

Nurses International

Clinical Skills

Name of the Procedure/Rubric/Rationale: Donning and Doffing Clean Gloves

Step	Procedure	Yes	No	Remarks
<u>Donning Clean Gloves</u>				
1.	Perform hand hygiene.			
2.	Select the appropriate size of non-sterile gloves. Remove gloves one at a time out of the box, touching only the top of the cuff.			
3.	Put hand through the opening and pull up to the wrist			
4.	Repeat the procedure with a second hand.			
5.	Adjust gloves to cover wrists or gown as required.			
6.	Complete care as required.			
<u>Doffing Clean Gloves</u>				
7.	Grasp glove on the outside about 1.27 cm below the cuff (edge of the glove opening). Do not touch the wrist with the other hand.			
8.	Pull down the glove, turning it inside out. Hold the inside-out glove in the gloved hand.			
9.	Gather the inside-out glove in the gloved hand.			
10.	Insert finger of the bare hand under the cuff of the gloved hand.			
11.	Pull down the glove until it is inside out drawing it over the first glove.			
12.	Discard gloves in a garbage container.			
13.	Perform hand hygiene.			

Reference:

Doyle. G. R., & McCutcheon. J. A. (2015). *Clinical Procedures for Safer Patient Care*. (Ch 1.4 Checklist 6,7) BCcampus. <https://opentextbc.ca/clinicalskills/>