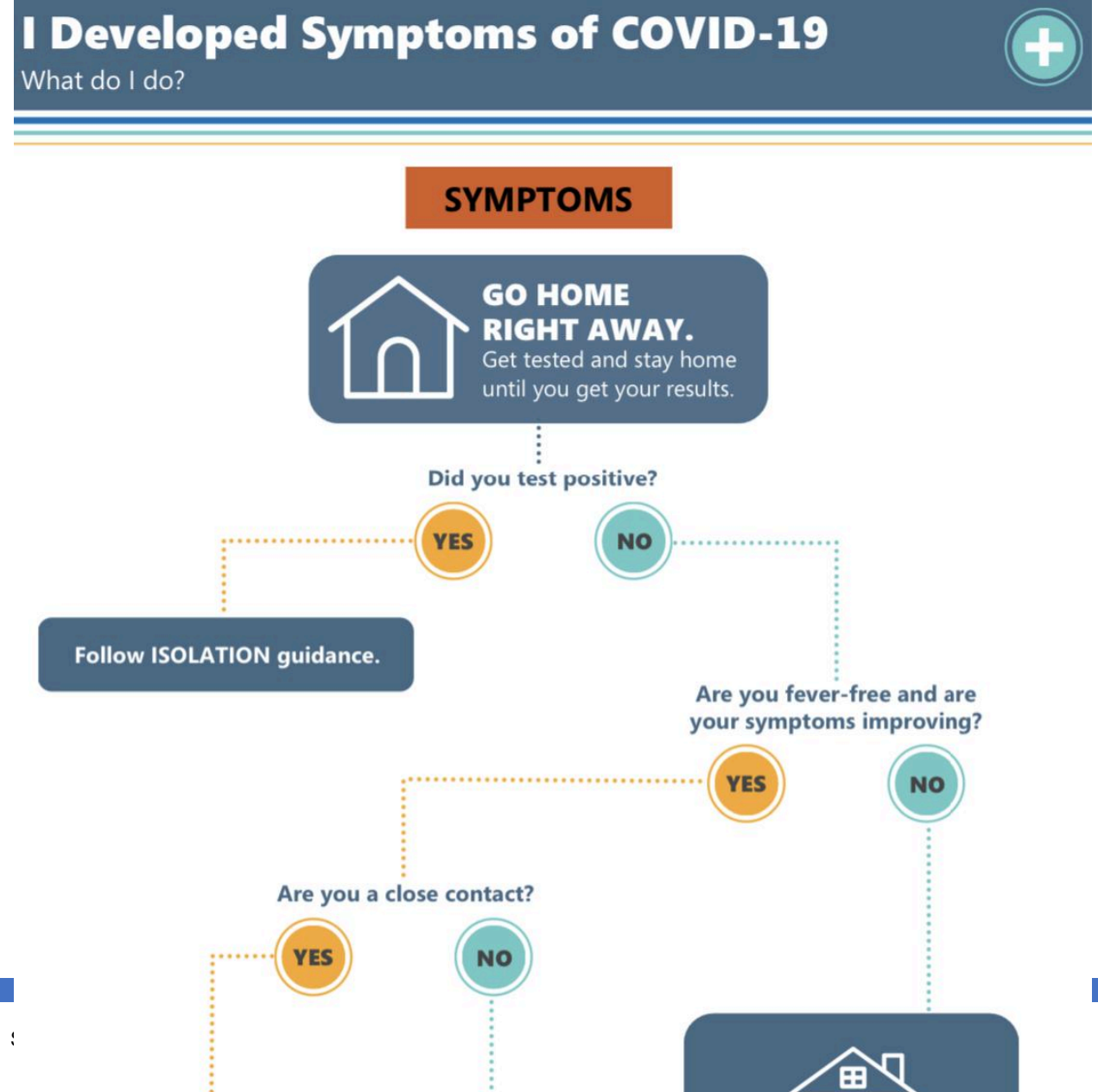
Baseball fundamentals training generally qualifies a volunteer for 3 years.

The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.



Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator



Baseball fundamentals training generally qualifies a volunteer for 3 years.

The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also



Guidelines for COVID-19 Cases and Close Contacts

I Tested Positive for COVID-19 – What Do I Do? (Isolation Guidelines)



If you have COVID-19, **you must stay home until you are better and will not make others sick.** Watch your symptoms closely, especially if you are at [high risk of serious illness](#). In addition:

- Stay home, and stay away from others
- Sleep in a separate room
- Use a separate bathroom if you can
- Wear a mask, even at home
- Clean shared surfaces often
- If you are unable to isolate safely at home, call 211 for information on housing, food, or other support services.

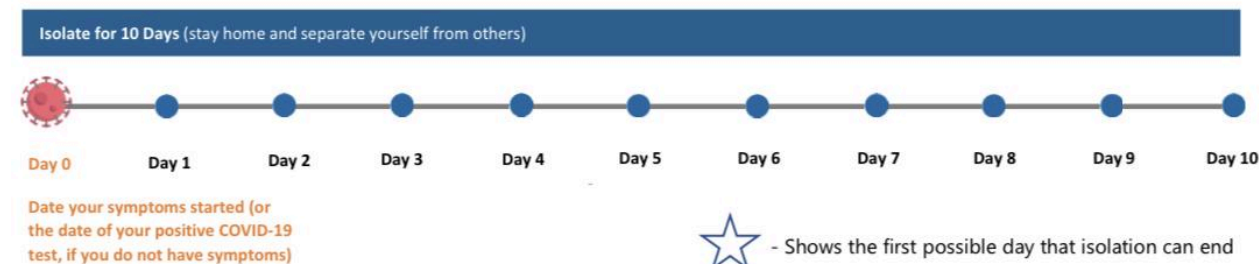
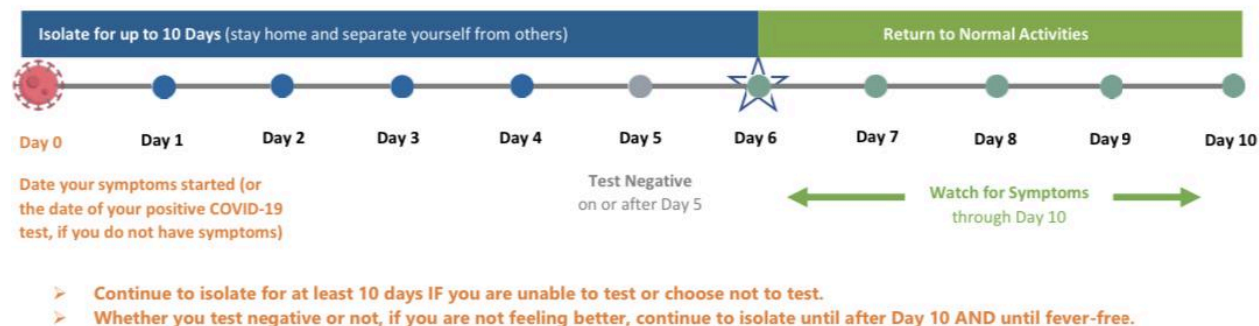
Follow Guidance for Ending Isolation:

- If you test negative¹ on/after 5 days from the date your symptoms started (or 5 days from the date of your positive COVID-19 test, if you don't have symptoms), you can return to normal activities after:
 - At least 5 full days isolating, AND,
 - You are fever-free for at least 24 hours, AND,
 - Other symptoms are getting better.
- Continue to isolate for at least 10 days IF you are unable to test or choose not to test OR your symptoms are not getting better.
- If you have a weaker immune system or have another illness, your doctor may tell you to isolate for longer.

¹When testing to end isolation, it is recommended to use an antigen test (often called a rapid test) instead of a PCR test.

Tell Your Close Contacts:

Tell the people you were in close contact with that they may have been exposed to COVID-19. Being aware of a COVID-19 exposure will allow your close contacts to get tested, watch for symptoms, and better protect their family and loved ones. See page 2 for the definition of **close contact**.



Baseball fundamentals training generally qualifies a volunteer for 3 years.

The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are **FREE**. At least one manager/coach per team is recommended to complete the training.



Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a **FREE** educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWHL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

I am a Confirmed Close Contact to Someone with COVID-19 – What Do I Do? (Guidelines for Close Contacts)

The California Department of Public Health (CDPH) defines a **close contact**² as someone who shared indoor airspace with a person who has COVID-19 for a total of 15 minutes or more during the time that COVID-19 infection can be passed to others. This is from 2 days before the person with COVID-19 had symptoms (or 2 days before they tested positive, if they never had symptoms) until isolation ends.

²For spaces larger than 400,000 cubic feet, see [CDPH's close contact definition for large indoor spaces](#).



If you were a close contact to someone with COVID-19:

- **Test within 3-5 days after last exposure**³.
- If symptoms develop, test and stay home, AND
- If test result is positive, follow isolation recommendations.
- It is also strongly recommended to wearing a well-fitting mask around others for a total of 10 days.
- Get vaccinated or boosted if not already (if you don't have symptoms, wear a mask, and follow testing guidance).

³If you test negative with an antigen test, [repeat testing](#) may be recommended 48 hours later to avoid potential false negative results.

I Have Symptoms of COVID-19 – What Do I Do?

If you have symptoms of COVID-19, **you should get tested right away**. While you are waiting for your COVID-19 test results, **you must stay home** until you are better and will not make others sick. Watch your symptoms closely and get medical care if you feel worse, especially if you are at higher risk of serious illness. In addition:



- Stay home, and stay away from others
- Sleep in a separate room
- Use a separate bathroom if you can
- Wear a mask, even at home
- Clean shared surfaces often

If you **test positive** for COVID-19, follow the isolation steps on page 1. If you **test negative** for COVID-19, you can return to normal activities once you have been fever-free for 24 hours and other symptoms are improving. Consider continuing isolation and retesting in 1-2 days if you test negative with an antigen test, especially if your first test was during the first 1-2 days after symptoms began. If new symptoms develop, isolate and get tested again.

Do I Need to be Tested for COVID-19?

You may need to be tested for COVID-19 if:

- (1) You have symptoms of COVID-19;
- (2) You are a close contact to someone who has COVID-19; OR
- (3) You are in a job or situation where you are

What to do while you're waiting for test results:

- (1) If you have any COVID-19 symptoms, follow the symptoms steps above.
- (2) If you do not have COVID-19 symptoms, regardless of whether or not you are a close





The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are **FREE**. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a **FREE** educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

3.5 Practice/Game COVID-19 Mitigation Measures

1. As of February 18, 2023, the Santa Clara County community level is “**Low**” (see [CDC guidance](#) and [CDPH guidance](#)).
 - a. Stay [up to date](#) with COVID-19 vaccines
 - b. [Get tested](#) if you have symptoms

People may choose to mask at any time. People with symptoms, a positive test, or exposure to someone with COVID-19 should wear a mask. If you are immunocompromised, learn more about [how to protect yourself](#).

2. Players should take a break if they experience any difficulty breathing and should change their face covering (if wearing one) if it becomes wet and obstructs breathing.
3. Dugouts - No food, no sunflower seeds, no gum. Water and sports drinks only.
4. Drinks/water bottles and other personal items/equipment should be labeled with the athlete's name and should not be shared.
5. Each player must have their own glove, except for the catcher's mitt. SCWLL will loan individual batting helmets for the season if needed. Shared bats will be available. Catchers' gear should be disinfected between players.
6. Minimize sharing of equipment to the extent feasible.
7. The plate umpire may choose to stand behind the pitcher.
8. If a pitcher puts their hand to their mouth and touches the ball, call “TIME.” The pitcher must sanitize their hands and change to a new ball before throwing the next pitch.
9. Adults only in the scorebooths.
10. For interlocking games, if COVID-19 guidance differs, follow the stricter guidance.

Baseball fundamentals training generally qualifies a volunteer for 3 years.



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are **FREE**. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a **FREE** educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

3.6 Additional COVID-19 Resources

3.6.1 California COVID-19 Exposure Notification

If you have an Apple or Android smartphone, we encourage you to sign up for [CA Notify](#).

3.6.2 Free COVID-19 Testing

County of Santa Clara offers [FREE COVID-19 Testing](#) (click link).

3.6.5 COVID-19 Information and Services Available from 2-1-1

Call 2-1-1 to speak with an operator about programs and services to assist families in Santa Clara County.

3.6.6 COVID-19 Business Call Center

For any inquiries related to your business or workplace operating under the current COVID-19 regulation in Santa Clara County, call (408) 961-5500, Monday - Friday, 8am-5pm.

3.6.8 Isolation & Quarantine Support Program

For support services in order to safely isolate or quarantine (including housing, transportation, meals, or other supports), call 408-808-7770.



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are **FREE**. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a **FREE** educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

4.0 Volunteers

Little League International has the [Child Protection Program](#) that must be followed by all Little League programs. Please click the hyperlink above and review the complete program. The following subsections describe minimum requirements to screen potential volunteers.

4.1 Volunteer Application

Please indicate your desire to volunteer when completing your child's online registration process or send a follow-up email to info@scwestside.com. All volunteers listed below in Section 4.2 are required to register as a volunteer on our website, www.scwestside.com (note: volunteer registration indicates interest only; it does not guarantee you will be approved to manage or coach or otherwise volunteer). You must be pre-approved by SCWLL and complete a required background check ~~and Live Scan~~ and other required training (ex. Abuse Awareness) prior to participation (please note, the State of California suspended the Live Scan requirement for 2023, but the requirement will resume in 2024).

4.2 Little League Background Check Requirement

Regulation I (b) and (c) (8 & 9) in the current edition of the Little League Official Regulations, Playing Rules and Operating Policies, requires that the following volunteers consent to an annual background check:

1. All members of the Board of Directors
2. Team managers, official coaches, and practice coaches
3. Umpires
4. Concession stand (aka, snack shack) staff
5. Grounds crew and facilities staff

Baseball fundamentals training generally qualifies a volunteer for 3 years.



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are **FREE**. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a **FREE** educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

6. Team Parents

7. Anyone with regular service to the league/repetitive access to, or contact with, the Little Leaguers® or their teams

All volunteers must register on the SCWLL [website](#), which now incorporates the volunteer application and background check. All Little League volunteer positions are annual positions, and need to be reapproved, pending a background check, each year. Anyone refusing to fill out a volunteer application and complete a background check is ineligible.

The purpose of these background checks is, first and foremost, to protect children. Second, they maintain Little League as a hostile environment for those who would seek to do harm. Third, they will help to protect individuals and leagues from possible litigation.

SCWLL utilizes JDP, a Little League-approved, secure third-party service provider to conduct background checks ([Little League Background Checks - JDP](#)). JDP has a Criminal File database that contains more than 600 million records, including criminal and sex offender registry records covering 50 states and the District of Columbia, meeting the current Little League Regulation I (c) (8 & 9) requirements.

SCWLL will consider the following criteria, amongst other considerations, when evaluating potential volunteers.

1. Any background check that reveals a conviction for, guilty plea, no contest plea, or admission to any crime involving or against a minor must result in immediate termination from the league.
2. Felony convictions within the past 10 years and misdemeanors within the past 5 years are subject to disqualification as a volunteer.

Baseball fundamentals training generally qualifies a volunteer for 3 years.

The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are **FREE**. At least one manager/coach per team is recommended to complete the training.



Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a **FREE** educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator For more information on Little League's Child Protection Program and conducting background checks, go to: [What You Need to Know About the Little League® Volunteer Application Process](#).

Important reminder: The Little League background check requirement does not replace the Live Scan requirement described in Section 4.3, or vice versa. They are separate requirements.

4.3 Live Scan Requirement

Please note, the State of California suspended the Live Scan requirement for 2023. We are preserving this section for future reference.

4.3.1 Background

Effective January 1, 2022, there is a new state law to protect children from sexual abuse in youth organizations, including Little League. California passed a new legislative bill, [Assembly Bill No.506](#), that requires a fingerprint-based background check and child abuse and neglect reporting training for all individuals who are 18 years of age or older and who have direct contact with, or supervision of, children for more than 16 hours per month or 32 hours per year; which, for Little League, includes coaches, managers, board members, umpires, etc.

Assembly Bill No.506 requires organizations to have policies to ensure that regular volunteers are reporting suspected incidents of child abuse. It also requires the presence of at least two mandated reporters when interacting with children. Fortunately, Little League International has the [Child Protection Program](#) that must be followed by all Little League programs, and volunteers are already considered mandated reporters due to the [SafeSport law enacted in 2018](#) (see Section 6.4 for additional info).

Baseball fundamentals training generally qualifies a volunteer for 3 years.

The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.



Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator The new background check requirement by the state is pursuant to Section 1105.3, which is a California Department of Justice State fingerprint check through Live Scan locations. This background check does not replace the required Little League background check, which is a search of the National Criminal database, National Sex Offender Registry, U.S. Center for SafeSport Centralized Disciplinary Database, and the Little League International Ineligible List. Local Little League volunteers must complete training for child abuse and neglect reporting. Please see Section 6.4 for additional info regarding this required training.

4.3.2 What SCWLL Needs to Do

A SCWLL-appointed board member must oversee the background check process for the league, including the new Live Scan requirements under California law.

4.3.3 What Volunteers Need to Do

Volunteers are required to go through this process for each league, school, and/or other non-profit they volunteer for; therefore, it is strictly prohibited to share the fingerprint background check results with other local Little Leagues, schools, or other non-profits.

Process for volunteers:

1. Request SCWLL's "ORI" number from the Safety Officer.
2. Volunteers must use the correct "ORI" code for SCWLL.
3. Select a Live Scan location to conduct the fingerprints.
4. Complete form 8016- *Request for Live Scan Services* either online or bring the completed form with you to the Live Scan location.

Baseball fundamentals training generally qualifies a volunteer for 3 years.



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

5. The fingerprint background check can cost approximately \$25 to \$75 depending on the Live Scan location and the number of agencies involved. Volunteers are generally responsible for their Live Scan fingerprint background check costs.

Important reminder: The Live Scan requirement does not replace the Little League background check requirement described in Section 4.2, or vice versa. They are separate requirements.

Baseball fundamentals training generally qualifies a volunteer for 3 years.

The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.



Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

5.0 Code of Conduct

Little League International and all of its local leagues promote and expect good sportsmanship by all. We request your cooperation by supporting the participants and officials in a positive manner. SCWLL has implemented the following code of conduct to clarify expectations regarding proper roles and behavior at SCWLL. All participants are required to acknowledge that they have both read and understand this code of conduct at the time they accept their volunteer assignment or complete the online registration process.

Profanity, racial or ethnic comments, or other intimidating actions that are deemed inappropriate will not be tolerated. Any person guilty of improper conduct at any game, practice, or other league event will be asked to leave the premises and will be suspended from the following game. Repeat violations may result in a multiple-game suspension or result in the forfeiture of the privilege of attending all remaining games.

5.1 Preamble

SCWLL believes that the essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles:

1. Trustworthiness
2. Respect
3. Responsibility
4. Fairness
5. Caring
6. Good Citizenship



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator SCWLL believes that the highest potential of sports is achieved when competition reflects these “six pillars of character.”

5.2 Code of Conduct

As a board member, manager, coach, athlete, parent/guardian, umpire, and/or any other volunteer, I agree:

1. I will not force children to participate in Little League.
2. I will remember that children participate to have fun and that the game is for youth, not adults.
3. I will inform a league official of any physical disability or ailment that may affect the safety of children or the safety of others.
4. I will learn the rules of the game and the bylaws and local rules of SCWLL.
5. I (and my guests) will be a positive role model for athletes and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all athletes, managers, coaches, officials, and spectators at every game, practice, or other league event.
6. I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, manager, coach, athlete, parent/guardian, or other spectator such as booing and taunting; refusing to shake hands; or using profane language or gestures.
7. I will not encourage any behaviors or practices that would endanger the health and well-being of the athletes.
8. I will teach youth to play by the rules and to resolve conflicts without resorting to hostility or violence.
9. I will demand that athletes treat everyone with respect regardless of race, creed, color, sex, or ability.



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

10. I will teach my child that doing their best is more important than winning so that my child will never feel defeated by the outcome of a game or their performance.
11. I will praise all athletes for competing fairly and trying hard.
12. I will never ridicule or yell at my child or other participants for making a mistake or losing a competition.
13. I will emphasize skill development and sportsmanship and how they benefit athletes over winning. I will also de-emphasize games and competition in the lower age groups.
14. I will promote the emotional and physical well-being of the athletes ahead of any personal desire I may have for my athletes to win.
15. I will respect the umpires and their authority during games and will never question, discuss, or confront umpires, managers, or coaches. I will schedule a time to speak with a manager and/or coach at an agreed upon time and place, if needed.
16. I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol, and I will refrain from their use at all league events.
17. I will refrain from coaching my child or other athletes during games and practices, unless I am one of the official coaches of the team.

Baseball fundamentals training generally qualifies a volunteer for 3 years.

The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.



Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

6.0 Training

Training is open to all managers and coaches; however, the minimum requirement for each required training is one manager or coach per team who will be present at every game and practice. For example, the manager of a team can do all the training, or one coach from a team can do all the training, or the manager and coaches of a team can each do different training in order to satisfy this requirement. One exception is the Abuse Awareness Training, which shall be completed by every board member, manager, and coach (not just one person per team). SCWLL will facilitate the required training sessions for the following topics, which may be completed internally or may be completed through a third-party provider:

1. Managers Meeting
 - a. Safety Plan
 - b. SCWLL bylaws and local rules
2. First-Aid, cardiopulmonary resuscitation (CPR), automated external defibrillator (AED)
3. Concussion Safety
4. Abuse Awareness Training
5. District 44 Rules Clinic
6. Baseball Fundamentals (required for all tournament managers and coaches, recommended for all)
7. Positive Coaching Alliance (to be determined [TBD])

Please send copies of your certificates of completion to safety.westside@gmail.com.

Baseball fundamentals training generally qualifies a volunteer for 3 years.



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

6.1 Managers Meetings

The Safety Officer, along with each Division Director and/or UIC will meet with managers to discuss the Safety Plan, SCWLL bylaws and local rules updates, and general expectations prior to the first practice (approximately 1 hour).

1. Majors Managers Meeting: Saturday, January 21, 2023
2. Minors Managers Meeting: Saturday, January 28, 2023
3. Farm Managers Meeting: Thursday, January 26, 2023
4. Rookie Managers Meeting: Saturday, February 18, 2023
5. T-Ball Managers Meeting: Wednesday, February 22, 2023
6. Make-Up Managers Meeting: As needed

6.2 CPR/AED/First-Aid

At least one manager/coach per team is required to have current CPR/AED/First-Aid training. SCWLL will schedule CPR/AED/First-Aid training, if needed, for managers and/or coaches to comply with this requirement. If at least one manager/coach per team already has current, American Heart Association (AHA)-certified CPR/AED/First-Aid training that will not expire before the end of the current season, additional training is not required (email a copy of your current AHA cert to safety.westside@gmail.com). Following selection of team managers, the Safety Officer will evaluate whether CPR/AED/First-Aid training needs to be scheduled. CPR/AED/First-Aid training must be completed prior to the start of the regular season (approximately 1.5 hours).

CPR/AED/First-Aid training will be provided by SCWLL prior to the 2023 spring season.

Baseball fundamentals training generally qualifies a volunteer for 3 years.

The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are **FREE**. At least one manager/coach per team is recommended to complete the training.



Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a **FREE** educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

6.3 Concussion Safety

The Centers for Disease Control and Prevention (CDC) provides online concussion safety training with their [HEADS UP to Youth Sports: Online Training](#) (approximately 1 hour). Per Little League requirements based upon [California Health and Safety Code Section 124235](#), each manager, coach, and administrator (not just one person per team) must complete concussion training at least once before supervising a SCWLL athlete in a league activity. Please click [here](#) for more information about the Little League and California Health and Safety Code requirements. This training is also available to athletes, parents/guardians, sports officials, athletic trainers, and other individuals interested in learning about concussion safety. Individuals can register and complete the training on their own through the CDC website using the link above. The CDC HEADS UP training must be completed prior to the start of the regular season. This is a one-time training and may be carried over each year.

The free CDC HEADS UP Concussion and Helmet Safety app can help you learn how to spot a possible concussion and what to do if you suspect a concussion or other serious brain injury. Download for Free:



6.4 Abuse Awareness Training

In 2018, the “Protecting Young Victims from Sexual Abuse and SafeSport Authorization Act of 2017” became Federal law. All athletes deserve to participate in sports free from bullying, hazing, sexual misconduct, or any form of emotional or physical abuse. Education and awareness are the most critical components to creating safe and respectful sporting environments, free of abuse and harassment.

Baseball fundamentals training generally qualifies a volunteer for 3 years.



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are **FREE**. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a **FREE** educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

There are certain requirements from the SafeSport Act that Little League International and all local little league programs must adhere to.

1. Reporting of abuse involving a minor to the proper authorities.
 - a. All volunteers of a local league are mandated reporters and could face criminal charges if the league chooses to ignore, or not report to the proper authorities, any witnessed act of child abuse, including sexual abuse, within 24 hours.
 - b. Please visit LittleLeague.org/ChildAbuse for additional information regarding proper procedures to report sexual abuse in California.
2. SCWLL prohibits retaliation on “good faith” reports of child abuse.
3. Adults shall not have private, secluded, or otherwise obscure, one-on-one contact with minors. The Abuse Awareness training provides examples of appropriate and prohibited one-on-one interactions.
4. Complete the Abuse Awareness training provided by USA Baseball and SafeSport.

[Abuse Awareness for Adults](#) shall be completed by every board member, manager, and coach (not just one person per team) prior to the start of the regular season. The Abuse Awareness for Adults course is FREE and provides resources to create a positive and safe environment for all athletes, coaches, parents, umpires, and spectators by understanding how to recognize misconduct and abuse of all types. Topics covered include how to identify and report incidents and what abuse awareness policies should be in place (approximately 1 hour). This is a one-time training and may be carried over each year.

[Abuse Awareness for Minors](#) is also available for interested families but is not required. The Abuse Awareness for Minors course is FREE and provides resources to identify what abuse is

Baseball fundamentals training generally qualifies a volunteer for 3 years.



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are **FREE**. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a **FREE** educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator and what to do if someone is being abused. Topics covered include knowing who and what to tell, and what is and is not appropriate behavior within baseball activities.

6.5 District 44 Rules Clinic

In addition to the SCWLL bylaws and local rules discussed in the managers meeting, District 44 is providing a Little League rules clinic for umpires, managers, coaches, and parents. At least one manager/coach per team is required (Farm Division and above; approximately 3 hours).

- Part 1, Friday, March 3 7:00-8:30 pm via Zoom
- Part 2, Saturday, March 4 7:00-8:30 pm via Zoom
- Zoom Link: <https://us02web.zoom.us/j/81097468288>
- Each session covers different material, so attend both.

The recorded videos from the District 44 Rules Clinic will also be available on YouTube: <https://youtube.com/channel/UCPlq8EZA94FSYf1i3CW-00g> (or search "D44 Rules Clinic").

6.6 Baseball Fundamentals

6.7 Positive Coaching Alliance

SCWLL may arrange for managers and/or coaches to complete the [Positive Coaching Alliance \(PCA\) Little League Double-Goal Coach® online training](#). SCWLL will provide additional information regarding PCA online training when available.

PCA's Mission: "Be a catalyst for a positive youth sports culture in all communities across the U.S."

Baseball fundamentals training generally qualifies a volunteer for 3 years.



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

PCA's Vision: "PCA believes that all youth can benefit from a positive, inclusive sports culture that develops social and emotional skills, molds character, and prepares them for competition and life. Encouraging athletes with positive reinforcement helps them hear and heed the necessary corrections. With that winning combination of truthful, specific praise and constructive criticism, athletic performance improves and so do the chances that kids stick with sports longer and learn all the valuable life lessons inherently available through organized competition."

Baseball fundamentals training generally qualifies a volunteer for 3 years.

The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are **FREE**. At least one manager/coach per team is recommended to complete the training.



Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a **FREE** educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

7.0 Incidents/Injuries

If a person is injured during a game, practice, or other league-approved activity:

1. Administer First-Aid treatment if necessary, or call 9-1-1 if necessary.
2. If the injured party is a child, immediately contact their parent(s)/guardian(s) if they are not on site at the time of the incident.
3. Document the incident with as much detail as possible using the [Incident/Injury Tracking Report](#) (more info in Section 7.2).
4. If medical attention is needed, provide the family a copy of the [Accident Claim Form](#) and assist as-needed (more info in Section 7.2).
5. If a player misses seven (7) or more continuous days of participation, a physician or other accredited medical provider must give written permission for a full return to baseball activity.

During games, if an athlete is injured and removed from the game, a team manager is not permitted to return the injured athlete to the game without first having a medical professional at the game site clear the player. If the player receives medical clearance to return to the game after being removed due to injury, they are required to complete mandatory play, if applicable.

7.1 First-Aid Guidance

Per Little League requirements based upon [California Health and Safety Code Section 124235](#), on an annual basis, SCWLL shall provide a concussion and head injury information sheet and sudden cardiac arrest information to each athlete. These topics are included in the following subsections.

Baseball fundamentals training generally qualifies a volunteer for 3 years.

The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are **FREE**. At least one manager/coach per team is recommended to complete the training.



Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a **FREE** educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator ***The following subsections are provided for informational purposes only and do not qualify as official or approved training.***

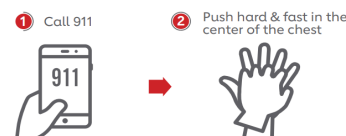
7.1.1 Hands-Only CPR - Immediately Call 9-1-1

Hands-Only CPR for adults who suddenly collapse, is CPR without mouth-to-mouth breaths. It is recommended for use by people who see an adult suddenly collapse in the “out-of-hospital” setting. It consists of two simple steps:

1. Immediately call 9-1-1
(or send someone to do that).
2. Begin providing high-quality chest compressions by pushing hard and fast in the center of the chest with minimal interruptions.



Learn the two simple steps:



To learn, watch the 90-second Hands-Only CPR video at heart.org/handsonlycpr

[FAQs for Hands-Only CPR](#)

Baseball fundamentals training generally qualifies a volunteer for 3 years.

The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the



Know the warning signs of heart attack and stroke

You could save your life



Heart attack and stroke are life-or-death emergencies — every second counts. If you think you or someone you're with has any symptoms of heart attack or stroke, call 911 immediately.

For a stroke, also note the time when the first symptom(s) appeared. A clot-busting drug received within 3 to 4.5 hours of the start of symptoms may improve your chances of getting better faster.



Heart Attack Warning Signs

Some heart attacks are sudden and intense, but most of them start slowly, with mild pain or discomfort. The warning signs are:

-  • Chest discomfort. Most heart attacks involve discomfort in the center of the chest that lasts more than a few minutes, or that goes away and comes back. It can feel like uncomfortable pressure, squeezing, fullness or pain.
-  • Discomfort in other areas of the upper body. Symptoms can include pain or discomfort in one or both arms, the back, neck, jaw or stomach.
-  • Shortness of breath. This may occur with or without chest discomfort.
-  • Other signs may include breaking out in a cold sweat, nausea or lightheadedness.


As with men, women's most common heart attack symptom is chest pain or discomfort. But women are more likely than men to experience some of the other common symptoms, particularly shortness of breath, nausea/vomiting and back or jaw pain.



Stroke Warning Signs

- Sudden numbness or weakness of the face, arm or leg, especially on one side of the body
- Sudden trouble seeing in one or both eyes
- Sudden confusion, or trouble speaking or understanding
- Sudden trouble walking, dizziness or loss of balance or coordination
- Sudden, severe headache with no known cause

The acronym F.A.S.T. is an easy way to recognize and respond to the sudden warning signs of stroke. The letters stand for:

-  • **Face drooping** — Ask the person to smile. Does one side of the face droop or is it numb?
-  • **Arm weakness** — Ask the person to raise both arms. Is one arm weak or numb? Does one arm drift downward?
-  • **Speech difficulty** — Ask the person to repeat a simple sentence such as, "The sky is blue." Is the sentence repeated correctly? Are they unable to speak, or are they hard to understand?
-  • **Time to call 911** — If the person shows any of these symptoms, even if the symptoms go away, call 911 and get them to the hospital immediately.

The American Heart Association and National Heart, Lung, and Blood Institute are working together for women, for healthy hearts.

GoRedForWomen.org

© Copyright 2019 American Heart Association, Inc., a 501(c)(3) not-for-profit. All rights reserved. Go Red for Women is a registered trademark of AHA. The Red Dress Design is a trademark of U.S. DHHS. Unauthorized use prohibited. DS15024 8/19

7.1.2 Heart Attack and Stroke - Immediately Call 9-1-1

Baseball fundamentals training generally qualifies a volunteer for 3 years.

The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.



Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are **FREE**. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a **FREE** educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

7.1.3 **Loss of Consciousness - Immediately Call 9-1-1**

Loss of consciousness may indicate a serious central nervous system injury. Tap and shout to see if the person regains consciousness and responds. If they do not respond to you in any way, assume they are unconscious. If no response, look, listen, and feel for breathing for about 5 seconds.

1. If they are NOT breathing, call 9-1-1, begin CPR, and use AED if available.
2. If they are breathing, do not move the victim, but maintain a clear airway.

7.1.4 **Concussion**

A concussion is a traumatic brain injury that affects brain function. Effects are usually temporary but can include headaches and problems with concentration, memory, balance and coordination. Concussions are usually caused by a blow to the head. They can be fatal if the proper precautions are not taken.

1. If an injured party is unconscious after a blow to the head, immediately call 9-1-1. Do not move them. See preceding section.
2. If an injured party received a blow to the head during a game or practice and is suspected of sustaining a concussion, they should be removed from play for at least the remainder of that day. **When in doubt, sit them out!**
3. If the injured party is a child, immediately notify the parent(s)/guardian(s).
4. If the injured party is not unconscious, note any symptoms and monitor for any significant changes within a short period of time. If symptoms significantly worsen, or if at any time you observe serious danger signs such as loss of consciousness, mismatched pupil sizes, vomiting or nausea, slurred speech, or seizures, call 9-1-1.

Baseball fundamentals training generally qualifies a volunteer for 3 years.



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

5. The injured party should seek immediate medical attention. If a player misses seven (7) or more continuous days of participation, a physician or other accredited medical provider must give written permission for a full return to baseball activity. The medical clearance should include instructions and a timeline for appropriate activities in which they can participate upon their return. A copy of the medical clearance must be provided to the league.

Baseball fundamentals training generally qualifies a volunteer for 3 years.

The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also



Santa Clara Westside Little League

HEADS UP CONCUSSION ACTION PLAN



IF YOU SUSPECT THAT AN ATHLETE HAS A CONCUSSION, YOU SHOULD TAKE THE FOLLOWING STEPS:

1. Remove the athlete from play.
2. Ensure that the athlete is evaluated by a health care professional experienced in evaluating for concussion. Do not try to judge the seriousness of the injury yourself.
3. Inform the athlete's parents or guardians about the possible concussion and give them the fact sheet on concussion.
4. Keep the athlete out of play the day of the injury. An athlete should only return to play with permission from a health care professional, who is experienced in evaluating for concussion.

► **"IT'S BETTER TO MISS ONE GAME THAN THE WHOLE SEASON."**

CONCUSSION SIGNS AND SYMPTOMS

Athletes who experience one or more of the signs and symptoms listed below after a bump, blow, or jolt to the head or body may have a concussion.

SYMPTOMS REPORTED BY ATHLETE

- Headache or "pressure" in head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, foggy, or groggy
- Concentration or memory problems
- Confusion
- Just not "feeling right" or is "feeling down"

SIGNS OBSERVED BY COACHING STAFF

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets an instruction
- Is unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior, or personality changes
- Can't recall events prior to hit or fall



JOIN THE CONVERSATION AT www.facebook.com/CDCHeadsUp

HEADS UP

TO LEARN MORE GO TO >> WWW.CDC.GOV/CONCUSSION

Content Source: CDC's Heads Up Program. Created through a grant to the CDC Foundation from the National Operating Committee on Standards for Athletic Equipment (NOCSAE).

Baseball fundamentals training generally qualifies a volunteer for 3 years.

The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are **FREE**. At least one manager/coach per team is recommended to complete the training.



Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a **FREE** educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

7.1.5 Heat Illness

Exercise produces heat within the body and can increase an athlete's body temperature. Add to this a hot or humid day and any barriers to heat loss such as padding and equipment, and the temperature of the individual can become dangerously high. If left untreated, the elevation of core body temperature can cause organ systems to shut down in the body.

If you observe or experience symptoms of heat-related illness, stop that person's activities and require they take a break to cool off in the shade and hydrate. Continue to observe the person for more serious signs and symptoms that may indicate heat stroke (see table below). If necessary, call 9-1-1.

If one person is exhibiting symptoms of heat-related illness, others may be too, or they may be close to it, so stop all activities to provide a break for everyone. During extreme weather events, SCWLL may cancel or postpone games and/or practices.

The CDC offers the following [guidance](#).



If you plan to exercise while it's hot outside:

1. Limit outdoor activity, especially during the middle of the day when the sun is hottest.
2. Wear and reapply sunscreen as indicated on the package.
3. Schedule workouts and practices earlier or later in the day when the temperature is cooler.

Baseball fundamentals training generally qualifies a volunteer for 3 years.



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are **FREE**. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a **FREE** educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

4. Pace activity. Start activities slowly and pick up the pace gradually.
5. Drink more water than usual, and don't wait until you're thirsty to drink more. Muscle cramping may be an early sign of heat-related illness.
6. Monitor a teammate's condition, and have someone do the same for you.
7. Wear loose, lightweight, light-colored clothing.
8. Follow [additional tips](#) on how to prevent heat-related illness.
9. Seek medical care immediately if you or a teammate has [symptoms of heat-related illness](#).

[Learn more](#) about how to spot heat-related illness by participating in a CDC training course designed for coaches, teachers, parents, and high school athletes. The National Athletic Trainers' Association's [Parents' and Coaches' Guide](#) provides additional info.

HEAT-RELATED ILLNESSES

WHAT TO LOOK FOR

WHAT TO DO

HEAT STROKE

- High body temperature (103°F or higher)
- Hot, red, dry, or damp skin
- Fast, strong pulse
- Headache
- Dizziness
- Nausea
- Confusion
- Losing consciousness (passing out)

- Call 911 right away-heat stroke is a medical emergency
- Move the person to a cooler place
- Help lower the person's temperature with cool cloths or a cool bath
- Do not give the person anything to drink

HEAT EXHAUSTION

- Heavy sweating
- Cold, pale, and clammy skin
- Fast, weak pulse
- Nausea or vomiting
- Muscle cramps
- Tiredness or weakness
- Dizziness
- Headache
- Fainting (passing out)

- Move to a cool place
 - Loosen your clothes
 - Put cool, wet cloths on your body or take a cool bath
 - Sip water
- Get medical help right away if:**
- You are throwing up
 - Your symptoms get worse
 - Your symptoms last longer than 1 hour

HEAT CRAMPS

- Heavy sweating during intense exercise
- Muscle pain or spasms

- Stop physical activity and move to a cool place
 - Drink water or a sports drink
 - Wait for cramps to go away before you do any more physical activity
- Get medical help right away if:**
- Cramps last longer than 1 hour
 - You're on a low-sodium diet
 - You have heart problems

SUNBURN

- Painful, red, and warm skin
- Blisters on the skin

- Stay out of the sun until your sunburn heals
- Put cool cloths on sunburned areas or take a cool bath
- Put moisturizing lotion on sunburned areas
- Do not break blisters

HEAT RASH

- Red clusters of small blisters that look like pimples on the skin (usually on the neck, chest, groin, or in elbow creases)

- Stay in a cool, dry place
- Keep the rash dry
- Use powder (like baby powder) to soothe the rash



y and all
ame. The
ability of
l has also
ity Clinics
t and the
plete the

pires, and
[r Training](#)
on and off
s with an
uth sports
rces. The
r season

ordinator



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are **FREE**. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a **FREE** educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

7.1.6 Dental Injuries

If a tooth is knocked out, dislocated, or broken, gently rinse the tooth and mouth with water to try to remove any debris, then place a sterile dressing directly on the tooth and/or gums, and tell the victim to gently bite down on the dressing as much as comfortable to stabilize the injury. If a tooth or a portion of a tooth is knocked out and unable to be temporarily reimplanted, wrap the tooth in saline-soaked gauze. If a child is injured, immediately notify the child's parents. Advise the injured party or their parents to seek immediate medical attention. Dentists have a higher chance of repairing a tooth if they can do so quickly and if the tooth has been properly cared for.

7.1.7 Bloodborne Pathogens

There is a potential risk that bloodborne pathogens can be transmitted when an injured party is bleeding. Please consider the following guidance.

1. If safe, the bleeding person should be removed from the field as soon as possible.
2. Athletes, managers, coaches, umpires, and other volunteers with open wounds should refrain from all direct contact with others until the condition is resolved. Bleeding must be stopped, the open wound covered, and clothing changed if there is blood on it before returning.
3. Latex or nitrile gloves can help reduce exposure when contact with blood or other body fluids is anticipated. Gloves should be included in each First-Aid kit.
4. If possible, wash your hands before and after giving care, even if you wear gloves.
5. Immediately wash hands and other skin surfaces if contaminated with blood after assisting an injured party.

Baseball fundamentals training generally qualifies a volunteer for 3 years.

The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are **FREE**. At least one manager/coach per team is recommended to complete the training.



Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a **FREE** educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator If you think you have put yourself at risk, get tested. A blood test will determine whether or not your body is producing antibodies in response to a bloodborne pathogen. If you are not sure whether you should be tested, call your doctor.

7.2 Incident/Injury Reporting

If you see something, say something. Please report to the Safety Officer and/or your manager all accidents or safety concerns or infractions when they occur.

7.2.1 What to Report

A report must be submitted for any property damage or any injury to an athlete, manager, coach, umpire, or volunteer that occurs during a league activity and which requires medical treatment beyond basic First-Aid (the Safety Officer will use OSHA reportable injuries as a guide). X-rays are a diagnostic tool, so only positive x-rays will require follow-up and medical clearance to return.

If the injured party misses seven (7) or more continuous days of full participation due to a medical condition, a physician or other accredited medical provider must give written permission for a full return to baseball activity.

7.2.2 Incident/Injury Tracking Report

When an incident or injury (child) occurs which requires any medical treatment, managers shall immediately notify the injured child's parent(s)/guardian(s), no matter how small or insignificant the injury may seem. There are no exceptions to this rule.

Baseball fundamentals training generally qualifies a volunteer for 3 years.

The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are **FREE**. At least one manager/coach per team is recommended to complete the training.



Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a **FREE** educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator When an incident or injury (child or adult) occurs which requires medical treatment beyond basic First-Aid, managers shall notify the SCWLL President or Safety Officer via telephone as soon as possible but no more than 4 hours after the incident or injury. There are no exceptions to this rule. The manager is then required to submit an [Incident/Injury Tracking Report](#) to the Safety Officer within 24 hours. The form can be downloaded and completed electronically and then emailed to the Safety Officer (preferred), or print and fill-out a hard copy and arrange for delivery. A copy of the form is also provided below.

Managers are also encouraged to submit an [Incident/Injury Tracking Report](#) for “near misses” as a proactive tool to evaluate safety practices and identify areas for improvement. Near misses can help identify and resolve potential issues before they lead to an actual incident or injury. Please clearly indicate “NEAR MISS” on the top of the form.

7.2.3 Accident Claim Form

The SCWLL President will advise the parent(s)/guardian(s) of the league’s insurance coverage and the provision for submitting any claims and will assist the injured party or their parent(s)/guardian(s) if needed to complete an [Accident Claim Form](#), which shall be submitted to Little League Headquarters within 20 days of the incident. Please review the [Accident Claim Form Instructions](#) for assistance.

7.3 Prepare for Return

If the injured party receives a medical restriction from a physician and/or if the injured party misses seven (7) or more continuous days of full participation, a physician or other accredited medical provider must give written permission for a full return to baseball activity. The medical clearance should include instructions and a timeline for appropriate activities in which they can

Baseball fundamentals training generally qualifies a volunteer for 3 years.

The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.



Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator participate upon their return. A copy of the medical clearance must be provided to the league. Please also refer to: [How to Handle an Injured Player, Returning to Play After Injury](#) (click link).

Baseball fundamentals training generally qualifies a volunteer for 3 years.

The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also



For Local League Use Only

Activities/Reporting

**A Safety Awareness Program's
Incident/Injury Tracking Report**

League Name: _____ League ID: _____ - _____ - _____ Incident Date: _____
Field Name/Location: _____ Incident Time: _____
Injured Person's Name: _____ Date of Birth: _____
Address: _____ Age: _____ Sex: ☐ Male ☐ Female
City: _____ State: _____ ZIP: _____ Home Phone: () _____
Parent's Name (If Player): _____ Work Phone: () _____
Parents' Address (If Different): _____ City: _____

Incident occurred while participating in:

A.) ☐ Baseball ☐ Softball ☐ Challenger ☐ TAD
B.) ☐ Challenger ☐ T-Ball ☐ Minor ☐ Major ☐ Intermediate (50/70)
☐ Junior ☐ Senior ☐ Big League
C.) ☐ Tryout ☐ Practice ☐ Game ☐ Tournament ☐ Special Event
☐ Travel to ☐ Travel from ☐ Other (Describe): _____

Position/Role of person(s) involved in incident:

D.) ☐ Batter ☐ Baserunner ☐ Pitcher ☐ Catcher ☐ First Base ☐ Second
☐ Third ☐ Short Stop ☐ Left Field ☐ Center Field ☐ Right Field ☐ Dugout
☐ Umpire ☐ Coach/Manager ☐ Spectator ☐ Volunteer ☐ Other: _____

Type of injury: _____

Was first aid required? ☐ Yes ☐ No If yes, what: _____

Was professional medical treatment required? ☐ Yes ☐ No If yes, what: _____
(If yes, the player must present a non-restrictive medical release prior to being allowed in a game or practice.)

Type of incident and location:

A.) On Primary Playing Field B.) Adjacent to Playing Field D.) Off Ball Field
☐ Base Path: ☐ Running or ☐ Sliding ☐ Seating Area ☐ Travel:
☐ Hit by Ball: ☐ Pitched or ☐ Thrown or ☐ Batted ☐ Parking Area ☐ Car or ☐ Bike or
☐ Collision with: ☐ Player or ☐ Structure C.) Concession Area ☐ Walking
☐ Grounds Defect ☐ Volunteer Worker ☐ League Activity
☐ Other: _____ ☐ Customer/Bystander ☐ Other: _____

Please give a short description of incident: _____

Could this accident have been avoided? How: _____

This form is for local Little League use only (should not be sent to Little League International). This document should be used to evaluate potential safety hazards, unsafe practices and/or to contribute positive ideas in order to improve league safety. When an accident occurs, obtain as much information as possible. For all Accident claims or injuries that could become claims to any eligible participant under the Accident Insurance policy, please complete the Accident Notification Claim form available at http://www.littleleague.org/Assets/forms_pubs/asap/AccidentClaimForm.pdf and send to Little League International. For all other claims to non-eligible participants under the Accident policy or claims that may result in litigation, please fill out the General Liability Claim form available here: http://www.littleleague.org/Assets/forms_pubs/asap/GLClaimForm.pdf.

Prepared By/Position: _____ Phone Number: () _____
Signature: _____ Date: _____

Baseball fundamentals training generally qualifies a volunteer for 3 years.

The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.



Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

8.0 Field and Equipment Safety

Field Operations Plans have been prepared for Steve Carli Park and Earl R. Carmichael Park (see Attachment 1).

8.1 Annual Facility Survey

SCWLL shall update the facility survey on the [Little League Data Center](#) annually. The facility survey must be completed or updated in the Little League Data Center and cannot be attached to this Safety Plan. Each field must be physically reviewed for changes and needs. The 2022 Facility Survey updates are complete as of February 25, 2022.

8.2 Equipment Inspections and Maintenance

8.2.1 Prior to the Regular Season

The SCWLL equipment manager shall inspect all assigned equipment to ensure it is safe and in good working order and that it complies with equipment standards (ex. [bats](#) and [batting helmets and catcher's gear](#)). Equipment that does not meet specifications must be removed from the inventory. All equipment and storage sheds shall be inspected to comply with Section 8.3.

8.2.2 Prior to Each Practice

Each manager shall:

1. Confirm the athletes are healthy and alert.



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator:

2. Ensure athletes returning from injury have a medical release form signed by their doctor; otherwise, they can't play.
3. Ensure athletes are wearing proper attire and that male catchers are wearing a cup.
4. Inspect all equipment to ensure it is safe and in good working order and that it complies with equipment standards (ex. [bats](#) and [batting helmets and catcher's gear](#)). Equipment that does not meet specifications must be removed from the field.
5. Make sure telephone access is available. It is suggested that a cellular phone always be on hand.
6. Evaluate whether unsafe weather conditions exist or are forecast or if unfit field conditions exist. See inclement weather guidance in Section 9.0.
7. Walk the field to check the field is free of hazards and obstructions (ex. holes, rocks, and glass) before use and immediately eliminate any hazards. Report all major hazards that need additional resources to the President and Safety Officer.

8.2.3 Prior to Each Game

Each manager shall:

1. Complete all requirements listed in Section 8.2.2.
2. Agree with the opposing manager on the fitness of the playing field. In the event that the two managers cannot agree, the umpire in chief (i.e., home plate umpire for the game), the SCWLL President, or a duly delegated SCWLL representative shall make a final determination to proceed with or postpone the game.

The umpire in chief (i.e., home plate umpire for the game) shall:

1. Ensure athletes are wearing proper attire and that male catchers are wearing a cup.



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

2. Inspect all equipment to ensure it is safe and in good working order and that it complies with equipment standards (ex. [bats](#) and [batting helmets and catcher's gear](#)). Equipment that does not meet specifications must be removed from the field.
3. Walk the field to check the field is free of hazards and obstructions (ex. holes, rocks, and glass) before use and immediately eliminate any hazards. Report all major hazards that need additional resources to the President and Safety Officer.
4. Ensure that all playing lines are marked with non-caustic lime, chalk, or other white material easily distinguishable from the ground or grass.
5. Secure official Little League baseballs for play from each team or the office/snack shack.
6. Ensure catchers wear a catcher's helmet/mask and catcher's glove when warming up pitchers.
7. Act as the sole judge as to whether and when play shall begin if unsafe weather conditions (ex. rain, lightning, fog, darkness, etc.) exist or are forecast or if unfit field conditions exist. See inclement weather guidance in Section 9.0.

8.2.4 During Each Game

Each manager shall:

1. Remove equipment damaged during the game.
2. Ensure that athletes carry all gloves and other equipment off the field and to the dugout following their defensive half-inning. No equipment shall be left on the field.
3. Confirm the athletes remain healthy and alert.
4. Keep athletes off the field unless they are participating in the game (i.e., assigned a defensive position or at-bat) or retrieving a bat between batters. No "on-deck" warmups.
5. Ensure no players are throwing balls or handling bats in the dugouts at any time.
6. Keep athletes off fences and keep athletes from hanging from the roof of the dugouts.
7. Remind athletes to drink water often to avoid dehydration.



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

8. Remove injured athletes from play until properly evaluated and treated. Athletes shall not return to play if a concussion is suspected.
9. Remove themselves, coaches, or athletes if they begin to experience symptoms that may be indicative of COVID-19.
10. Disinfect catcher's gear between players.

The umpire in chief (i.e., home plate umpire for the game) shall:

1. Govern the game as mandated by Little League Rules and Regulations.
2. Remove baseballs deemed unfit for use.
3. Ensure catchers are wearing the proper equipment.
4. Continue to monitor the field for safety and playability.
5. Keep athletes off the field unless they are participating in the game (i.e., assigned a defensive position or at-bat) or retrieving a bat between batters. No "on-deck" warmups.
6. Ensure no players are throwing balls or handling bats in the dugouts at any time.
7. Keep athletes off fences and keep athletes from hanging from the roof of the dugouts.
8. Act as the sole judge as to whether and when play shall be suspended or cancelled due to unsafe weather conditions (ex. rain, lightning, fog, darkness, etc.) or if unfit field conditions exist; and as to whether and when play shall resume after a game is suspended. See inclement weather guidance in Section 9.0.
9. Remove themselves if they begin to experience symptoms that may be indicative of COVID-19.

8.2.5 Following Each Game

Each manager shall:



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

1. Disinfect their dugout and shared equipment (ex., rakes, field daggers, field striping equipment, etc.).
2. Return the field to its pre-game condition.
3. Report any field or equipment issues that were discovered before, during, or after the game to the equipment manager via both telephone and email.

The umpire in chief (i.e., home plate umpire for the game) shall:

1. Disinfect any shared umpire equipment that was used.
2. Discuss potential safety violations or concerns with each manager.
3. Report any field or equipment issues that were discovered before, during, or after the game to the equipment manager via both telephone and email.

Baseball fundamentals training generally qualifies a volunteer for 3 years.



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

8.3 Maintenance and Equipment Shed Safety

All individuals with keys and/or combinations for the locks to the SCWLL maintenance and equipment sheds (i.e., managers, coaches, umpires, volunteers, etc.) must be aware of their responsibilities for the orderly and safe storage of equipment. Under no circumstances will copies of keys and/or combinations to the batting cages and/or storage sheds be given to any child or to any person who is not authorized to use them.

Anyone who desires to use any of the machinery located in the sheds (i.e., lawn mowers, weed whackers, lights, scoreboards, public address systems, etc.), must request and receive the proper training by a member of the field maintenance committee. Individuals are prohibited from operating any machinery on the complex without the express consent of the field maintenance committee and only after having received the proper training.

All chemicals or organic materials within SCWLL sheds must be stored in their appropriate containers with proper labeling as to their contents and potential hazards.

All chemicals or organic materials within SCWLL sheds must be stored in a manner as to minimize the risk of puncturing the containers.

Any witnessed “loose” chemicals or organic materials within SCWLL sheds must be cleaned up and properly disposed of immediately.

Baseball fundamentals training generally qualifies a volunteer for 3 years.

The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.



Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

9.0 Inclement Weather

Most of our days in northern California are warm and sunny, but there are days when the weather can create unsafe playing conditions. The following guidance will assist managers, coaches, and umpires with evaluating whether to conduct practice or play a game.

During practice, the manager is responsible for evaluating whether unsafe weather conditions exist or are forecast or if unfit field conditions exist.

Prior to a game, the league (i.e., President with input from the managers and Division Directors) and the umpire in chief (i.e., home plate umpire for the game) may judge whether and when play shall begin if unsafe weather conditions exist or are forecast or if unfit field conditions exist prior to a game. During a game, the umpire in chief is the sole judge as to whether and when play shall be suspended or cancelled due to unsafe weather conditions or if unfit field conditions exist; and as to whether and when play shall resume after a game is suspended.

9.1 Rain

1. Evaluate the strength of the rain.
 - a. Is it currently raining or is it forecast to rain?
 - b. Is it a light drizzle or is it pouring?
 - c. How long has it been raining, and how much longer is it expected to rain?
 - d. How much total precipitation is expected?
2. Determine the direction the storm is moving.
3. Does radar show only a slight break in the forecast or will the storm completely pass?
4. Is the rain reducing ball visibility or creating other on-field hazards (ex. slippery bases or balls)?



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are **FREE**. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a **FREE** educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCUSD has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

5. Evaluate the playing field as it becomes more and more saturated. If you press your foot into the grass and it does not rebound or water accumulates in your footprint, the field is too saturated.
6. In addition to player safety, we must also consider long-term field health.
 - a. The City provided the following guidance for City-managed fields: *"To preserve the life and conditions of the fields, users shall not play in wet conditions. A field is considered too wet if you can see standing water, hear a 'squishy' sound when walking on the turf, or have mud on the bottom of your shoes after walking on the turf. Play is allowed during a light mist, if the ground is hard and relatively dry. If the field has been overwatered, or it has been raining for three days, or wet conditions exist as described above, groups are not to play."*
 - b. SCUSD provided the following guidance for SCUSD-managed fields: *"The user is responsible for monitoring weather conditions and evaluating playing fields when there is a threat of rain, lightning or dangerous conditions. The District shall cancel events if field or weather conditions could cause harm."*

9.2 Lightning

DO NOT place your desire to practice or play a game above the safety of everyone involved.

"If you see it, flee it; if you hear it, clear it."

The FREE "My Lightning Tracker & Alerts" app in the [Apple Apps](#) store and [Google Play](#) store provides notifications for lightning strikes based upon a selected radius surrounding your location.

The following excerpts are from the National Weather Service guidance on [Lightning Safety and Outdoor Sports Activities](#) (see website for complete details).



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

9.2.1 Plan Ahead

Before an activity or event, organizers should listen to the latest forecast to determine the likelihood of thunderstorms. If thunderstorms are forecast, organizers should consider canceling or postponing the activity or event. Once people start to arrive at an event, the guidelines in the lightning safety plan should be followed. Officials should monitor weather conditions, weather radar, and lightning detection technology for developing or approaching storms.

9.2.2 When Should Activities Be Stopped?

In general, a significant lightning threat extends outward from the base of a thunderstorm cloud about 6 to 10 miles. It's important to account for the time it will take for everyone to get to safety. Here are some criteria that could be used to stop activities.

1. **If you see lightning.** The ability to see lightning varies depending on the time of day, weather conditions, and obstructions such as trees, mountains, etc. In clear air, and especially at night, lightning can be seen from storms more than 10 miles away provided that obstructions don't limit the view of the thunderstorm.
2. **If you hear thunder.** Thunder can usually be heard for a distance of about 10 miles provided that there is no background noise. Traffic, wind, and precipitation may limit the ability to hear thunder to less than 10 miles. If you hear thunder, though, it's a safe bet that the storm is within ten miles.
3. **If the skies look threatening.** Thunderstorms can develop directly overhead and some storms may develop lightning just as they move into an area.



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are **FREE**. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a **FREE** educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

9.2.3 *Where Should People Go for Safe Shelter?*

There is no place outside that is safe when a thunderstorm is in the area. Stop the activity immediately and get to a safe place immediately. Substantial buildings with wiring and plumbing provide the greatest amount of protection. Office buildings, schools, and homes are examples of buildings that would offer good protection. Once inside, stay away from windows and doors and anything that conducts electricity such as corded phones, wiring, plumbing, and anything connected to these. Note that small outdoor buildings including dugouts, grandstands, rain shelters, sheds, etc., are NOT SAFE. In the absence of a substantial building, a hard-topped metal vehicle with the windows closed provides good protection.

9.2.4 *When A Safe Location Is Not Nearby*

If you absolutely cannot get to safety, you can slightly lessen the threat of being struck with the following tips. But don't kid yourself--you are NOT safe outside. If there is a high chance of thunderstorms, stay inside.

1. Avoid open fields.
2. Stay away from tall, isolated trees or other tall objects.
3. If you are in a group, spread out to avoid the current traveling between group members.
4. Stay away from water, wet items, such as ropes, and metal objects, such as fences and poles. Water and metal do not attract lightning but they are excellent conductors of electricity. The current from a lightning flash will easily travel for long distances.

Example: Your team has a game at the local park. The weather forecast calls for partly cloudy skies, with a chance of thunderstorms. When you arrive at the park, you notice the only safe buildings are the restrooms. Shortly after warmups begin, the sky gets cloudy and you see

Baseball fundamentals training generally qualifies a volunteer for 3 years.

The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.



Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator bright flashes in the sky. What should you do? Get everyone into vehicles or the restrooms. Do NOT stay in the dugouts; they are not safe during lightning activity.

9.2.5 When Should Activities Resume?

Because electrical charges can linger in clouds after a thunderstorm has seemingly passed, teams shall wait at least 30 minutes after the last thunder before resuming outdoor activities.

9.2.6 Who Should Monitor the Weather and Make Decisions?

The Safety Officer will attempt to alert managers and umpires if lightning is forecast; however, managers, coaches, parents/guardians, and umpires shall not rely solely upon the Safety Officer and must communicate with each other if lightning/thunder are forecast or observed. Managers and umpires should check weather forecasts before arriving at a field for practices or games and must continually monitor on-site conditions.

9.2.7 What should be done if someone is struck by lightning?

Most victims can survive a lightning strike; however, they need immediate medical attention. Call 9-1-1 for medical help. Victims do not carry an electrical charge. In many cases, the victim's heart and/or breathing may have stopped. CPR or an AED may be needed to revive them. Continue to monitor the victim until medical help arrives. If possible, move the victim to a safer place inside away from the threat of another lightning strike.



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are **FREE**. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a **FREE** educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

9.3 Earthquake

9.3.1 Before an Earthquake

Most league activities will occur outdoors in open fields with minimal overhead hazards, but major earthquakes will still present safety risks and logistical challenges, so it is important for managers to discuss earthquake safety with their players and parents/guardians during one of the first practices.

1. Discuss actions that should be taken by the team when an earthquake occurs (ex. shout earthquake, immediately stop play, exit the dugout, move away from tall trees or utility poles, or stay in place if the area is clear of hazards and take a knee, etc.).
2. Identify safe spaces to go to on a field.
3. Discuss how and where to gather after the earthquake.
4. Establish a communication and pick-up plan with parents/guardians. Take into consideration that cellular phone service may be affected following a major earthquake, and travel and pick-up logistics may be affected.

9.3.2 During an Earthquake

If you are indoors, such as the office or scorebooth, DROP, COVER, and HOLD ON. If you are in the snack shack, immediately stop all cooking, turn off the BBQ if it's in use, and then take cover. Protect yourself from falling objects and shattered glass. Avoid taking cover near windows, large mirrors, hanging objects, or heavy appliances.

If you are on the playing field, shout earthquake to get everyone's attention and immediately stop play (make sure the ball is stopped). Exit the dugout and move away from areas such as



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator next to buildings, fences, backstops, tall trees, and utility poles, if needed. If you are already in an open area where falling objects are unlikely to strike you, stay in place and take a knee.

9.3.3 *After an Earthquake*

1. Check yourself and others for injuries. Attend to others if needed and if safe.
2. If you smell or hear a gas leak, clear the area and call 9-1-1.
3. Check for damage on the field such as displaced soil, holes, and large cracks; and check the dugouts, fences, foul poles, and backstop, including the overhang. If any of the field infrastructure is damaged or questionable, cancel the practice or game and call parents/guardians to begin pickups.
4. Report all observed damage to the SCWLL President and Safety Officer immediately.
5. If it was a minor earthquake and everyone is safe and there's no damage on the field, you can continue the practice/game, but be prepared for aftershocks.

10.0 Concession Stand Safety

The following guidance must be reviewed and followed by all SCWLL snack shack workers.

10.1 *Concession Stand Inspection Checklist*

The following list is adapted from Little League's [Concession Stand Inspection Checklist](#) and must be reviewed and completed prior to reopening the snack shacks each season.

1. Cooking Appliances and Equipment - The snack shack has a variety of appliances and equipment for cooking. Make sure that cooking appliances are in good working order.



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are **FREE**. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a **FREE** educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

2. [Electrical Outlets and Sinks](#) - Prior to beginning operation each season, inspect and test every electrical outlet, sink, and faucet in the snack shack to make sure they are working properly.
3. [Countertops, Tables, and Floors](#) - Food and debris left over from the previous season or the previous game can be the source of serious health concerns if it attracts insects and rodents. Inspect these areas carefully and discard any food damaged by pests. Any pesticides shall not be used near food and shall be stored away from any food.
4. [Training](#) - One of the best ways to avoid injuries and incidents in the snack shack is by properly training the workers. This includes giving clear guidelines on operating equipment and creating a safe working environment. The following sections provide relevant information and guidelines regarding snack shack safety that must be followed.
5. [Bring in the Pros](#) - If necessary, it may be a good idea to enlist the help of a local restaurant manager to come in and take a look to ensure you haven't missed anything with your safety inspection. It is also recommended to consult the local and/or state health inspection office.

10.3 Food Safety

[Seven Super Steps to Safe Food](#) (from the County of Santa Clara):

During warm weather, it is especially important to take extra precautions and practice safe food handling when preparing perishable foods such as meat, poultry, seafood and egg products.





The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

The warmer weather conditions may be ideal for outdoor picnics and barbecues, but they also provide a perfect environment for bacteria and other pathogens in food to multiply rapidly and cause foodborne illness.

Follow the suggestions below to Fight BAC!® (foodborne bacteria) and reduce the risk of foodborne illness this summer.

1. Wash, Wash, Wash Your Hands. Always wash your hands with warm water and soap for at least 20 seconds before and after handling food. Sing Row, Row, Row Your Boat twice to get a sense of how long you should wash.
2. Marinating Mandate. Always marinate food in the refrigerator. Don't use sauce that was used to marinate raw meat or poultry on cooked food. Reserve a portion of the unused marinade to use as a sauce.
3. Hot, Hot, Hot. When grilling foods, preheat the coals on your grill for 20 to 30 minutes, or until the coals are lightly coated with ash.
4. Temperature Gauge. Use a food thermometer to ensure that food reaches a safe internal temperature.
5. Where's the Beef? Chicken and Fish? Hamburgers should be cooked to 160 °F, while large cuts of beef such as roasts and steaks may be cooked to 145 °F for medium rare or to 160 °F for medium. Poultry must reach a temperature of 165 °F. Fish should be opaque and flake easily.
6. Stay Away from that Same Old Plate. When taking foods off the grill, do not put cooked food items back on the same plate that held raw food, unless it has been washed with hot water and soap first. And in hot weather (above 90°F) foods should never sit out for more than one hour before going in the refrigerator.



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are **FREE**. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a **FREE** educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

7. Icebox Etiquette. A full cooler will maintain its cold temperatures longer than one that is partially filled so it is important to pack plenty of extra ice or freezer packs to ensure a constant cold temperature. Keep the cooler out of the direct sun. Keep drinks in a separate cooler from foods. The beverage cooler will be opened frequently while the food cooler stays cold.

10.4 Food Safety Certification

At least one SCWLL board member or designated volunteer must be certified in food safety at all times.

10.5 General Concession Stand Safety

The following list is adapted from Little League's [Concession Stand Safety Tips: 12 Steps to Safe, Sanitary Food Service](#), and is intended to help develop a healthy and safe work environment for SCWLL's snack shacks. Following these simple safety tips will help minimize the risk of foodborne illness and limit the chance of injury.

1. Simple Menu - Keep your menu simple, and keep potentially hazardous foods (meat, eggs, dairy products, protein salads, cut fruits and vegetables, etc.) to a minimum. Avoid using precooked foods or leftovers. Use only foods from approved sources, avoiding foods that have been prepared at home. Having complete control over your food, from source to service, is the key to safe, sanitary food service.
2. Food Thermometer - Use a food thermometer to check on cooking and holding temperatures of potentially hazardous foods. All potentially hazardous foods should be kept at 41° F or below (if cold) or 140° F or above (if hot). Most foodborne illness from temporary events can be traced back to lapses in temperature control.



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

3. Cooling and Cold Storage - Foods that require refrigeration must be cooled to 41° F as quickly as possible and held at that temperature until ready to serve. Allowing hazardous foods to remain unrefrigerated for too long has been the number ONE cause of foodborne illness.
4. Hand Washing - Frequent and thorough hand washing remains the first line of defense in preventing foodborne disease. The use of disposable gloves can provide an additional barrier to contamination, but they are no substitutes for hand washing!
5. Health and Hygiene - Only healthy workers should prepare and serve food. Anyone who shows symptoms of disease (cramps, nausea, fever, vomiting, diarrhea, jaundice, etc.) or who has open sores or infected cuts on the hands should not be allowed in the food concession area. Workers should wear clean outer garments and shall not smoke in the concession area. The use of hair restraints is recommended to prevent hair ending up in food products.
6. Food Handling - Avoid hand contact with raw, ready-to-eat foods and food contact surfaces. Use an acceptable dispensing utensil to serve food. Touching food with bare hands can transfer germs to food.
7. Washing Dishware - Use disposable utensils for food service. Keep your hands away from food contact surfaces, and never reuse disposable dishware. Wash in a four-step process:
 - a. Washing in hot soapy water;
 - b. Rinsing in clean water;
 - c. Chemical or heat sanitizing; and
 - d. Air drying
8. Ice - Ice used to cool cans/bottles should not be used in cup beverages and should be stored separately. Use a scoop to dispense ice; never use the hands. Ice can become contaminated with bacteria and viruses and cause foodborne illness.



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are **FREE**. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a **FREE** educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

9. Wiping Cloths - Rinse and store your wiping cloths in a bucket of sanitizer (example: 1 gallon of water and ½ teaspoon of chlorine bleach). Change the solution every two hours. Well sanitized work surfaces prevent cross-contamination and discourage flies.
10. Insect Control and Waste - Keep foods covered to protect them from insects. Store pesticides away from foods. Place garbage and paper wastes in a refuse container with a tight-fitting lid. Dispose of wastewater in an approved method (do not dump it outside). All water used should be potable water from an approved source.
11. Food Storage and Cleanliness - Keep foods stored off the floor at least six (6) inches. After your event is finished, clean the concession area and discard unusable food.
12. Minimum Worker Age - The minimum age to work in the snack shack is thirteen (13); however, at least one adult shall also be present.
13. Dress Code - Workers must be appropriately dressed without offensive words or images on their clothing. Closed-toe shoes must be worn.
14. Volunteer Registration and Background Check Requirements - See [Section 4.0](#).
15. Buddy System - Closers should not be left alone, especially at night. At least one other snack shack worker or a manager, coach, or other volunteer should remain with the closer and leave together.

10.6 Additional Concession Stand Safety Resources

1. Cal/OSHA [COVID-19 Prevention Non-Emergency Regulations](#), adopted January 2023
2. [COVID-19 Prevention Non-Emergency Regulations – What Employers Need to Know](#), December 15, 2022
3. [FREE COVID-19 Testing](#)
4. [California Retail Food Code](#)
5. County of Santa Clara [Food Safety Program](#)
6. County of Santa Clara [Food Safety Certification](#)

Baseball fundamentals training generally qualifies a volunteer for 3 years.

The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.



Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator
7. County of Santa Clara [Food Safety Handouts](#)

Baseball fundamentals training generally qualifies a volunteer for 3 years.

The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are **FREE**. At least one manager/coach per team is recommended to complete the training.



Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a **FREE** educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

Volunteers Must Wash Hands

HOW



WHEN

Wash your hands before you prepare food or as often as needed.

Wash after you:

- ▶ use the toilet
- ▶ touch uncooked meat, poultry, fish or eggs or other potentially hazardous foods
- ▶ interrupt working with food (such as answering the phone, opening a door or drawer)
- ▶ eat, smoke or chew gum
- ▶ touch soiled plates, utensils or equipment
- ▶ take out trash
- ▶ touch your nose, mouth, or any part of your body
- ▶ sneeze or cough

Do not touch ready-to-eat foods with your bare hands.

Use gloves, tongs, deli tissue or other serving utensils.

Remove all jewelry, nail polish or false nails unless you wear gloves.

Wear gloves.

when you have a cut or sore on your hand

when you can't remove your jewelry



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are **FREE**. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a **FREE** educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

11.0 Social Media Safety

The goal of SCWLL social media accounts is to educate, inform, inspire, and connect with our community. We ask that other users treat each other with courtesy and respect at all times. Little League International also provides a policy for the [Creation and Maintenance of Social Networking Sites by Local Leagues](#).

11.1 Official SCWLL Website and Social Media Accounts

- scwestside.com
- [instagram.com/scwestside](https://www.instagram.com/scwestside)
- [facebook.com/SCWLL](https://www.facebook.com/SCWLL)
- twitter.com/SCWestsideLL

11.2 Social Media Community Guidelines

We reserve the right to hide or delete any of the following types of content, and block users who share it:

- Messages and comments that are misleading or false; we do not support spreading misinformation
- Messages and comments posted by anonymous or robot accounts
- Deliberate provocation of other community members in the form of intentional trolling, troll baiting, or flaming
- Racist, hateful, sexist, homophobic, slanderous, insulting, or life-threatening messages and comments

Baseball fundamentals training generally qualifies a volunteer for 3 years.



The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are **FREE**. At least one manager/coach per team is recommended to complete the training.

Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a **FREE** educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

- Messages and comments that contain name-calling, personal attacks, or defamatory statements
- Messages and comments containing serious, unproven, or inaccurate accusations against individuals or organizations
- Abusive, aggressive, coarse, explicit, vulgar, violent, obscene, or pornographic messages and comments
- Messages and comments that infringe on copyrights
- Messages and comments for advertising purposes, except for approved SCWLL sponsors
- Messages and comments that suggest or encourage illegal activity

Messages and comments to SCWLL social media posts are only monitored and moderated periodically. Messages and comments will be read and addressed as quickly as possible. If there is an urgent concern that requires immediate attention, please contact the SCWLL President or Safety Officer directly (contact info is provided in Section 1.1).

In addition, the following social media restrictions apply to all SCWLL staff. For additional information, please refer to the required training, [Abuse Awareness for Adults](#).

- Staff and minor athletes may not follow each other.
- Staff may not direct or private message minor athletes.
- Staff members may not “tag” minor athletes on any posts unless for the purpose of communicating important team information.

Baseball fundamentals training generally qualifies a volunteer for 3 years.

The [USA Baseball Coaches Certification Program](#) is a certification pathway for any and all individuals who are currently coaching baseball or aspire to coach at any level of the game. The program aims to create a higher standard of coaching education and enhance the ability of coaches to better serve their athletes, their team, and their communities. USA Baseball has also established [Virtual Community Clinics](#) that will take the place of in-person Community Clinics that are part of the USA Baseball Coaches Certification Pathway. The user account and the courses are FREE. At least one manager/coach per team is recommended to complete the training.



Little League University also offers a variety of resources for parents, coaches, umpires, and league officials at www.littleleague.org/university. The [Little League Diamond Leader Training Program](#) is focused on ensuring children have a positive, well-rounded experience on and off the field, this program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. The Little League Diamond Leader Training Program is recommended for all regular season managers and coaches.

SCWLL has a Coaching Coordinator assigned for the 2023 season. The Coaching Coordinator

Attachment 1

Field Operations Plans

Field Operations Plan
Steve Carli Park, 1045 Los Padres Blvd., Santa Clara, CA



Field Operations Plan

Earl R. Carmichael Park, 3445 Benton Street, Santa Clara, CA

