

How to Guide: Match the Dots

Step 1: Materials

To make this activity begin by buying dominoes



Step 2: Instructions

Use the instructions below to help guide the user on how to use the activity and the benefits

Match the Dots	
Contents: ➤ 25 Dominos	
Overview: This activity provides a clear, specific objective, while providing an engagement with colors and counting helping to keep the resident interested for a prolonged period of time. Providing a cognitive challenge and helping with motor skills.	
Instructions: 1. Place the dominos face down in the middle of the	4. Have each player draw 5 tiles and place them face up in front of themselves 5. The player with the highest double places that domino in the center (if no player has a double the tile with the highest total sum of dots is played) 6. The player to that players left places a domino against one end of the tile so the number of dots match (if they don't have a match they skip their turn) 7. Play continues clockwise with each player adding a domino to one of the two

table 2. Invite 2-3 residents to join you in a game of dominos 3. When first introducing this activity ask the resident if they ever played a game with dominos, engaging in conversation to start the activity	open ends 8. The games ends when a player places their last domino or when no more plays can be made 
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*Make adjustments if necessary

Step 3: Putting it all Together

Print out the instructions, and put with the dominoes and enjoy!

