



Hunger Free Lenawee

*Leveraging the power of Collective Impact to
fight hunger by efficiently utilizing all the resources
available in Lenawee County*

March 5, 2024

Attendance: Amada Burgard (LCHD), Jim Southard (The Daily Bread), Rosemary Hardnett (MAP of Lenawee), Vickie Pfeifer (MSUE), Brooke Habay (LCMH), Judy White (Blissfield Food Pantry), Mary Goll (Blissfield Food Pantry), Spencer Rufner (Tecumseh Service Club), Liz Seeburger (Blissfield Food Pantry) Scott ?

Feb. minutes were approved.

Spencer Rufner gave a presentation on Re-Bicycle of Lenawee located at 313 E. Maumee St. in Adrian. This is a non-profit organization that is staffed by volunteers to repair and refurbish donated bikes for low-income people. Not only do they repair bikes, but they work alongside people to help them repair their personal bikes and only charge the cost of any items that need to be replaced. A typical \$300 bike can sell for around \$80 completely refurbished.

There is also a co-op space where people can repair their own bikes. There is a Community Service Program. If you must do Community Service, if you do five hours with Re-Bike you can earn a bike. This happens several times a month. Neighbors of Hope have several bikes for use by their clients also Catherine Cobb. They have also provided an electric bike for use by a disabled veteran.

All About Adrian (A3) does the 2nd Friday and they provide information about this program, they also have a professional bike repair person on sight to help visitors with minor repairs. Last year they clocked in 1584 volunteer hours. They can provide some free helmets, any child at Catherine Cobb is required to wear a helmet when riding a bike. United Way has applied for a grant from AARP to purchase three wheeled bikes for use by seniors.

Brooke presented information on different types of training that could be useful for our members.

- Narcan training, about 30 min. with a "signs of overdose" kit
- CPR certified training -4-5 hrs - \$40-\$50
- Noncertified CPR training – limit of 9 - \$20 fee
- Hands only defibrillator

Points of interest = CPR certification lasts three years. If you do experience an overdose you can not be charged. CMH takes expired Narcan Adrian Public Library and the Health Department have Narcan kits available free of charge.

We will send out a survey of interest and continue this conversation next month.

April we will review our Goals and discuss Elections which will be in May. Positions are Chair or co-chair (whichever works best). Secretary and Members at Large. Vickie will be stepping down in June. Send any nominations to Vickie but do not nominate someone without checking with them first.

The June meeting could be a panel discussion again. Possibilities are Re-bicycle – A3 – Every Door is the Right Door – Promedica Farm – Salvation Army

This will be our last meeting with Zoom.

Lenawee Cares grant applications are open this month.

Next meeting: March 5, 2024 at the Daily Bread



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Of Special interest ~~ AARP has begun a program of hiring people to work for them and our Rosemary Hardnett of the Meal Assistant Program has been hired to work for them as their first employe. Congratulations Rosemary!!

Next meeting is April 9, 2024 at Re-Bicycle

Next meeting: March 5, 2024 at the Daily Bread