

# USC Street Medicine

## **Street Medicine Foundations Training - October 16-18, 2024** **San Diego, CA**

\*\*\*Note: For previous attendees of the Street Medicine Foundations Training, please see the schedule below to see "NEW" or "UPDATED" content modification. Based on feedback from attendees over the past two years and the continued growth of the street medicine movement, we have completely redesigned Day 3 to better serve street medicine teams across the state. We are excited to present new content focused on program development, refinement, and grassroots advocacy to support and enhance your impactful work. \*\*\*

### **DAY 1: Wednesday, October 16, 2024**

7:30-8:00 am	Event Check in and Registration
8:00 am	Welcome
8:10-9:10 am	Values and Philosophy of Street Medicine Presented by: Corinne Feldman, PA-C
9:15-10:30 am	HOUSED BEDS: Intake Tool Training - <b>UPDATED</b> Presented by: Kate Pocock, PA-C
10:30-10:45 am	Break
10:45-11:45 am	Cognitive Dysfunction and Homelessness - <b>UPDATED</b> Presented by: Corinne Feldman, PA-C
11:45-12:45 pm	Lunch (Meals Provided)
12:45-2:00 pm	The 3 Ts (Trauma, Toxic Stress, and Trauma Informed Care) - <b>UPDATED</b> Presented by: Kate Pocock, PA-C

2:00-2:15 pm	Break
2:15-2:50 pm	Complicated Choices: Reality of Safety on the Street Presented by: Kate Pocock, PA-C
2:50-3:50 pm	Human Trafficking 101 Presented by: Corinne Feldman, PA-C
3:50-4:05 pm	Break
4:05-4:45 pm	Moral Injury, Burnout and Reflective Practice, Survey - <b>UPDATED</b> Presented by: Corinne Feldman, PA-C

## **DAY 2: Thursday, October 17, 2024**

7:30-8:00 am	Event Check in and Registration
8:00-8:15 am	Welcome, Q/A and Call Back Cases from Day 1
8:15-9:15 am	Street Psych Basics - <b>UPDATED</b> Presented by: Corinne Feldman, PA-C
9:15-9:30 am	Break
9:30-10:30 am	Street Psych Cases - <b>NEW</b> Presented by: Corinne Feldman, PA-C
10:30-11:30 am	Harm Reduction - <b>NEW</b> Presented by: Corinne Feldman, PA-C
11:30-12:00 pm	Ethical Dilemmas in Street Medicine: Part 1

	Presented by Kate Pocock, PA-C
12:00-1:00 pm	Lunch (Meals Provided)
1:00-1:45 pm	Ethical Dilemmas in Street Medicine: Part 2 Presented by Kate Pocock, PA-C
1:45-2:45 pm	Applied Clinical Practice Guidelines - <b>UPDATED</b> Presented by: Kate Pocock, PA-C and Emily Frink
2:45-3:00 pm	Break
3:00-4:45 pm	Wound Care on the Streets Presented by: Kate Pocock, PA-C
4:45-5:00 pm	Wrap up, End of Day 2 Survey

### **DAY 3: Friday, October 18, 2024**

7:30-8:00 am	Event Check in and Registration
8:00-8:15 am	Welcome, Q/A and Call Back Cases from Day 1/2
8:15-9:20 am	The Street Medicine Groundwork - <b>NEW</b> Presented by: Brett Feldman, PA-C
9:20-9:30 am	Break
9:30-12:00 pm	Street Medicine Blueprints (breaks invited throughout) - <b>NEW</b>

	Presented by: Brett Feldman, PA-C
12:00-1:00 pm	Lunch (Meals Provided)
1:00-2:00 pm	Daily To-Do Lists - <b>NEW</b> Presented by: Brett Feldman, PA-C
2:00-2:10 pm	Break
2:10-3:10 pm	Keeping the Lights on - <b>NEW</b> Presented by: Brett Feldman, PA-C
3:10-3:20 pm	Break
3:20-4:20 pm	Organizing for Change - <b>NEW</b> Presented by: Kaitlin Schwan, PhD
4:20-4:30 pm	Survey and Raffle

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### **SESSION SUMMARIES:**

*All sessions have been designed using educational theory to support the learning and retention of information. Active learning techniques have been incorporated throughout the training to support learning and encourage collaboration between participants. Session content has been vetted by people currently or previously experiencing homelessness whose suggestions and comments have been integrated into the final presentation. These presentations will evolve as the homeless experience changes in California and based on feedback from participants. Finally, quality care for people experiencing unsheltered homelessness takes the entire team. Therefore, the curriculum is designed to support and engage clinical and non-clinical team members in all activities presented.*

### **DAY 1**

#### **Values and Philosophy of Street Medicine - Presented by: Corinne Feldman, PA-C**

During this overview of the core values and philosophical underpinnings of street medicine, we will dive into the critical questions that all street medicine teams must ask of themselves. Why is street medicine necessary and what is at the heart of street medicine success?

***HOUSED BEDS: Intake Tool Training - Presented by: Kate Pocock, PA-C***

This case based training will teach you how to use the HOUSED BEDS tool to understand the lived experience of your patients, and how to incorporate this knowledge into care and treatment plans.

***Cognitive Dysfunction and Homelessness - Presented by: Corinne Feldman, PA-C***

Understanding how the brain solves problems and completes tasks is critically important to supporting patients and clients in achieving their goals. This session will focus on the neurobiology associated with task completion and how the experience of homelessness impacts this process. Participants will focus on cognitive assets to provide practical solutions for common challenges.

***The Three T's - Presented by: Kate Pocock, PA-C***

As author Nadine Burke-Harris, MD says, "Trauma is a story we think we know." This session will provide a fresh perspective on how trauma impacts our patients and our team members including impact on behavior that often affects relationships and task completion. We will explore trauma informed ways to acknowledge this impact and ways to mitigate its effect.

***Complicated Choices: The Reality of Safety on the Street***

*Presented by: Kate Pocock, PA-C*

Street medicine teams must consider both physical and psychological safety of team members and patients. This session is designed to provide a framework for developing safety protocols to protect patients and team members. We will demonstrate the practical application of these protocols through a series of photographic scenarios and discussion.

***Human Trafficking 101 - Presented by: Corinne Feldman, PA-C***

Nearly 90% of people have contact with the healthcare system during the time they are being trafficked. People experiencing homelessness are at much higher risk for being trafficked, especially if they are chronically homeless. This session will focus on the basics of exploring what human trafficking is (and isn't), how to identify potential trafficking victims and resources and methods for intervention.

***Moral Injury, Burnout and Reflective Practice - Presented by: Corinne Feldman, PA-C***

The emotional health and wellness of street medicine team members is critical to consistently deliver compassionate care to patients. This session will dissect the terms associated with work related stressors and provide methods for building resiliency within individuals and teams.

**DAY 2**

***Street Psychiatry Basics - Presented by: Corinne Feldman, PA-C***

Mental health challenges are common when caring for people experiencing unsheltered homelessness. With a critical shortage of psychiatrists in the office and on the street, street

medicine teams are responding to patient needs by managing their mental health on the street. This session will discuss strategies for diagnosis and management of common mental health conditions including non-pharmacologic interventions available to use by any team member.

***Ethical Dilemmas in Street Medicine - Presented by: Kate Pocock, PA-C***

Clinical ethics play a significant role in providing compassionate care. Identifying where and how ethical conflicts arise on the street is an important first step. This session will present an ethical framework to support teams in identifying ethical conflicts and a strategy to resolve them by applying them to street based cases.

***Harm Reduction - Presented by: Corinne Feldman, PA-C***

Harm reduction principles are embedded in much of the street medicine methodology. This hands-on harm reduction workshop will teach participants the principles and myths of harm reduction, safer drug use practices, and the role of street medicine in linkage to other services. This session will foster an open dialogue, encouraging participants to share experiences and build a community focused on health and safety

***Wound Care for Street Medicine - Presented by: Kate Pocock, PA-C***

Wound care is one of the leading pathologies encountered by Street Medicine teams, and it requires a creative and innovative toolkit to help our patients heal. In this session, we will introduce commonly utilized, cost-effective wound care materials and their mechanisms of action, and share in critical application of this knowledge as we tackle some clinical cases from the streets. Additional hands-on opportunities with wound care model (Vinny Venous Stasis Ulcer), to practice application of wound care materials available throughout the day.

***Applied Clinical Practice Guidelines - Presented by: Kate Pocock, PA-C and Emily Frink***

Current clinical practice guidelines and patient education materials are designed for a housed population. This session will focus on street considerations for the management of common chronic illnesses (congestive heart failure, diabetes, and hepatic encephalopathy), while integrating street-tailored patient guidance for case managers and non-clinical team members.

## **DAY 3**

***The Street Medicine Groundwork - Presented by Brett Feldman, PA-C***

The street medicine movement has had key moments in history that have helped shape the current landscape for street medicine teams and their patients. This session will highlight the road to now, important governing documents and policy highlights, and discuss ways for street medicine teams to stay abreast of updates as they come during this pivotal time for street medicine in California.

**Street Medicine Program Blueprints** - *Presented by Brett Feldman, PA-C*

Developing and implementing a street medicine program requires a comprehensive, thoughtful approach, which can at times feel disorienting and overwhelming. This session will work to help teams organize their program's blueprints and provide spaces for teams to brainstorm and work through their barriers in a workshop format. Topics include organizational readiness, community readiness, team design and hiring, administrative oversight, system integration, team launch, program refinement, integration with CalAIM programs (focus on Enhanced Care Management), and quality assurance/quality improvement processes.

**Daily To Do Lists** - *Presented by Brett Feldman, PA-C*

Day-to-day activities in street medicine require modifications from traditional brick-and mortar clinics and hospital settings. This session will take time to discuss commonly requested workflows (specimen collection and transport, medication dispense, durable medical equipment and supplies dispensing), highlights of street medicine bags (e.g. wound care, medication, laboratory, equipment), and discussions on patient organization and panel management to ensure continuity of care in this unique clinical setting.

**Keeping the Lights On** - *Presented by Brett Feldman, PA-C*

Sustaining street medicine requires organization and creativity for reimbursement and payment models. This session will discuss the aspects of contracting for all major street medicine roles, and provide pearls for billing for street medicine contracts. This session will also provide a space for teams to learn from each other and share strategies on overcoming commonly encountered pitfalls.

**Organizing for Change** - *Presented by Kaitlin Schwan, PhD*

Central to our work in street medicine is trying to change the systems that produce and maintain homelessness. In this 101 session, we will discuss the basics of advocacy and community organizing. Participants will be provided concrete strategies, tools, and tactics to organize for change alongside the communities they serve.

