



Brush Middle School **Xello/ICAP** Lessons

Xello is the platform Brush School District utilizes to help students in grades 6–12 create their very own ICAP (Individual Career and Academic Plan). Students are able to discover their own personalized pathway through self-knowledge, exploration, and planning.

LOGIN AS A STUDENT:

1. Go to **CLEVER**, find Xello tile, click to login.

CUSTOMIZE YOUR XELLO PROFILE:

1. Click on your avatar in the top right corner of your Xello profile
2. Click on **ACCOUNT**, then **update your contact info and add a photo**

EXPLORE AND SHARE YOUR SKILLS AND INTERESTS:

1. From the Xello homepage click on the **ABOUT ME** tab
2. Click on **FAVORITE CLUSTERS**, choose 2 that you are interested in

6th Grade Lessons:

Lesson #1: What is ILP?/Build your Xello Profile

Custom Lesson

- Upload a profile picture and cover photo
- Learn about ILP and Xello

Lesson #2: Interests

20 to 30 minutes

Before you begin: Add 5 interests and save 3 careers

- Reflect on a few of the interests they've saved in Xello's interest inventory
- Explore the link between interests and various careers
- Investigate how their interests match up with a career they like

Lesson #3: Decision Making

20 to 30 minutes

- Explore the importance of making informed decisions, and using the information they have to make the best decisions at the time
- Learn about the importance of considering the consequences of potential decisions
- Reflect on an important decision they've recently made

Lesson #4: School Subjects at Work

20 to 30 minutes

Before you begin: Add at least 5 interests and save 3 careers

- Investigate how people in various careers use a school subject they like on the job
- Explore the school subjects related to careers they like
- Explore how people in a variety of career apply different school subjects on the job

Lesson #5: Time Management

20 to 30 minutes

- Create a time budget to assess how they currently manage their time
- Explore ways to improve their time management skills
- Explain why time management is important in school and on the job

Additional suggested activities for 6th graders:

ABOUT ME:

- Add hobbies and interests to *Interests*
- Explore *Career Clusters* and save ones of interest
- Save personal work or relevant files to your *Storyboard*

EXPLORE OPTIONS

- Explore careers and use filters to refine results based on specific school subjects Research some career profiles and save ones of interest

7th Grade Lessons:

Lesson #1: Explore Learning Styles

30 to 40 minutes

- Investigate visual, auditory, and tactile learning styles
- Explore how understanding their own learning style can help them in school and in their career

Lesson #2: Discover Learning Pathways

30 to 40 minutes

Before you begin: Complete the *Learning Style* quiz Save 3 careers

- Explore the postsecondary pathways to various careers
- Evaluate pathways to a career that interests them
- Investigate their postsecondary pathway options

Lesson #3: Biases and Career Choices

20 to 30 minutes

- Identify biases of gender, ethnicity, ability, and class in the workplace
- Explore how biases can influence career choices

Lesson #4: Jobs and Employers

20 to 30 minutes

- Reflect on the advantages and disadvantages of various work search strategies
- Research potential employers in their community
- Explore ways to find employment

Additional suggested activities for 7th graders:

ABOUT ME:

- Complete the *Learning Style* quiz
- Identify areas of expertise and add skills in *Skills*

EXPLORE OPTIONS

- Try out the filters and see how changing filters impacts results
- Select a career profile and read interviews with real people currently in that career
- Select a few career profiles, save ones they might be interested in, and record their feelings about them
- Check out the profiles for schools of interest

8th Grade Lessons:

Lesson #1: Explore Career Matches

30 to 40 minutes

- Investigate central, secondary, and other aspects of the career match assessment, and how they relate to careers
- Reflect on their own career assessment results
- Explore the aspects of a career that interests them

Lesson #2: Skills

30 to 40 minutes

- Identify the skills needed for a variety of occupations
- Investigate career options related to their own skills
- Explore how school, extracurricular, and leisure activities help build skills

Lesson #3: Transition to High School

20 to 30 minutes

Before you begin: Complete the *Matchmaker* quiz and save 3 careers

- Explore ways to make their transition to high school easier and more successful
- Identify questions and concerns they might have about transitioning to high school
- Explore clubs, activities, and other resources to help handle the transition to high school
- Develop strategies to deal with transitions

Lesson #4: Jobs and Employers

20 to 30 minutes

- Reflect on the advantages and disadvantages of various work search strategies
- Research potential employers in their community
- Explore ways to find employment

Lesson #5: Plan your High School Courses

Custom Lesson - After school of choice deadline/prior to registration (February)

- Choose which high school you will be attending
- How many credits do you need to graduate high school?

Additional suggested activities for 8th graders:

ABOUT ME:

- Complete the *Matchmaker* quiz
- Update *Skills*, *Interests*, and *Storyboard*
- Save *Career Clusters* of interest

GOALS & PLANS:

- Begin a four-year high school course plan

EXPLORE OPTIONS:

- Focus on the education section in a career profile and explore schools offering related training