## THE MASTER WAR MODE DAY PLAN + REPORT

D=difficulty

I=Importance

(1 is hardest and 10 is easiest)

(1 is least important and 10 is most important)

Do the tasks with the highest number first

## □ The Mastery Checklist Explained to achiev...

<b>V</b> / <b>X</b>	<b>D/10</b>	I/10	/20	Master Checklist:	Task Time:
<b>V</b>	10 -	10 -	20 -	Morning routine + tate video	
<b>~</b>	10 -	10 -	20 -	Go to school and come back	
V	10 -	10 -	20 -	Review copy	
V	10 -	10 -	20 ·	Read copy	
V	10 -	10 -	20 -	Play chess	
V	10 -	10 -	20 -	workout	
<b>V</b>	10 -	10 -	20 -	Do 2 outreaches	
<b>V</b>	10 -	10 -	20 -	Watch power up	
<b>V</b>	10 -	10 -	20 -	Watch daily lesson	
<b>V</b>	10 -	10 -	20 -	Help parents	
<b>V</b>	10 -	10 -	20 -	Eat 1 time	
V	10 -	10 -	20 -	Eat fruits and take magnesium	
V	10 -	10 -	20 -	Pushups	
<b>V</b>	10 -	10 -	20 -	Go outside in the sun	
<b>V</b>	10 -	10 -	<b>20</b> ·	Create avatar if needed	
<b>☑/</b> ×	10 -	10 -	20 -		
<b>☑/</b> ×	10 -	10 -	20 -		
<b>☑/</b> ×	10 -	10 -	20 -		
<b>V</b>	10 -	10 -	<b>20</b> ·	Meditate 10 minutes	
<b>V</b>	10 -	10 -	20 -	Night routine + Tate video	

	DAY NUMBER + DATE + TIME
Day Number:	62
Date:	15 may 2023
Start Time:	6:30

	🙏 3 Things That I Am Grateful To Have In My Life 🙏
1.	My family
2.	My health
3.	TRW internet connection a nice comfortable bed clothes and food

1.	Make 2 outreaches
2.	Workout
3.	Watch daily lesson



\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
🔔 Sub-Task:	Sub-Task = What Is My Plan Of Action To Complete This Task For This Hour?

Reflection:

Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

## MY MORNING WAR PLAN

What Do I Plan To Accomplish This Morning?

Morning routine Watch tate vid as much as i can Make pushups

9	What I	s The Main	Goal For	This	Mornin	ıg?(	9
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Go to school

🔑 How Will I Start My Morning With Power? 🔑

## DELETE BOXES THAT ARE BEFORE YOU WAKE UP!

6 am: Task 💲

6:30 wake up

Intention 🔔	Morning orutine
Reflection /	
7 am: Task \$	On my way to the school
Intention 🔔	
Reflection /	
8 am: Task \$	At school
Intention 🔔	
Reflection /	
9 am: Task \$	School
-	
Intention 🔔	Read copy
Reflection /	Read copy
10 am: Task \$	School
Intention 🔔	Review copy
Reflection /	Didnt review copy

a: Task \$	School
ention 🔔	
flection /	Played chess from time to time
am: Task \$	School
tention 🔔	
eflection /	
<b>©</b>	END-OF-THE-MORNING REPORT®
	What Did I Learn This Morning?
	what Did I Learn This Morning?
	What Did I Learn This Morning?  XWhat Problems Did I Face This Morning?



	What Do I Plan To Accomplish This Afternoon?
	⊚What Is The Main Goal For This Afternoon?⊚
	→ How Will I Start My Afternoon With Power? →
1 pm: Task \$	School
Intention 🔔	
Reflection /	
2 pm: Task \$	At 2:30-3 im back from school
Intention 🔔	
Reflection /	
3 pm: Task \$	Make FV

Intention 🔔	
Reflection /	Its 3:25 and I've finished the FV
4 pm: Task \$	outreach
T pm: lash 🐧	Outreach -
Intention 🔔	
Reflection /	Fapped and then i worked out
	<u> </u>
5 pm: Task \$	Workout + cold shower
Intention 🔔	
Reflection /	Showered and ate
6 pm: Task \$	eat
Intention 🔔	
Reflection /	Came back in my room Did some pushups, wasted some time,
7 pm: Task \$	Go outside
. Pan. rasa 🏚	W UNDAWU

Intention 🔔	
Reflection /	Reviewed copy Wanted to watch a daily lesson but I can't, because something appears on my screen for me to sign up or whatever site.
8 pm: Task \$	Make FV nr 2
Intention 🔔	
Reflection /	Imporeved FV
9 pm: Task \$	Make FV nr 2
Intention 🔔	
Reflection /	Made outreach and sent it Watched power up
10 pm: Task \$	Make outreach and send it
Intention 🔔	
Reflection /	It's 10:42 and I finished all my tasks for today
11 pm: Task \$	Night routine + tate vid

Intention 🔔	Meditate 10 minutes And go to sleep
Reflection /	
12 pm: Task \$	
Intention 🔔	
Reflection /	
	End-Of-The-Day Report:
	‰What Did I Learn Today?◎
_	i took, isn't only going to help me be successful, but also have a good tional, physical and mental strength
	XWhat Problems Did I Face In The Day?X
I fapped	
1000 pushups a	as punishment
	PHow Will I Solve These Problems Tomorrow? ₽

www.what Do I Plan To Do Differently Tomorrow?
I will prospect I will do homework
🖒 What Do I Plan To Do The Same Tomorrow?🗘
Everything besides prospecting and going homework
■ Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 📧
∛What Tasks Were Left Undone?
No leftover tasks

Brain Dump: